



MONTHLY NEWSLETTER

APRIL



RG Hospitals[™]
Short Stay • Smart Surgeries

RG Urology & Laparoscopy Hospital[®]
Stone — Simplifying Surgeries



BARIATRIC SURGERY- LAP SLEEVE GASTRECTOMY

A 50 year old female presented to Dr. Pankaj Gupta at RG East of Kailash with complaints of shortness of breath on exertion, lethargy and obstructive sleep apnea due to morbid obesity ~ BMI -45.7kg/m².

She was also a known case of Diabetes Mellitus, Hypertension, Rheumatic Arthritis and Dyslipidemia for which she was being prescribed regular medication.

Despite trying various lifestyle changes, diet control and exercise she was unable to maintain a healthy weight, due to which she opted for weight loss surgery at RG EOK.

Our team of doctors in which Dr. Pankaj Gupta and Dr. Sandeep Yadu planned for Laparoscopic Sleeve Gastrectomy under G.A.

Intraoperatively a bulky liver, moderate adhesions, large stomach fundus was found. Gastrotomy was done 5cm from pylorus to angle of his.

The patient responded well to the surgery. Post operative period was uneventful and she was discharged in a stable and satisfactory condition within 48 hours.



LAPAROSCOPIC NEPHRECTOMY FOR A GROSSLY ENLARGED (260 X 113 cm) NON FUNCTIONING KIDNEY

A 31 year old female presented to RG East of Kailash with complaints of pain in the left flank, nausea and vomiting for 1 month. She was a known case of hypothyroidism.

On examination a large lump was seen in the left lumbar region, her abdomen was similar to a 6 months pregnant female.

Further investigations- USG Whole Abdomen revealed a 26mm calculus at the in the Left PUJ , Enlarged left kidney 260 x 113 mm, gross hydroureteronephrosis with a paper thin cortex. DTPA Scan revealed a non functioning left kidney. GFR Left kidney- non visualized, GFR – Right Kidney- 82.3ml/min.

Our surgical team of doctors in which Dr. Manish Singla and Dr. Sandeep Yadu planned for CPE+ Left U- Cath +Laparoscopic Left Nephrectomy under GA.

Intraoperatively 1.5 litres of frank pus was aspirated from the kidney. The patient responded well to the treatment, post operative period was uneventful and was discharged in a stable condition.



CORRECTIVE SURGERY



A 40 year old female with history of ERCP + Stenting done in Feb 2022 at another hospital. Post ERCP she developed Surgical Emphysema as a complication for which she was admitted at the same hospital for 4-5 days. After discharge she was found to be continuously suffering from fever, abdominal pain & inability to eat.

She then presented to RG Rajouri Garden for further treatment. On further investigation MRCP revealed Acute calculus cholecystitis with choledocholithiasis- (Multiple stones in the CBD)

Our team of doctors in which Dr. Ashok Bhatia and Dr. Rajesh Talwar planned for Laparoscopic Cholecystectomy + CBD exploration + Stone removal + Primary Closure of the CBD under G.A.

Intraoperatively a distended gallbladder, thick walled, inflamed, with pericholecystic adhesions was seen. Multiple small to large calculi with thick mucus in lumen. Calot's triangle, Cystic duct- thick walled and wide with stones, CBD dilated. Multiple small to large calculi – 39 in number impacted in the common hepatic duct and common bile duct. Choledocotomy was done, multiple stones removed from CBD using a nephroscope. Complete clearance of CBD assured by choledocoscopy.

Cholecystectomy completed and GB extracted in endobag. The patient responded well to the treatment and was discharged in a stable condition.



RG FARIDABAD ORGANISED A CME ON APPLICATIONS OF ROBOTICS FOR IMA AYUSH FARIDABAD CHAPTER. THE CME WAS ATTENDED BY MORE THAN 55 DOCTORS. DR. PRAVEEN PUSHKAR INFORMED REGARDING THE APPLICATIONS OF ROBOTIC SURGERY. THE CME SESSION ALSO INCLUDED A LECTURE BY DR. NEERAJ SHARMA CONSULTANT UROLOGIST ON ALL OTHER UROLOGY SERVICES AVAILABLE AT RG HOSPITAL.





