



**FEBRUARY**  
2024

# MONTHLY **NEWSLETTER**

**RG Hospitals®**  
Short Stay • Smart Surgeries

**RG** Urology & Laparoscopy Hospital®  
**Stone** ————— Simplifying Surgeries

A 72 Year Old Woman, Diagnosed With Type 2 Diabetes Mellitus (T2DM) & Hypertension, Presented At RG Hospitals, EOK With An 8x8 Cm Lump In The Lower Inner Quadrant Of The Right Breast. The Lump Was Fixed To The Skin, Indicating Advanced Carcinoma In The Right Breast. A Trucut Biopsy Was Conducted Under Local Anesthesia In The Outpatient Department, Revealing Mucinous Carcinoma With Estrogen Receptor - Positive (ER+), Progesterone Receptor - Positive (PR+), & Human Epidermal Growth Factor Receptor 2 - Negative (Her2Neu - Ve) Status. The Patient Was Subsequently Referred For Neoadjuvant Chemotherapy. Our Surgical Team, Led By Dr. Pankaj Gupta, Senior Consultant In General & Laparoscopic Surgery, & Dr. Sandeep Yadu, Senior Consultant In Anesthesiology, Along With The Operating Room Team, Performed A Modified Radical Mastectomy With Axillary Clearance After Obtaining Informed Written Consent & Pre - Anesthetic Checkup. The Patient Tolerated The Procedure Well & Was Discharged The Following Day With An In - Situ Suction Drain.



At RG Hospitals, Goa, Our Distinguished Surgical Team, Led By Dr. Mangirish Kenkre, A Skilled Laparoscopic Surgeon In Gynaecology, & Dr. Dattaraj, An Expert Consultant In Anaesthesiology, Along With The OT Team Performed A Laparoscopic Low Resection Anastomosis Utilizing The Modified N.O.S.E Technique For Rectovaginal Endometriosis. The Case Involved A 37 Year Old Female Presenting With Dysmenorrhea & Altered Bowel Habits. An MRI Scan Revealed A Sizable Right Ovarian Endometrioma & A Significant Rectovaginal Nodule Infiltrating The Serosa & Muscularis Of The Rectum, Bulging Into The Mucosa. The Entire Surgery Was Successfully Conducted Through Laparoscopy, Including Specimen Extraction & ANVIL Fixation Through Colpotomy, Eliminating The Need For A Small Minilap Incision. Postoperatively, The Patient Experienced No Complications & Was Discharged In A Stable Condition.

# ACADEMIC EXCELLENCE



On November 24th, 2023, RG Hospitals, Ludhiana Hosted A Clinical Training Workshop Focused On Flexible Ureteroscopy. The Workshop Was Led By Dr. Punit Bansal, The Chief Consultant Urologist. A Total Of 12 Urologists Participated In The Event, During Which 8 Cases Of Retrograde Intrarenal Surgery (RIRS) Were Performed. The Demonstration Included The Use Of Both TFL & Holmium Laser.



# ACADEMIC EXCELLENCE

 **EAST OF KAILASH**

RG Hospitals, EOK, In Collaboration With IMA-South Delhi Branch, Conducted A Continuing Medical Education (CME) Program. The Event Got Participation From Over 170 Respected Doctors In South Delhi.

The Distinguished Speakers For The Occasion Included:

1. Dr. Manish Singla, Senior Consultant In Urology, Presented On The Comprehensive Topic Of "Management For Prostate – A 360° View."
2. Dr. Pankaj Gupta, Senior Consultant In General & Laparoscopic Surgery, Shared Insights On The Subject Of "Myths & Facts Of Robotic Surgery."





# ACADEMIC EXCELLENCE



On October 26, 2023, A Live Surgery Event Focusing On Laparoscopic Sacrocolpopexy For Vault Prolapse Was Organized By RG Hospitals, Goa. The Procedure Was Led By Dr. Mangirish Kenkre, Consultant - Laparoscopic Gynaecology.

**LIVE SURGERY**

ALL THE FELLOW DOCTORS ARE REQUESTED TO JOIN US FOR A **LIVE SURGERY SESSION**

**LAPAROSCOPIC SACROCOLPOPEXY IN A CASE OF VAULT PROLAPSE**

 **Dr. Mangirish Kenkre**  
(Consultant : Laparoscopic Gynaecology)

 **26<sup>TH</sup> OCTOBER 2023**  **11:00 AM ONWARDS**  **RG STONE HOSPITAL, GOA**

**RG Hospitals**  
Short Stay • Smart Surgeries

**RG Stone** Urology & Laparoscopy Hospital®  
Simplifying Surgeries

[www.rghospitals.com](http://www.rghospitals.com)

DELHI • NOIDA • FARIDABAD • MUMBAI  
CHENNAI • KOLKATA • GOA • LUDHIANA

# ACADEMIC EXCELLENCE

 **RAJOURI GARDEN**

A Continuing Medical Education (CME) Event Conducted By RG Hospitals, Rajouri Garden, Got The Participation Of Over 40 Doctors. The Focal Point Of The Discussion Centered On The Advancements & Robotic Approaches In The Field Of Urology, Led By Dr. Susheel Kharbanda, Senior Consultant In Urology.

