



MONTHLY NEWSLETTER

MAY



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LAPAROSCOPIC HYSTERECTOMY



46 year old lady presented with severe anemia & a huge fibroid measuring (11 cm * 8cm* 8 cm) reaching upto the umbilicus and causing heavy bleeding during menses.

Patient was transfused multiple units of blood , stabilised and taken for surgery. Laparoscopic Hysterectomy was performed by Dr. Mangrish kenkre and Team. Entire specimen was extracted vaginally by the lateral coding technique.



On weighing the uterus was measured around 1.2 kg, The entire surgery was performed in less than 2 hrs without the need for any transfusion. The total blood loss was 10 ml during the entire procedure.



OPEN CYSTOLITHOTOMY FOR A LARGE URINARY BLADDER CALCULUS (87X67X47mm) WEIGHING 356 GRAMS

A 52 year male patient presented to RG Kolkata with complaints of difficulty passing urine, intermittent hematuria, dysuria and suprapubic pain for last 6 months. He had sought treatment at a rural hospital, where an abdominal ultrasound was done, which revealed left sided hydronephrosis with 35 gm prostate. On clinical examination he had a palpable suprapubic lump. Foley's catheterization was attempted to relieve retention, but failed & a gritty sensation was perceived upon insertion. NCCT KUB was done, which revealed a large (87 x 67 x 47 mm) calculus filling the urinary bladder with bilateral hydronephrosis.

Our team of doctors in which Dr. Barun Saha and Dr. Rajarshi Bhattacharya planned for Cystoscopy and open Cystolithotomy under S.A

Intraoperatively cystoscopy revealed grade 1 prostatic enlargement. Whole of the bladder lumen was occupied by a large stone. Only some bladder mucosa near trigone seen, no mucosal irregularity found. Bladder was opened transversely and the very big stone was delivered which was weighing 356 grams. Bladder was closed with vicryl 2-0. Retropubic drain, suprapubic and per urethral catheter were placed.

The patient responded well to the treatment and was discharged on 2nd post op day after removal of drain in a stable condition.

HOMEAGE

TRIBUTE TO DR. BHIM SEN BANSAL

FOUNDER & CHAIRMAN, ON HIS 1ST DEATH ANNIVERSARY



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CME ON LAPAROSCOPIC UROLOGIC SURGERY WAS CONDUCTED.



**SPEAKERS OF THE EVENT WERE DR.DEBASHIS DEV (CONSULTANT GENERAL SURGEON)
& DR.P CHOUDHURY (CONSULTANT UROLOGIST)**

CME ON LAPAROSCOPIC GENERAL SURGERY AND LAPAROSCOPIC GYNECOLOGIC SURGERY WAS CONDUCTED.



SPEAKERS OF THE EVENT WERE DR. RITIM PATEL (CONSULTANT GENERAL SURGEON) AND DR. RUTUJA KOLEKAR (CONSULTANT GYNECOLOGIST)



ROUND TABLE MEET (RTM) OVER LUNCH FOR LADY GP DOCTORS INTRODUCING OUR NEW GYNAECOLOGIST **DR. RUTUJA KOLEKAR**





COMMUNITY HEALTH CAMP WAS ORGANIZED AT DODAMARG, SINDHUDURG, MAHARASHTRA





HEALTH CAMP WAS ORGANISED AT PANJIM POLICE STATION AND MADGAON ROTARY CLUB



HEALTH CAMP



ORGANIZED HEALTH CAMP AT SBI BANK, BICHOLIM THE CAMP WAS ATTENDED BY 72 BANK EMPLOYEES



GYNAECOLOGY CAMP

GYNAECOLOGY CAMP WAS ORGANIZED AT GOA'S ALL-WOMEN POLICE STATION "PINK FORCE" IN PANJIM.





ORGANIZED A HEALTH CHECK UP CAMP AT BANDHAN BANK THE CAMP WAS ATTENDED BY 62 BANK EMPLOYEES





HEALTH CAMP WAS ORGANIZED AT BARODA BANK, TOLLYGUNJ





A DAY TO HONOR HARD WORK

**RG MULUND CELEBRATED LABOUR DAY & MAHARASHTRA DAY WITH HMNH STAFF.
CELEBRATIONS INCLUDED WEARING TRADITIONAL MAHARASHTRIAN ATTIRE
& ENJOYING MAHARASHTRIAN DELICACIES.**



#WorksWorship

A DAY TO HONOR HARD WORK

RG KHAR CELEBRATED LABOUR DAY & MAHARASHTRA DAY WITH FELICITATION OF BMC WORKERS OF H-WEST WARD, KHAR ON THE 1ST OF MAY, WITH CHIEF GUEST - DR. SANJAY FUNDE - MOH H-WEST WARD, BMCA HEALTH CHECK UP CAMP WAS ALSO ORGANIZED FOR THE BMC WORKERS.