A QUIZ COMPETITION WAS ORGANISED WITH 4 TEAMS - CHARAK, JIVIA, SUSHRUTA, AND VAGABHATTA.



WINNER - TEAM CHARAK

ROBOTICS CAMPAIGN FEATURED IN PRINT MEDIA



HINDUSTAN TIMES

Transforming Lives With A Modernistic Approach

RG Institute Of Robotic Surgery



ROBOTIC & *NEXT-GEN* SURGERY

- General Procedures
- Urology Procedures
- Gynaecology Procedures
- Colorectal & Upper Gi Procedures
- Bariatric Procedures
- **RAMS™** – Robot Assisted Metabolic Surgery

Robotic Surgery offers many benefits to patients as compared to conventional surgery, including:

- Very high level of precision & accuracy
- Shorter hospitalization
- Reduced pain & discomfort
- Faster recovery time & return to normal activities
- Smaller incision & minimal scarring
- Reduced blood loss & transfusions
- Reduced risk of infection

RG Hospitals™

Short Stay • Smart Surgeries

EAST OF KAILASH
F-12, East of Kailash,
New Delhi-110065

PITAMPURA
194-195, Deepali Chowk,
Pitampura,
New Delhi-110034

GAGAN VIHAR
18, Gagan Vihar Main,
Delhi-110092

RAJOURI GARDEN
B-1, Vishal Enclave,
Rajouri Garden,
New Delhi-110027

FARIDABAD
A-6, Nehru Ground,
Neelam Bata Road,
N.I.T Faridabad-121001

NOIDA-ORC
D-82A, Maharaja Agrasen Marg,
D-Block, Sector-28, Noida
UTTAR PRADESH-201301

HELPLINE: CALL / WHATSAPP

98 100 26 456

www.rghospitals.com | info@rghospital.com



Guinness Book of World Record Holder for
Treating Largest Kidney Stone of 13cm



OF UROLOGICAL CARE

Delhi • Noida • Faridabad • Mumbai • Chennai • Kolkata • Goa • Ludhiana

RG Hospitals™

Short Stay • Smart Surgeries

RG Urology & Laparoscopy Hospital® Stone — Simplifying Surgeries

Delhi • Noida • Faridabad • Mumbai • Chennai • Kolkata • Goa • Ludhiana

ROBOTICS CAMPAIGN FEATURED IN PRINT MEDIA



TIMES OF INDIA

Stating that the admissions should begin as per past practice, Singh said, "The college is still under DU and the administration should start the process as students are suffering otherwise. Even the last session got spoiled due to this. Ultimately colleges are for students and that process should not get hampered."

Following proposals of a de-affiliation of the college from DU and its merger with AU, there have been widespread protests staged by both students and teachers alike.

Bag snatched from embassy official
New Delhi: An Italian Embassy official's handbag was snatched when she was travelling in an auto-rickshaw near the Lodhi colony area, police said. Benita Mary, Deputy Commissioner of Police (South), said: "The victim was going towards her home in Noida from her office in Chhatisapuri. She saw four boys standing near Sochra Bawan, Barapulla. One of them came near the auto-rickshaw and snatched her handbag containing a mobile phone, Aadhar card, PAN card, service ID card, two debit cards, a pair of golden earrings, and a gold ring." The accused, Narendralal Sakory (28) and Ashish Barua (28), were arrested on March 31, police said. *rw*

ACADEMIC YEAR 2022-23

COURSES AVAILABLE AT DDA

- **NDA (Boys & Girls)**
- **SSB - INTERVIEW**
- **INDIAN NAVY (AA/SSR)**
- **AIRFORCE (GROUP - X & Y)**
- **AFCAT / OTA / CDSE / INET / MNS**
- **MERCHANT NAVY**
- **FOUNDATION COURSE**

More than 10500 Selections in Last 17 Years

9897030757 / 8279640145
Opp. Green View Apartments, Near IT Park, Dehradun (UK)

www.doondenceacademy.com

JOIN NDA

After 10th Class Only 300 Seats

11th & 12th Schooling + NDA 2 Years Integrated Residential Foundation Programme

A unique combination entirely based on RIMC Pattern

ELIGIBILITY

- Age - should not be born before 02 July 2005
- Must be studying in Class Xth

FOUNDATION COURSE

APPLY ONLINE THROUGH
www.doondenceacademy.com

CONTACT ON → 8266061666

try making a million cheese recipes with them. "Why?" you ask? Well, because it has been trusted and tasted by billions.

