

MONTHLY NEWSLETTER

RG Hospitals RG Urology & Laparoscopy Hospital Short Stay . Smart Surgeries

Simplifying Surgeries

EXPLORATORY LAPAROTOMY FOR EXCISON OF ENTERO-CUTANEOUS FISTULA



A 38-year-old male patient presented with a complaint of umbilical discharge that had been ongoing for 3 months. The patient had undergone daily dressing for the same and had a history of umbilical hernia repair done 8 years ago, with recurrence of umbilical swelling 5 months back. The patient was operated on for the recurrence 4 months ago, after which he started developing discharge. On examination, small undigested food particles were seen, and a provisional diagnosis of enterocutaneous fistula was made, which was confirmed on cect abdomen and pelvis.

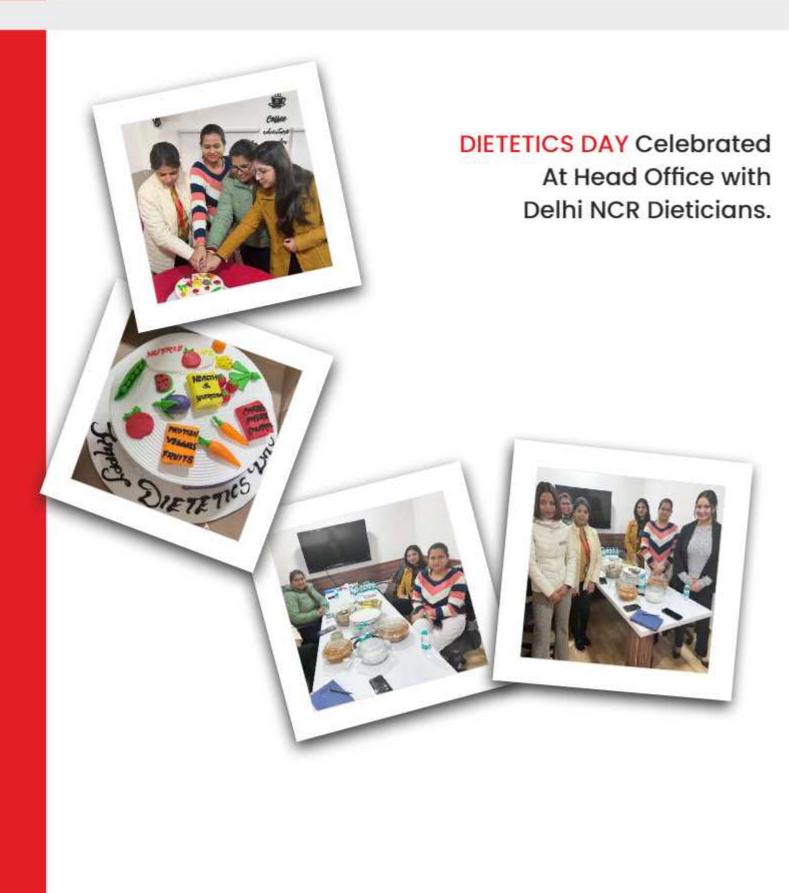
The patient was advised to continue dressing and observe if the low output fistula stopped. However, after 6 weeks and on the insistence of the patient, a decision for surgery was taken. Our surgical team comprising Dr. Ritim Patel and Dr. Deoshree Ramteke planned an Exploratory Laparotomy for Excision of the Enterocutaneous Fistula with End-to-End Anastomoses of Proximal Ileum.

During the surgery, dense adhesions were found between proximal ileal loops and the anterior abdominal wall, and the previous mesh was seen within the adhesions and excised. Double u loops of ileum were observed entering the site of the fistula. The surgery was uneventful, and the patient was started orally on post-op day 4 once bowel sounds and flatus passing were confirmed. The patient was discharged on post-op day 6 after passing stools and made a full recovery.



DIETETICS DAY







Team Of Dieticians & Nutritionists Organized
A Quiz Contest And Cooking Competition
With Millet Based Healthy Delicacies.



- Eight Team Members Of RG EOK Participated In The Cooking Competition With Millet Based Healthy Delicacies.
- Quiz Contest Was Organised
- Prizes Were Distributed To 1st, 2nd & 3rd Winners.





- Eight Team Members Of RG Gagan Vihar Participated In The Cooking Competition With Millet Based Healthy Delicacies.
- Quiz Contest Was Organised
- Prizes Were Distributed To 1st, 2nd & 3rd Winners.





- Fifteen Team Members Of RG Pitampura Participated In The Cooking Competition With Millet Based Healthy Delicacies.
- Quiz Contest Was Organised
- Prizes Were Distributed To 1st, 2nd & 3rd Winners And Tokens Of Appreciation Were Presented To The Participants.





- Eight Team Members Of RG Rajouri Garden Participated In The Cooking Competition With Millet Based Healthy Delicacies.
- Quiz Contest Was Organised
- Prizes Were Distributed To 1st, 2nd & 3rd Winners.





- Eleven Team Members Of RG Kolkata Participated In The Cooking Competition With Millet Based Healthy Delicacies.
 Which Was Judged By Our Consultant Doctors & Renowned Head Chef Mr. Kamalesh Of The Famous Restaurant Chains "6 Ballygunge Place".
- Prizes Were Distributed To 1st, 2nd & 3rd Winners and Tokens Of Appreciation Were Presented To All Participants.





