



MONTHLY NEWSLETTER

JUNE



RG Hospitals[®]
Short Stay • Smart Surgeries

RG Urology & Laparoscopy Hospital[®]
Stone ————— Simplifying Surgeries



LAPAROSCOPIC PYELOLITHOTOMY



Laparoscopic Pyelolithotomy for a 90gm Staghorn Calculus at RG EOK.

A 56 year old male presented to RG EOK with complaints of left flank pain . He had history of recurrent renal stones. He underwent left Open Pyelolithotomy few years back. On further investigation USG KUB revealed a 47mm staghorn calculus and 5.6mm calculus in the left kidney.



Our team of doctors in which Dr. Manish Singla and Dr. Sandeep Yadu planned for CPE + left Laparoscopic Pyelolithotomy + JJ Stenting under G.A.

Intraoperatively a large renal pelvic calculus was seen and removed, weighing 90 grams.

Post operatively the patient responded well to the surgery and was discharged in a stable and satisfactory condition within 72 hours.



LARGE COMPLEX ABDOMINOPELVIC CYST EXCISION



Large Complex Abdominopelvic Cyst Excision weighing 5.5kgs at RG Kolkata.

A 65 yr old female patient was presented to RG Kolkata, with complaints of heaviness in the abdomen and recurrent episodes of loose motion.

Upon further investigation, CT scan abdomen revealed a 26.1 x 15.2 x 22.5 abdominal mass with internal septation probably of ovarian origin.

Patient was taken up for surgery and Exploratory Laparotomy + Ovarian Cyst Excision + Colostomy done under G.A by the team of Dr. Dilip Karmakar, Dr. Samir Roy, Dr. Debashis Deb along with anaesthetist Dr. Rajarshi Bhattacharya.

A large cystic union was excised from the abdomen, weighing 5.5 kgs. The patient was then discharged in a stable and satisfactory condition.

AWARD FUNCTION



RG GOA AWARDED WITH BRANDS OF GOA AWARD FOR IT'S ICONIC JOURNEY



RG Hospitals[®]
Short Stay • Smart Surgeries

RG Stone Urology & Laparoscopy Hospital[®]
Simplifying Surgeries



INAUGURATION OF HOSPITAL'S NEW WING





CME PROGRAM WAS ORGANIZED ON 27th MAY FOR BAMS DOCTORS

CONDUCTED BY:

Dr. Punit Bansal
(Sr. Consultant Urologist)

Dr. Charankanwal Singh
(Consultant Urologist)

Dr. Mudit Kumar
(Sr. General Surgeon)



45 DOCTORS ATTENDED THE EVENT



A CME PROGRAMME WAS ORGANIZED ON THE TOPIC “BASAL INSULIN AND HOW TO INITIATE IT IN TYPE 2 DIABETES MELLITUS”

CONDUCTED BY: **Dr. Asis Mitra**
(Consultant Physician)



48 DOCTORS ATTENDED THE EVENT



A HEALTH CHECK UP CAMP WAS ORGANIZED ON 29th MAY AT BABUBAGAN CLUB



OVER 150 RESIDENTS OF NEIGHBOURING AREAS
ATTENDED THE CAMP



A HEALTH TALK WAS ORGANIZED AT THE FOOD CORPORATION OF INDIA

CONDUCTED BY: **Dr. Arun Kumar K.**
(Consultant Urologist)

ON KIDNEY STONES & THEIR MANAGEMENT



54 EMPLOYEES ATTENDED THE EVENT

WORLD HYPERTENSION DAY

LUDHIANA



**“MEASURE YOUR BLOOD PRESSURE ACCURATELY,
CONTROL IT, LIVE LONGER”**



RG Hospitals®
Short Stay • Smart Surgeries

RG Stone Urology & Laparoscopy Hospital®
Simplifying Surgeries

Delhi • Noida • Faridabad • Mumbai • Chennai • Kolkata • Goa • Ludhiana

QUIZ AND POSTER MAKING COMPETITION



IN CONTINUATION OF NURSING DAY CELEBRATION A QUIZ AND POSTER MAKING COMPETITION WAS ORGANIZED





A PROCTORSHIP PROGRAM AND WORKSHOP WAS CONDUCTED ON HOLEP AND RIRS

Dr. Punit Bansal
(Course Director)