Also, because Amul Cheese has 20% protein and is a great source of calcium. Both of which are necessary for the other 8 packs you were thinking about when you first read the headline. So, all in all a 'win-win' situation. If you agree, grab our new pack of Amul Cheese in a store near you or the one on your mobile. Bon appetit!

Amul
Yeh mera cheese hai!

Marketed by: Sagar Cooperative PNB Marketing Federation Ltd. Award 188001. email: customerscare@amul.com

Transforming Lives With A Modernistic Approach

RG Institute Of Robotic Surgery



ROBOTIC & NEXT-GEN SURGERY

- General Procedures
- Urology Procedures
- Gynaecology Procedures
- Colorectal & Upper Gi Procedures
- Bariatric Procedures
- RAMS™ – Robot Assisted Metabolic Surgery

Robotic Surgery offers many benefits to patients as compared to conventional surgery, including:

- Very high level of precision & accuracy
- Shorter hospitalization
- Reduced pain & discomfort
- Faster recovery time
- Smaller incision & minimal scarring
- Reduced blood loss & transfusions
- Reduced risk of infection



RG Hospitals™
Short Stay • Smart Surgeries

RG Stone Urology & Laparoscopy Hospital®
Simplifying Surgeries



HELPLINE CALL / WHATSAPP

98 100 26 456
www.rghospitals.com | info@rghospital.com

EAST OF KAILASH
F-12, East of Kailash,
New Delhi-110065

PITAMPURA
194-195, Deepali Chowk,
Pitampura,
New Delhi-110034

GAGAN VIHAR
18, Gagan Vihar Main,
Delhi-110092

RAJOURI GARDEN
B-1, Vishal Enclave,
Rajouri Garden,
New Delhi-110027

FARIDABAD
A-6, Nehru Ground,
Neelam Bata Road,
N.T Faridabad-121001

NOIDA-GRC
D-82A, Maharaja Agrasen Marg,
D-Block, Sector-28, Noida,
UTTAR PRADESH-201301

Delhi • Noida • Faridabad • Mumbai • Chennai • Kolkata • Goa • Ludhiana

RG Hospitals™
Short Stay • Smart Surgeries

RG Stone Urology & Laparoscopy Hospital®
Simplifying Surgeries

Delhi • Noida • Faridabad • Mumbai • Chennai • Kolkata • Goa • Ludhiana

WE WENT VIRAL !