- Eight Team Members Of RG Khar Participated In The Cooking Competition With Millet Based Healthy Delicacies With A Patriotic Theme Which Was Judged By Our Consultant Doctors.
- Quiz Contest Was Organised
- Prizes Were Distributed To 1st, 2nd & 3rd Winners.





- 20+ Team Members Of RG Goa Participated In The Cooking Competition With Millet Based Healthy Delicacies Which Was Judged By Our Consultant Doctors.
- 40+ Team Members participated in Fitness Challenges of Vegetables!
- Prizes Were Distributed To 1st, 2nd & 3rd Winners.





- Ten Team Members Of RG Chennai Participated In The Cooking Competition With Millet Based Healthy Delicacies Which Was Judged By Our Consultant Doctors.
- Prizes Were Distributed To 1st, 2nd & 3rd Winners.



PUJA AND HAVAN





LIVE INFORMATIVE SESSION



Demonstration Of Pelvic Anatomy And
Retroperitoneal Spaces In A Case Of Laparoscopic
Hysterectomy On You Tube, Which Was Conducted By
Dr. Mangirish Kenkre-Consultant Laparoscopic Gynaecology
On The 12th Of February.



A BIG THANK YOU!

AWARD CEREMONY

RG Hospitals Has Been Awarded The Crowns Of Delhi Award By The Hindustan Times For Pioneering Excellence In Urological And Laparoscopic Care.



This Prestigious Award Was Presented By Distinguished Guests At The Ceremony



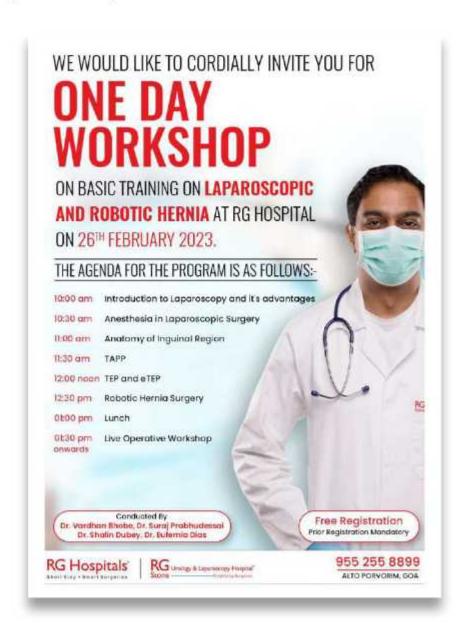
Ms. Raveena Tandon, Ms. Sonalika Sahay, Mr. Sunil Sethi, Ms.Shehnaz Hussain

> Dr. Ashok Mittal- Medical Director Accepted The Award Presented By Economist, Financial Guru And Startup Maven- Mr. Sharad Kohil.

ONE DAY WORKSHOP



One Day Workshop On Basic Training In Laparoscopic And Robotic Hernia



Conducted By Consultant General And Laparoscopic Surgeons-Dr. Vardhan Bhobe, Dr. Suraj Prabhudessai, Dr. Shalin Dubey, Dr. Althea Cardoz & Dr. Eufemia Dias.

ONE DAY WORKSHOP





A total of 35+ Surgeons attended the workshop

The doctors who attended were accredited by Goa Medical Council with 4 credit points.

Chief guest of the program-Dr. Jude Rodrigues



OUR CENTRES

DELHI - EAST OF KAILASH

F-12, East of Kailash, New Delhi-110065 Ph.: 011-71056000 Helpline: +91-9810026456

DELHI - PITAMPURA

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NOIDA - ORC

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MUMBAI - KHAR

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DELHI - MODEL TOWN - ORC

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FARIDABAD

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MUMBAI - MULUND

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CHENNAI

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DELHI - GAGAN VIHAR

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DELHI - JANAKPURI - ORC

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LUDHIANA

510-L, Model Town Ludhiana-141002 Ph.: +91-161-4618585 Helpline:+91-9876910000

GOA

CVC Centre, Plot No. 217-218, PDA Colony, Bardez, Alto Porvorim, Bardez, Goa-403521 Tel: 0832-6640664 Helpline: +91-9552558899

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OUR SPECIALITIES

Urology

- Urinary / Kidney Stone
- Enlarged Prostate (BPH)
- Ureteric Stricture
- Urethral Stricture
- Erectile Dysfunction
- Male Infertility

Gynaecology

- Uterine Fibroids
- Uterus Prolapse
- Ovarian Cysts
- Endometriosis
- Ectopic Pregnancy
- Female Infertility
- Sterilization
- Cosmetic Gynaecology

Urological Malignancies

- Kidney Cancer
- Prostate Cancer
- Urinary Bladder Cancer

Bariatric Surgery

- Obesity/Metabolic Syndrome
- Uncontrolled Diabetes

Robotic & Next-Gen Surgery

- General Procedures
- Urology Procedures
- Gynaecology Procedures
- Colorectal & Upper GI Procedures
- Bariatric Procedures
- RAMS[™]
 (Robot Assisted Metabolic Surgery)

Minimally Invasive Surgery

- Gall Bladder Stone
- Hernia Repair
- Appendicitis
- Piles
- Varicose Veins

Female Urology

- Female Urinary Incontinence
- Vesico Vaginal Fistula
- Overactive Bladder
- · Post Delivery Urinary Problems
- Interstitial Cystitis
- Voiding Difficulty
- Urinary Tract Infections
- Painful Bladder Syndrome
- Neurogenic Bladder
- Female Sexual Dysfunction

RG Hospitals[®]
Short Stay • Smart Surgeries

RG Stone

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