WE CORDIALLY INVITE YOU FOR  
**CME PROGRAMME**

TOPIC

ADVANCEMENT & ROBOTIC APPROACH IN UROLOGY.

SPEAKER

(TIMING: 08:00 PM ONWARDS)

**DR. SUSHEEL KHARBANDA**  
SR. CONSULTANT - UROLOGY  
RG HOSPITAL - RAJOURI GARDEN

R.S.V.P

**MR. HITESH**  
MARKETING EXECUTIVE  
95825 02120

**DR. AMIT**  
SBU HEAD  
84477 98111



RG Hospitals, Goa Organized A Continuing Medical Education (CME) Program That Drew The Participation Of Over 50 Doctors. The Discussions Spanned Various Specialties, Including Urology, Nephrology, General Surgery, Gynaecology, & Pathology. The Topics Covered During The Event Were As Follows:

1. Dr. Marzook Mustafa Shaikh, Chief Microbiologist, Presented On UTI Antibiotic Sensitivity.
2. Dr. Sarang Kanekar, Consultant Urology, Discussed Kidney Stone Management Based On Recent Guidelines.
3. Dr. Mangirish Kenkre, Consultant Laparoscopic Gynaecology, Discussed Laparoscopic Management Of Endometriosis.
4. Dr. Vardhan Bhohe, Senior Consultant In Laparoscopic Surgery, Shared Insights On The Treatment Of Piles/Hemorrhoids.
5. Dr. Shital Lengade, Senior Consultant Nephrology, Covered The Early Detection Of Kidney Diseases.





# QUALITY EXCELLENCE



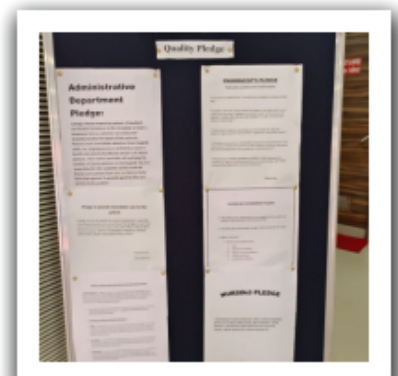
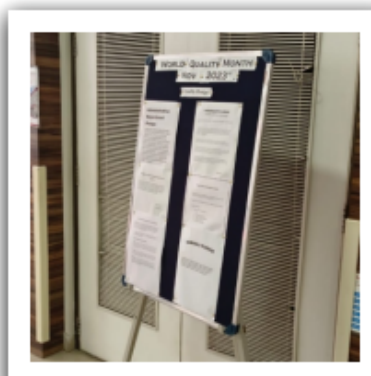
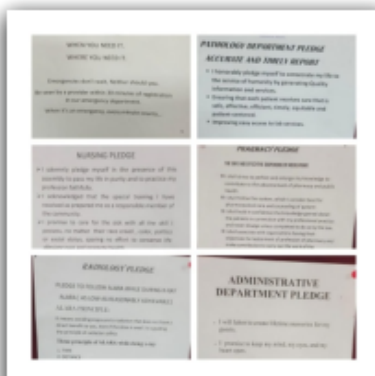
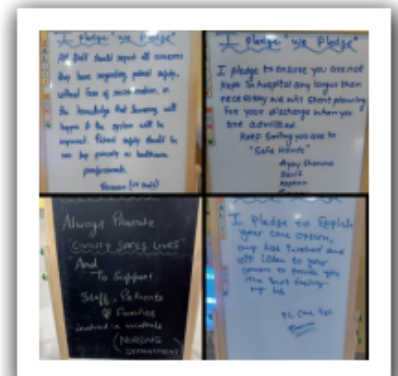
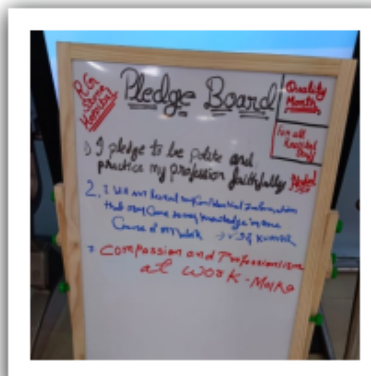
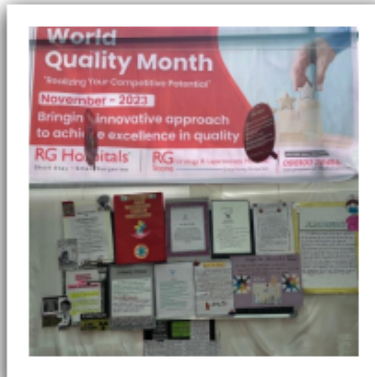
In November 2023, World Quality Month Was Observed Across Pan India Under The Theme "Realizing The Competitive Potential" & "Bringing Innovative Approach To Achieve Excellence In Quality." Various Activities Were Conducted, With The Team At Each Branch Actively Participating With Enthusiasm. Quality Coordinators Organized Weekly Events Covering Diverse Topics To Promote Engagement And Enhance The Understanding Of Quality Excellence.