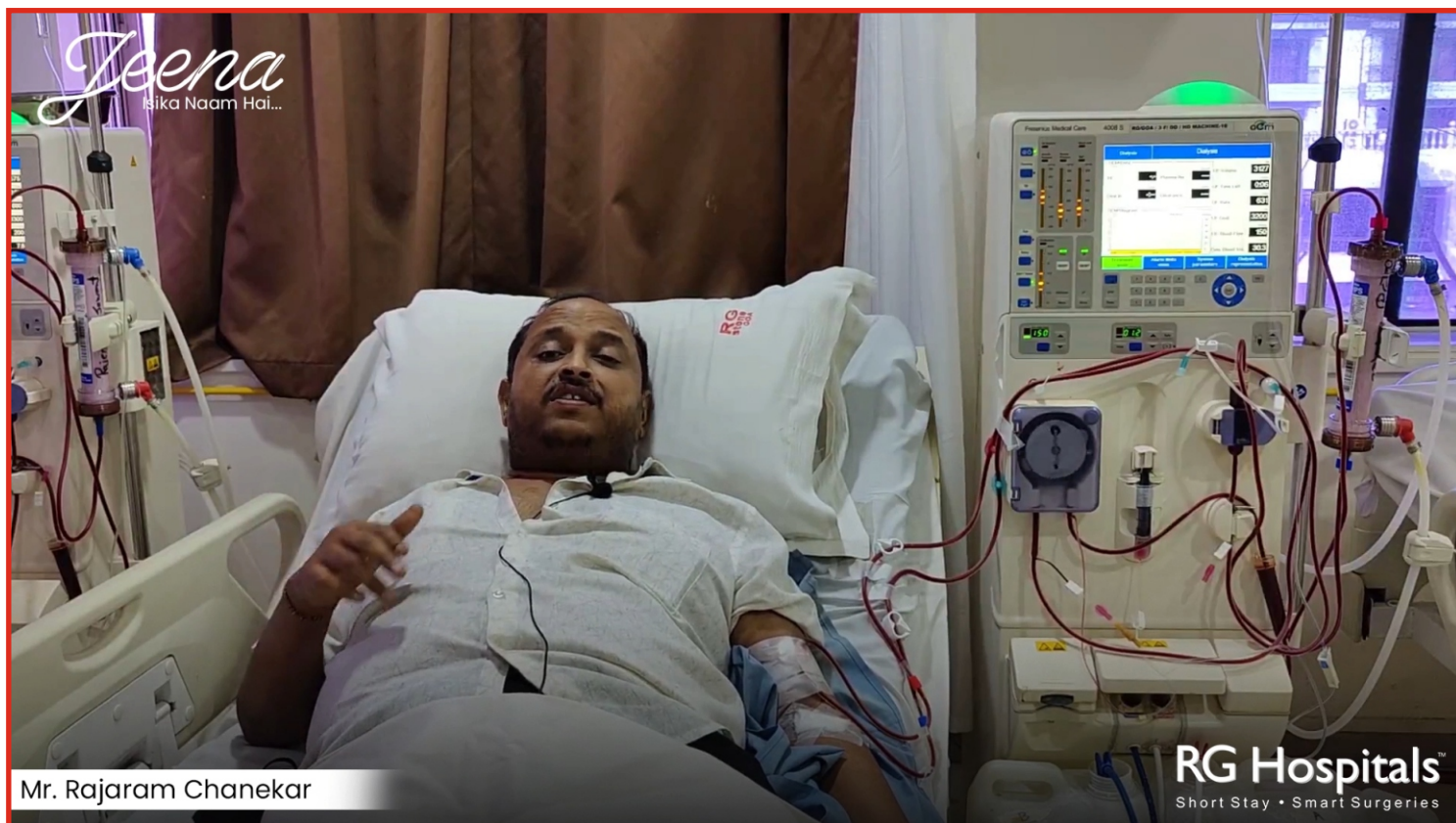
#JeenaIsikaNaamHai
IS VIRAL ON SOCIAL MEDIA



424.3K REACH & 214.2K VIEWS



129K REACH & 333K VIEWS



RG HospitalsTM
Short Stay • Smart Surgeries

RG Urology & Laparoscopy Hospital[®]
Stone — Simplifying Surgeries

Delhi • Noida • Faridabad • Mumbai • Chennai • Kolkata • Goa • Ludhiana



HEALTH CAMP AND INTERACTION WAS HELD BY RG KOLKATA TEAM AT PRESS CLUB KOLKATA



DISTRIBUTION OF PRIVILEGE CARDS AT PRESS CLUB

KOLKATA



PRIVILEGE CARD WAS RELEASED AND ISSUED TO ALL THE JOURNALISTS FOR PREFERENTIAL SERVICES AT RG HOSPITALS.



RG Hospitals™
Short Stay • Smart Surgeries

RG Stone Urology & Laparoscopy Hospital®
Simplifying Surgeries

Delhi • Noida • Faridabad • Mumbai • Chennai • Kolkata • Goa • Ludhiana

INFORMATIVE SESSION



A BIG THANK YOU TO YOU ALL FOR YOUR OVERWHELMING RESPONSE TO OUR INFORMATIVE SESSION URINARY TRACT INFECTION IN FEMALES

15TH APRIL 2022

Tuesday
at 1:30PM



Reach

The number of people who viewed your post.

