



FEBRUARY
2023

MONTHLY **NEWSLETTER**

RG Hospitals[®]
Short Stay • Smart Surgeries

RG Urology & Laparoscopy Hospital[®]
Stone ————— Simplifying Surgeries

EXPLORATORY LAPAROTOMY FOR EXCISION OF ENTERO-CUTANEOUS FISTULA



A 38-year-old male patient presented with a complaint of umbilical discharge that had been ongoing for 3 months. The patient had undergone daily dressing for the same and had a history of umbilical hernia repair done 8 years ago, with recurrence of umbilical swelling 5 months back. The patient was operated on for the recurrence 4 months ago, after which he started developing discharge. On examination, small undigested food particles were seen, and a provisional diagnosis of enterocutaneous fistula was made, which was confirmed on cect abdomen and pelvis.

The patient was advised to continue dressing and observe if the low output fistula stopped. However, after 6 weeks and on the insistence of the patient, a decision for surgery was taken. Our surgical team comprising Dr. Ritim Patel and Dr. Deoshree Ramteke planned an Exploratory Laparotomy for Excision of the Enterocutaneous Fistula with End-to-End Anastomoses of Proximal Ileum.

During the surgery, dense adhesions were found between proximal ileal loops and the anterior abdominal wall, and the previous mesh was seen within the adhesions and excised. Double u loops of ileum were observed entering the site of the fistula. The surgery was uneventful, and the patient was started orally on post-op day 4 once bowel sounds and flatus passing were confirmed. The patient was discharged on post-op day 6 after passing stools and made a full recovery.



DIETETICS DAY

 HEAD OFFICE



DIETETICS DAY Celebrated
At Head Office with
Delhi NCR Dietitians.



DIETETICS MONTH CELEBRATED



**Team Of Dieticians & Nutritionists Organized
A Quiz Contest And Cooking Competition
With Millet Based Healthy Delicacies.**

DIETETICS MONTH CELEBRATION



- Eight Team Members Of RG EOK Participated In The Cooking Competition With Millet Based Healthy Delicacies.
- Quiz Contest Was Organised
- Prizes Were Distributed To 1st, 2nd & 3rd Winners.



DIETETICS MONTH CELEBRATION

 GAGAN VIHAR

- Eight Team Members Of RG Gagan Vihar Participated In The Cooking Competition With Millet Based Healthy Delicacies.
- Quiz Contest Was Organised
- Prizes Were Distributed To 1st, 2nd & 3rd Winners.



DIETETICS MONTH CELEBRATION

 PITAMPURA

- Fifteen Team Members Of RG Pitampura Participated In The Cooking Competition With Millet Based Healthy Delicacies.
- Quiz Contest Was Organised
- Prizes Were Distributed To 1st, 2nd & 3rd Winners And Tokens Of Appreciation Were Presented To The Participants.



DIETETICS MONTH CELEBRATION

RAJOURI GARDEN

- Eight Team Members Of RG Rajouri Garden Participated In The Cooking Competition With Millet Based Healthy Delicacies.
- Quiz Contest Was Organised
- Prizes Were Distributed To 1st, 2nd & 3rd Winners.



DIETETICS MONTH CELEBRATION

 KOLKATA

- Eleven Team Members Of RG Kolkata Participated In The Cooking Competition With Millet Based Healthy Delicacies. Which Was Judged By Our Consultant Doctors & Renowned **Head Chef Mr. Kamalesh** Of The Famous Restaurant Chains "6 Ballygunge Place".
- Prizes Were Distributed To 1st, 2nd & 3rd Winners and Tokens Of Appreciation Were Presented To All Participants.



DIETETICS MONTH CELEBRATION



- Eight Team Members Of RG Khar Participated In The Cooking Competition With Millet Based Healthy Delicacies With A Patriotic Theme Which Was Judged By Our Consultant Doctors.
- Quiz Contest Was Organised
- Prizes Were Distributed To 1st, 2nd & 3rd Winners.



DIETETICS MONTH CELEBRATION



- 20+ Team Members Of RG Goa Participated In The Cooking Competition With Millet Based Healthy Delicacies Which Was Judged By Our Consultant Doctors.
- 40+ Team Members participated in Fitness Challenges of Vegetables!
- Prizes Were Distributed To 1st, 2nd & 3rd Winners.



DIETETICS MONTH CELEBRATION

 CHENNAI

- Ten Team Members Of RG Chennai Participated In The Cooking Competition With Millet Based Healthy Delicacies Which Was Judged By Our Consultant Doctors.
- Prizes Were Distributed To 1st, 2nd & 3rd Winners.



PUJA AND HAVAN

 HEAD OFFICE



PUJA And HAVAN
Of The New Wing Of
Head Office



LIVE INFORMATIVE SESSION

 GOA

Demonstration Of Pelvic Anatomy And Retroperitoneal Spaces In A Case Of Laparoscopic Hysterectomy On You Tube, Which Was Conducted By Dr. Mangirish Kenkre-Consultant Laparoscopic Gynaecology On The 12th Of February.