1. Quality Improvement Pledge Wall
2. 5S Competition
3. Case Study
4. Discussion On Prophylaxis Antibiotics
5. Quiz Competition
6. Reels On Quality
7. Quality Improvement Questionnaire
8. Slogan Competition
9. Fun Activity
10. Closing Ceremony & Distribution Of Prizes

# QUALITY EXCELLENCE



## QUALITY IMPROVEMENT PLEDGE WALL



# QUALITY EXCELLENCE

 **FARIDABAD**

## 5S COMPETITION





# QUALITY EXCELLENCE



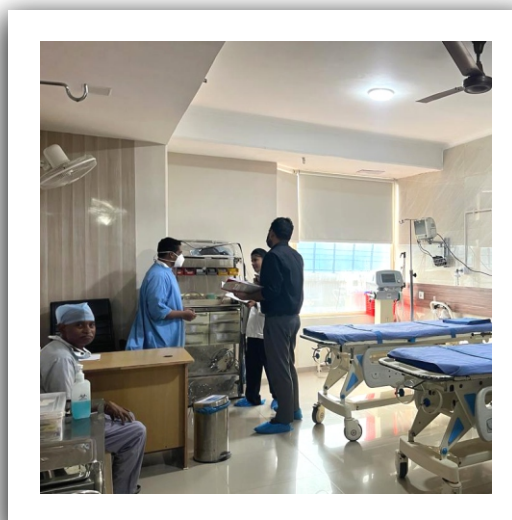
## 5S COMPETITION



# QUALITY EXCELLENCE

 **EAST OF KAILASH**

## 5S COMPETITION



# QUALITY EXCELLENCE

 LUDHIANA, MODEL TOWN

## 5S COMPETITION

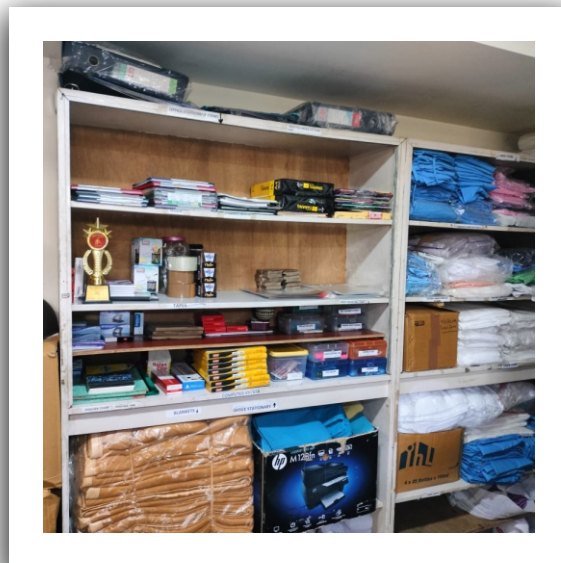




# QUALITY EXCELLENCE

 **GAGAN VIHAR**

## 5S COMPETITION



# QUALITY EXCELLENCE



## 5S COMPETITION



# QUALITY