53,586

Organic

0

Paid

53,586

Total

Reactions, comments and shares

The number of people who took action on your post.

70

Reactions

1

Comments

2

Shares

*FACEBOOK ANALYTICS



Dr. Sarita Naik (Narang)

Uro-Gynaecologist

RG HospitalsTM
Short Stay • Smart Surgeries

RG Urology & Laparoscopy Hospital[®]
Stone — Simplifying Surgeries

Delhi • Noida • Faridabad • Mumbai • Chennai • Kolkata • Goa • Ludhiana

OUR CENTERS

EAST OF KAILASH, DELHI

F-12, East of Kailash,
New Delhi-110065
Ph.: 011-71056000

PITAMPURA, DELHI

194-195, Deepali Chowk,
Pitampura, New Delhi-110034
Ph.: 011-71057000

GAGAN VIHAR, DELHI

18, Gagan Vihar Main,
Delhi-110092
Ph.: 011-71011000

RAJOURI GARDEN, DELHI

B-1, Vishal Enclave,
Opp. Police Station,
Rajouri Garden,
New Delhi-110027
Ph.: 011-71058000

MODEL TOWN-ORC, DELHI

B-12, Derawal Nagar,
Model Town II,
New Delhi 110009
Ph.: 011-42430300

JANAKPURI-ORC, DELHI

92A, Major P.Srikumar Marg,
Block C2B, Janakpuri
Ph.: 011-49865868

FARIDABAD

A-6, Nehru Ground,
Neelam Bata Road,
N.I.T Faridabad-121001
Ph.: 0129-4184000

NOIDA-ORC

D-82A, Maharaja Agrsen
Marg, D-Block, Sector-26,
Noida, UTTAR PRADESH-201301
Helpline: 9810026456

LUDHIANA

510-L, Model Town
LUDHIANA-141002
Helpline: 995360222

KHAR, MUMBAI

Ahimsa Marg, 14-A Road
Khar (West),
Mumabi-400052
Ph.: 022-61463500

MULUND, MUMBAI

C/o, Hira Mongi Navneet
Hospital, Valiji Ladha Road,
Mulund (West)
Mumbai 400080
Ph.: 022-25675012/14

GOA

CVC Centre, Plot No. 217-218,
PDA Colony, Panjim-
Mapusa Highway, Bardez,
Alto Porvorim, Bardez,
Goa-403521
Helpline: 0832-6640664

KOLKATA

33, Orbit Heights,
Gariahat Road South,
Opp. Jodhpur Park
Kolkata 700031
Tel: 033-40271000

CHENNAI

391- 392, Anna Salai,
Saidapet, Opp. Bus Stand
Chennai-600015
Ph.: 044-43993600

OUR SPECIALITIES

UROLOGY

- Urinary / Kidney Stone
- Enlarged Prostate (BPH)
- Ureteric Stricture
- Urethral Stricture
- Erectile Dysfunction
- Male Infertility

GYNAECOLOGY

- Uterine Fibroids
- Uterus Prolapse
- Ovarian Cysts
- Endometriosis
- Ectopic Pregnancy
- Female Infertility
- Sterilization
- Cosmetic Gynaecology

FEMALE UROLOGY

- Female Urinary Incontinence
- Vesico Vaginal Fistula
- Overactive Bladder
- Post Delivery Urinary Problems
- Interstitial Cystitis
- Voiding Difficulty
- Urinary Tract Infections
- Painful Bladder Syndrome
- Neurogenic Bladder
- Female Sexual Dysfunction

UROLOGICAL MALIGNANCIES

- Kidney Cancer
- Prostate Cancer
- Urinary Bladder Cancer

MINIMALLY INVASIVE SURGERY

- Gall Bladder Stone
- Hernia Repair
- Appendicitis
- Piles

BARIATRIC SURGERY

- Obesity/Metabolic Syndrome
- Uncontrolled Diabetes

ROBOTIC & NEXT GEN SURGERY

- General Procedures
- Urology Procedures
- Gynaecology Procedures
- Colorectal & Upper GI Procedures
- Bariatric Procedures
- RAMS™