Dr. Charan Kanwal Singh
(Course Co-ordinator)



लुधियाना भास्कर 23-05-2022

आरजी लुधियाना ने कार्यशाला करवाई

लुधियाना आरजी लुधियाना ने एचओएलईपी और आरआईआरएस पर एक प्रॉक्टरशिप पर आधारित कार्यशाला का आयोजन किया। जिसमें मुख्य सलाहकार यूरोलॉजिस्ट डॉ. पुनीत बंसल और डॉ. चरण कंसल सिंह मौजूद रहे। कार्यक्रम में पूरे उत्तर भारत के डॉक्टरों ने हिस्सा लिया। इस दौरान आरजी स्टोन व सुपरस्पेशलिटी अस्पताल लुधियाना में एक ही दिन में कुल 5 एचओएलईपी और 7 आरआईआरएस का प्रदर्शन किया गया। कार्यक्रम में हिस्सा लेने वाले यूरोलॉजिस्ट जम्मू, चंडीगढ़, जालंधर और लुधियाना से आए थे। प्रोस्टेट बढ़ाने के लिए होलेप सबसे उन्नत तकनीक है। इसका आकार स्वतंत्र है और इसमें न्यूनतम रक्त हानि होती है। देश में बहुत कम यूरोलॉजिस्ट इस प्रक्रिया को प्रभावी ढंग से कर रहे हैं। 100 ग्राम से अधिक प्रोस्टेट वाले दो रोगियों का ऑपरेशन किया गया जो आमतौर पर टीयूआरपी में संभव नहीं है। गुदों की पथरी को हटाने के लिए RIRS उन्नत नो कट प्रक्रिया है।

Ludhiana Tribune-22.05.2022

***RG Ludhiana* conducted a Proctorship program and Workshop**

"RG Ludhiana" conducted a Proctorship program and workshop on HOLEP and RIRS with Chief Consultant (Urology) Dr. Punit Bansal as the Course Director and Dr. Charan Kanwal Singh as course coordinator. Doctors from all over North India attended and a total of 5 HOLEP and 7 RIRS were performed in a single day at RG Stone and Super Speciality Hospital Ludhiana. Urologists who attended the programme came from Jammu, Chandigarh, Jalandhar and Ludhiana. Holep is the most advanced technique for prostate enlargement. It is size independent and has minimal blood loss. Very few Urologists in the country are performing this procedure effectively. Two patients who had more than 100gm prostate were advanced to cut procedure for ectopic kidney (Abnormal Location) removal of kidney stones. One was operated by RIRS who was usually not possible in TURP. RIRS



RG Ludhiana conducts Proctorship Programme and Workshop

PUNJAB EXPRESS BUREAU Ludhiana, May 22

RG Ludhiana conducted a Proctorship Programme and Workshop on HOLEP and RIRS with Chief Consultant Urologist Dr. Punit Bansal as the Course Director and Dr. Charan Kanwal Singh as Course Coordinator.

Doctors from all over North India attended and a total of 5 HOLEP and 7 RIRS were performed in a single day at RG Stone and Super Speciality Hospital, Ludhiana.

Urologists who attended the programme came from Jammu, Chandigarh, Ja-

landhar and Ludhiana. HOLEP is the most advanced technique for prostate enlargement. It is size independent and has minimal blood loss. Very few Urologists in the country are performing this procedure effectively. Two patients who had more than 100 gm prostate were operated upon in one sitting which is usually not possible in TURP. RIRS is an advanced no cut procedure for removal of kidney stones. One patient had a stone which had stone in ectopic kidney (abnormal location) was operated by RIRS who was advised PCNL at various hospitals.