#WorkIsWorship













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NURSES DAY

 EAST OF KAILASH



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NURSES DAY

 PITAMPURA



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NURSES DAY

 **RAJOURI GARDEN**



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NURSES DAY

 **GAGAN VIHAR**



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NURSES DAY

 FARIDABAD



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NURSES DAY

 LUDHIANA



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NURSES DAY



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NURSES DAY

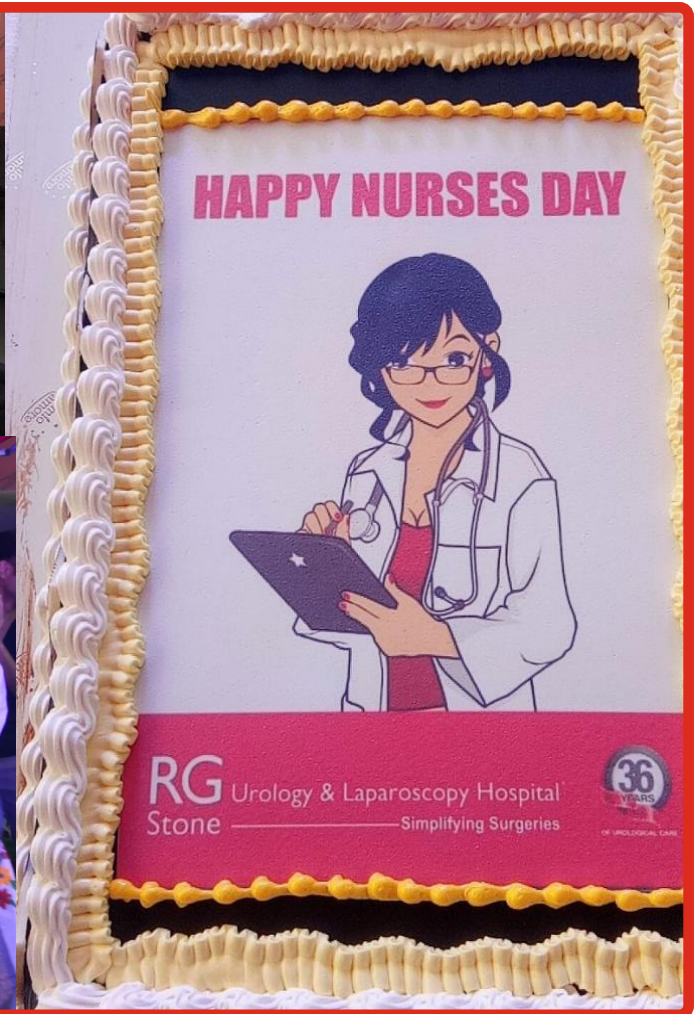


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NURSES DAY

 KOLKATA



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 CHENNAI



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OUR CENTERS

DELHI - EAST OF KAILASH

F-12, East of Kailash,
New Delhi-110065
Ph.: 011-71056000
Helpline: +91-9810026456

DELHI - RAJOURI GARDEN

B-1, Vishal Enclave,
Rajouri Garden, New Delhi-110027
Ph.: 011-71058000
Helpline: +91-9810026456

DELHI - GAGAN VIHAR

18, Gagan Vihar Main,
Delhi-110092
Ph.: 011-71011000
Helpline: +91-9810026456

DELHI - PITAMPURA

194-195, Deepali Chowk,
Pitampura, New Delhi-110034
Ph.: 011-71057000
Helpline: +91-9810026456

DELHI - MODEL TOWN - ORC

B-12, Derawal Nagar,
Model Town II, New Delhi 110009
Ph.: 011-42430300
Helpline: +91-9810026456

DELHI - JANAKPURI - ORC

92A, Major P.Srikumar Marg,
Block C2B, Janakpuri-110058
Ph.: 011-49865868
Helpline: +91-9810026456

NOIDA - ORC

D-82A, D-Block, Sector-26,
Maharaja Agrasen Marg
Noida -201301
Helpline: 9810026456

FARIDABAD

A-6, Nehru Ground, Neelam
Bata Road, N.I.T Faridabad-121001
Ph.: 0129-4184000
Helpline: +91-9810026456

LUDHIANA

510-L, Model Town
Ludhiana-141002
Ph.: +91-161-4618585
Helpline: +91-9876910000

MUMBAI - KHAR

Ahimsa Marg, 14-A Road
Khar (West), Mumbai-400052
Ph.: 022-61463500
Helpline: +91-9167463500

MUMBAI - MULUND

C/O Hira Mongi Navneet Hospital
Valiji Ladha Road, Mulund (West)
Mumbai 400080
Ph.: 022 25675012/14
Helpline: +91-9322653838

GOA

CVC Centre, Plot No. 217-218,
PDA Colony, Bardez, Alto
Porvorim, Bardez, Goa-403521
Tel: 0832-6640664
Helpline: +91-9552558899

KOLKATA

33, Orbit Heights, Gariahat
Road South, Opp. Jodhpur Park
Kolkata 700031
Ph.: 033-40271000
Helpline: +91-8697000002

CHENNAI

391- 392, Anna Salai,
Saidapet, Opp. Bus Stand
Chennai-600015
Ph.: 044-43993600
Helpline: +91-9962860000

OUR SPECIALITIES

Urology

- Urinary / Kidney Stone
- Enlarged Prostate (BPH)
- Ureteric Stricture
- Urethral Stricture
- Erectile Dysfunction
- Male Infertility

Urological Malignancies

- Kidney Cancer
- Prostate Cancer
- Urinary Bladder Cancer

Bariatric Surgery

- Obesity/Metabolic Syndrome
- Uncontrolled Diabetes

Minimally Invasive Surgery

- Gall Bladder Stone
- Hernia Repair
- Appendicitis
- Piles
- Varicose Vein

Gynaecology

- Uterine Fibroids
- Uterus Prolapse
- Ovarian Cysts
- Endometriosis
- Ectopic Pregnancy
- Female Infertility
- Sterilization
- Cosmetic Gynaecology

Robotic & Next-Gen Surgery

- General Procedures
- Urology Procedures
- Gynaecology Procedures
- Colorectal & Upper GI Procedures
- Bariatric Procedures
- RAMS™
(Robot Assisted Metabolic Surgery)

Female Urology

- Female Urinary Incontinence
- Vesico Vaginal Fistula
- Overactive Bladder
- Post Delivery Urinary Problems
- Interstitial Cystitis
- Voiding Difficulty
- Urinary Tract Infections
- Painful Bladder Syndrome
- Neurogenic Bladder
- Female Sexual Dysfunction