LIVE SURGERY

YouTube
LIVE

ALL THE FELLOW DOCTORS ARE REQUESTED TO JOIN US FOR A **LIVE SURGERY SESSION**

IN ASSOCIATION WITH PANJIM OBSTETRICS & GYNAECOLOGICAL SOCIETY

STEPWISE DEMONSTRATION OF HYSTERECTOMY IN GRADE 4 ENDOMETRIOSIS - LAPAROSCOPIC APPROACH

 **Dr. Mangirish Kenkre**
(Consultant: Laparoscopic Gynaecology)

 05TH MARCH 2023  11:00 AM ONWARDS  RG STONE HOSPITAL, GOA

A BIG THANK YOU!

AWARD CEREMONY

RG Hospitals Has Been Awarded **The Crowns Of Delhi Award** By The Hindustan Times For Pioneering Excellence In Urological And Laparoscopic Care.



This Prestigious Award Was Presented By Distinguished Guests At The Ceremony



Ms. Raveena Tandon, Ms. Sonalika Sahay,
Mr. Sunil Sethi, Ms. Shehnaz Hussain

Dr. Ashok Mittal- Medical Director Accepted The Award Presented By Economist , Financial Guru And Startup Maven- Mr. Sharad Kohil.

ONE DAY WORKSHOP



One Day Workshop On Basic Training In Laparoscopic And Robotic Hernia

WE WOULD LIKE TO CORDIALLY INVITE YOU FOR

ONE DAY WORKSHOP

ON BASIC TRAINING ON **LAPAROSCOPIC AND ROBOTIC HERNIA** AT RG HOSPITAL ON **26TH FEBRUARY 2023.**

THE AGENDA FOR THE PROGRAM IS AS FOLLOWS:-

- 10:00 am Introduction to Laparoscopy and its advantages
- 10:30 am Anesthesia in Laparoscopic Surgery
- 11:00 am Anatomy of Inguinal Region
- 11:30 am TAPP
- 12:00 noon TEP and eTEP
- 12:30 pm Robotic Hernia Surgery
- 01:00 pm Lunch
- 01:30 pm Live Operative Workshop onwards



Conducted by
Dr. Vardhan Bhobe, Dr. Suraj Prabhudessai
Dr. Shalin Dubey, Dr. Eufemia Dias

Free Registration
Prior Registration Mandatory

RG Hospitals
Smart City • Smart Surgeons

RG Urology & Laparoscopy Hospital
3008

955 255 8899
ALTO PORVORIM, GOA

Conducted By Consultant General And Laparoscopic Surgeons-
Dr. Vardhan Bhobe, Dr. Suraj Prabhudessai, Dr. Shalin Dubey,
Dr. Althea Cardoz & Dr. Eufemia Dias.

ONE DAY WORKSHOP

 GOA



A total of 35+ Surgeons attended the workshop

The doctors who attended were accredited by
Goa Medical Council with 4 credit points.

Chief guest of the program—Dr. Jude Rodrigues

OUR CENTRES

DELHI - EAST OF KAILASH

F-12, East of Kailash,
New Delhi-110065
Ph.: 011-71056000
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DELHI - RAJOURI GARDEN

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DELHI - GAGAN VIHAR

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DELHI - PITAMPURA

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DELHI - MODEL TOWN - ORC

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NOIDA - ORC

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FARIDABAD

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MUMBAI - KHAR

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MUMBAI - MULUND

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GOA

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KOLKATA

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Kolkata 700031
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Helpline: +91-8697000002

CHENNAI

391- 392, Anna Salai,
Saidapet, Opp. Bus Stand
Chennai-600015
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Helpline: +91-9962860000

OUR SPECIALITIES

Urology

- Urinary / Kidney Stone
- Enlarged Prostate (BPH)
- Ureteric Stricture
- Urethral Stricture
- Erectile Dysfunction
- Male Infertility

Gynaecology

- Uterine Fibroids
- Uterus Prolapse
- Ovarian Cysts
- Endometriosis
- Ectopic Pregnancy
- Female Infertility
- Sterilization
- Cosmetic Gynaecology

Urological Malignancies

- Kidney Cancer
- Prostate Cancer
- Urinary Bladder Cancer

Bariatric Surgery

- Obesity/Metabolic Syndrome
- Uncontrolled Diabetes

Robotic & Next-Gen Surgery

- General Procedures
- Urology Procedures
- Gynaecology Procedures
- Colorectal & Upper GI Procedures
- Bariatric Procedures
- RAMS™
(Robot Assisted Metabolic Surgery)

Minimally Invasive Surgery

- Gall Bladder Stone
- Hernia Repair
- Appendicitis
- Piles
- Varicose Veins

Female Urology

- Female Urinary Incontinence
- Vesico Vaginal Fistula
- Overactive Bladder
- Post Delivery Urinary Problems
- Interstitial Cystitis
- Voiding Difficulty
- Urinary Tract Infections
- Painful Bladder Syndrome
- Neurogenic Bladder
- Female Sexual Dysfunction