आरजी लुधियाना ने कार्यशाला करवाई

लुधियाना आरजी लुधियाना ने एचओएलईपी और आरआईआरएस पर एक प्रॉक्टरशिप पर आधारित कार्यशाला का आयोजन किया। जिसमें मुख्य सलाहकार यूरोलॉजिस्ट डॉ. पुनीत बंसल और डॉ. चरण कंसल सिंह मौजूद रहे। कार्यक्रम में पूरे उत्तर भारत के डॉक्टरों ने हिस्सा लिया। इस दौरान आरजी स्टोन व सुपरस्पेशलिटी अस्पताल लुधियाना में एक ही दिन में कुल 5 एचओएलईपी और 7 आरआईआरएस का प्रदर्शन किया गया। कार्यक्रम में हिस्सा लेने वाले यूरोलॉजिस्ट जम्मू, चंडीगढ़, जालंधर और लुधियाना से आए थे। प्रोस्टेट बढ़ाने के लिए होलेप सबसे उन्नत तकनीक है। इसका आकार स्वतंत्र है और इसमें न्यूनतम रक्त हानि होती है। देश में बहुत कम यूरोलॉजिस्ट इस प्रक्रिया को प्रभावी ढंग से कर रहे हैं। 100 ग्राम से अधिक प्रोस्टेट वाले दो रोगियों का ऑपरेशन किया गया जो आमतौर पर टीयूआरपी में संभव नहीं है। गुदों की पथरी को हटाने के लिए RIRS उन्नत नो कट प्रक्रिया है।

R G STONE & SUPER SPECIALITY HOSPITAL LUDHIANA

RIRS & HoLEP PROCTORSHIP PROGRAMME 2022

RIRS & HoLEP Training Programme :

- Learn about RIRS in detail
- Learn about HoLEP in detail
- Live RIRS and HoLEP (RIRS 5-6 Cases) & (HoLEP 2-3 Cases) depends upon availability
- Hands on Experience

R G STONE, Ludhiana.
Saturday, 14th May, 2022 - 10:00 am to 5:00 pm



WORKSHOP AND MASTERCLASS WAS ORGANISED IN ASSOCIATION WITH COOK MEDICAL VISTA

CONDUCTED BY:

Dr. Manish Singla
(Sr. Consultant Urologist)

Dr. Abhinav Kumar
(Consultant Urologist)

Dr. Abhinav Veerwal
(Consultant Urologist)



RG Hospitals[®] Short Stay • Smart Surgeries | RG Urology & Laparoscopy Hospital[®] Stone | COOK Vista[®]

Master Class On
FLEXIBLE URETEROSCOPY

 **Saturday**
4th June 2022

 **9:30 AM onwards**

 **RG Hospital,**
East of Kailash,
New Delhi

 **Dr. MANISH SINGLA**
Sr. Consultant - Urology
MS (Surgery), MCh (Urology)

 **Dr. ABHINAV KUMAR**
Consultant - Urology
MS (Surgery), MCh (Urology)

 **Dr. ABHINAV VEERWAL**
Consultant - Urology
MS (Surgery), MCh (Urology)



RG TEAM PARTICIPATED ENTHUSIASTICALLY TO TAKE A STEP FORWARD IN THE #GREENJOURNEY





HEALTH CAMP AT INDIAN OVERSEAS BANK



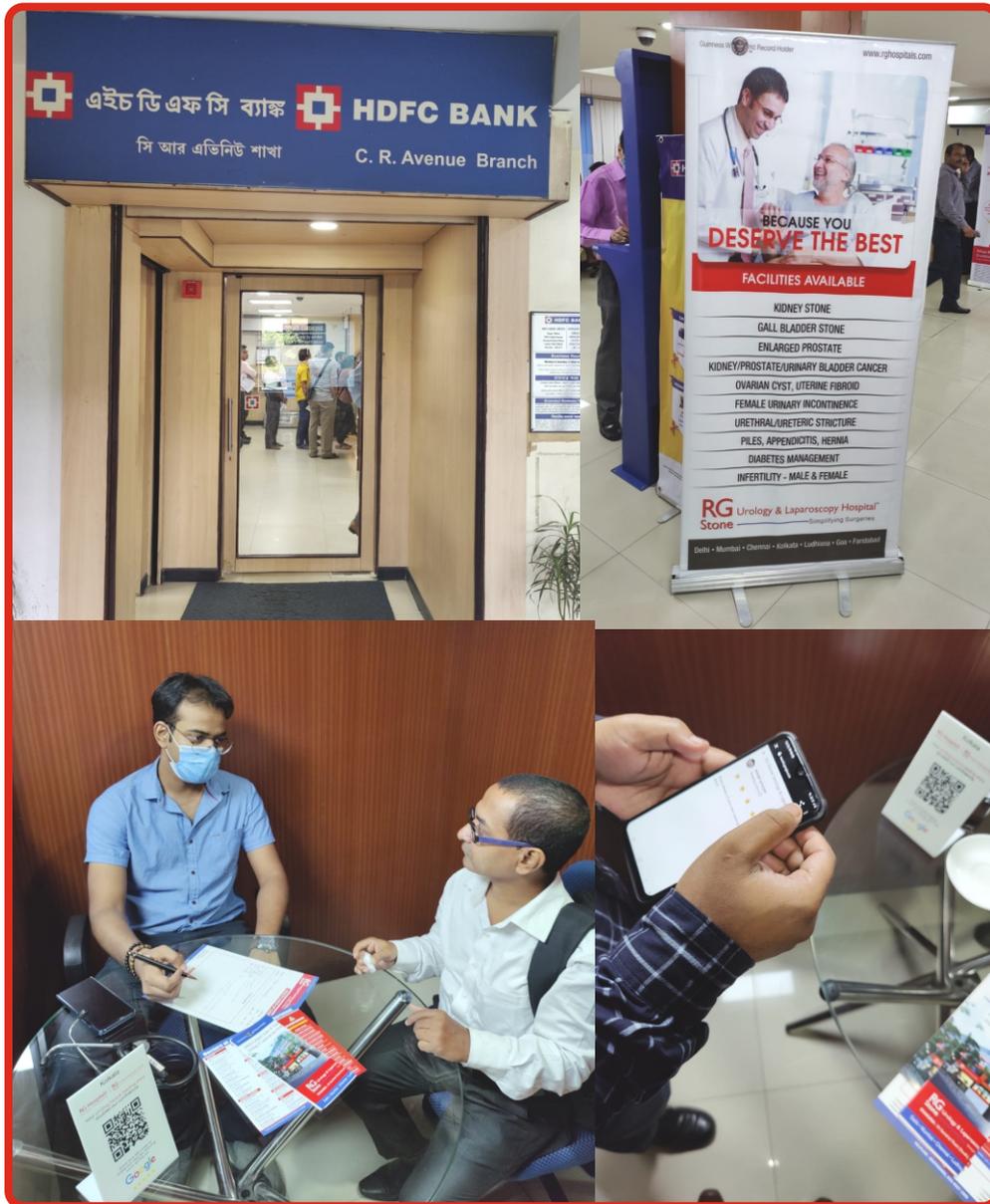
CAMP WAS ATTENDED BY 60 BANK EMPLOYEES

RG Hospitals[®]
Short Stay • Smart Surgeries

RG Stone Urology & Laparoscopy Hospital[®]
Simplifying Surgeries



HEALTH CAMP AT HDFC BANK



CAMP WAS ATTENDED BY 62 BANK EMPLOYEES

RG Hospitals[®]
Short Stay • Smart Surgeries

RG Stone Urology & Laparoscopy Hospital[®]
Simplifying Surgeries

PAYING HOMAGE

 RAJOURI GARDEN



IN MEMORY OF **MR. SACHIN BANMOL**

25/07/1983 to 20/05/2022

RG Hospitals[®]
Short Stay • Smart Surgeries

RG Urology & Laparoscopy Hospital[®]
Stone ————— Simplifying Surgeries

Delhi • Noida • Faridabad • Mumbai • Chennai • Kolkata • Goa • Ludhiana

OUR CENTERS

DELHI - EAST OF KAILASH

F-12, East of Kailash,
New Delhi-110065
Ph.: 011-71056000
Helpline: +91-9810026456

DELHI - RAJOURI GARDEN

B-1, Vishal Enclave,
Rajouri Garden, New Delhi-110027
Ph.: 011-71058000
Helpline: +91-9810026456

DELHI - GAGAN VIHAR

18, Gagan Vihar Main,
Delhi-110092
Ph.: 011-71011000
Helpline: +91-9810026456

DELHI - PITAMPURA

194-195, Deepali Chowk,
Pitampura, New Delhi-110034
Ph.: 011-71057000
Helpline: +91-9810026456

DELHI - MODEL TOWN - ORC

B-12, Derawal Nagar,
Model Town II, New Delhi 110009
Ph.: 011-42430300
Helpline: +91-9810026456

DELHI - JANAKPURI - ORC

92A, Major P.Srikumar Marg,
Block C2B, Janakpuri-110058
Ph.: 011-49865868
Helpline: +91-9810026456

NOIDA - ORC

D-82A, D-Block, Sector-26,
Maharaja Agrasen Marg
Noida -201301
Helpline: 9810026456

FARIDABAD

A-6, Nehru Ground, Neelam
Bata Road, N.I.T Faridabad-121001
Ph.: 0129-4184000
Helpline: +91-9810026456

LUDHIANA

510-L, Model Town
Ludhiana-141002
Ph.: +91-161-4618585
Helpline:+91-9876910000

MUMBAI - KHAR

Ahimsa Marg, 14-A Road
Khar (West), Mumabi-400052
Ph.: 022-61463500
Helpline: +91-9167463500

MUMBAI - MULUND

C/O Hira Mongi Navneet Hospital
Valiji Ladha Road, Mulund (West)
Mumbai 400080
Ph.: 022 25675012/14
Helpline: +91-9322653838

GOA

CVC Centre, Plot No. 217-218,
PDA Colony, Bardez, Alto
Porvorim, Bardez, Goa-403521
Tel: 0832-6640664
Helpline: +91-9552558899

KOLKATA

33, Orbit Heights, Gariahat
Road South, Opp. Jodhpur Park
Kolkata 700031
Ph.: 033-40271000
Helpline: +91-8697000002

CHENNAI

391- 392, Anna Salai,
Saidapet, Opp. Bus Stand
Chennai-600015
Ph.: 044-43993600
Helpline: +91-9962860000



OUR SPECIALITIES

Urology

- Urinary / Kidney Stone
- Enlarged Prostate (BPH)
- Ureteric Stricture
- Urethral Stricture
- Erectile Dysfunction
- Male Infertility

Gynaecology

- Uterine Fibroids
- Uterus Prolapse
- Ovarian Cysts
- Endometriosis
- Ectopic Pregnancy
- Female Infertility
- Sterilization
- Cosmetic Gynaecology

Urological Malignancies

- Kidney Cancer
- Prostate Cancer
- Urinary Bladder Cancer

Bariatric Surgery

- Obesity/Metabolic Syndrome
- Uncontrolled Diabetes

Robotic & Next-Gen Surgery

- General Procedures
- Urology Procedures
- Gynaecology Procedures
- Colorectal & Upper GI Procedures
- Bariatric Procedures
- RAMS™ (Robot Assisted Metabolic Surgery)

Minimally Invasive Surgery

- Gall Bladder Stone
- Hernia Repair
- Appendicitis
- Piles
- Varicose Veins

Female Urology

- Female Urinary Incontinence
- Vesico Vaginal Fistula
- Overactive Bladder
- Post Delivery Urinary Problems
- Interstitial Cystitis
- Voiding Difficulty
- Urinary Tract Infections
- Painful Bladder Syndrome
- Neurogenic Bladder
- Female Sexual Dysfunction