EXCELLENCE



## 5S COMPETITION



# QUALITY EXCELLENCE

 **KOLKATA**

## 5S COMPETITION





# QUALITY EXCELLENCE



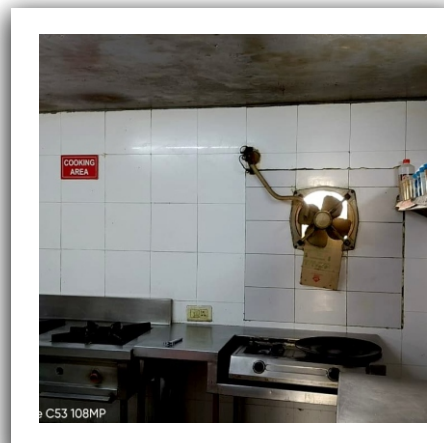
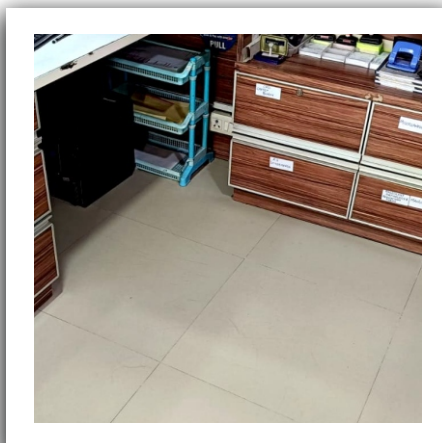
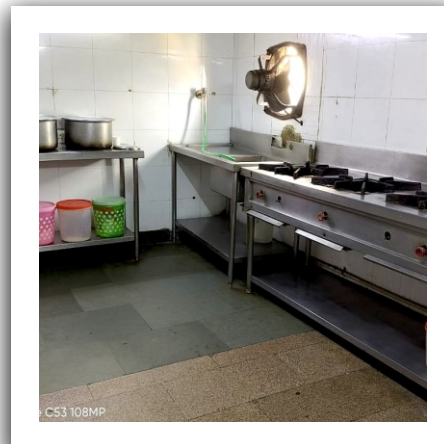
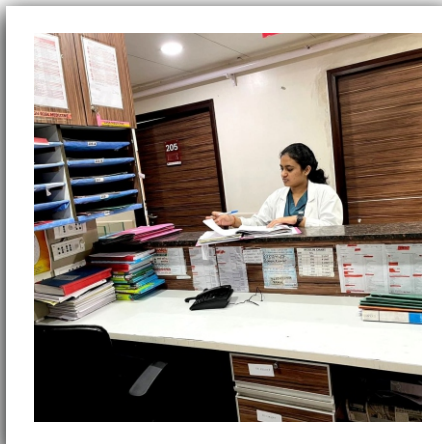
## 5S COMPETITION



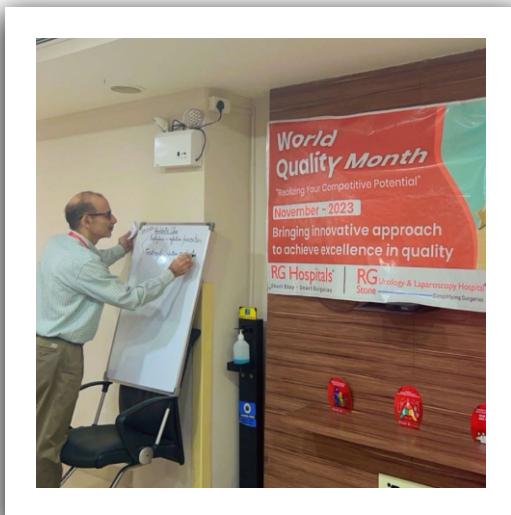
# QUALITY EXCELLENCE

 **RAJOURI GARDEN**

## 5S COMPETITION



## DISCUSSION ON PROPHYLAXIS ANTIBIOTICS





## DISCUSSION ON PROPHYLAXIS ANTIBIOTICS



# QUALITY EXCELLENCE

 **RAJOURI GARDEN**

## DISCUSSION ON PROPHYLAXIS ANTIBIOTICS



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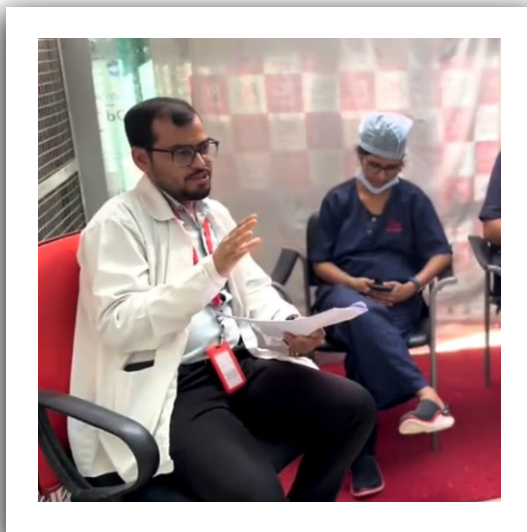
## DISCUSSION ON PROPHYLAXIS ANTIBIOTICS



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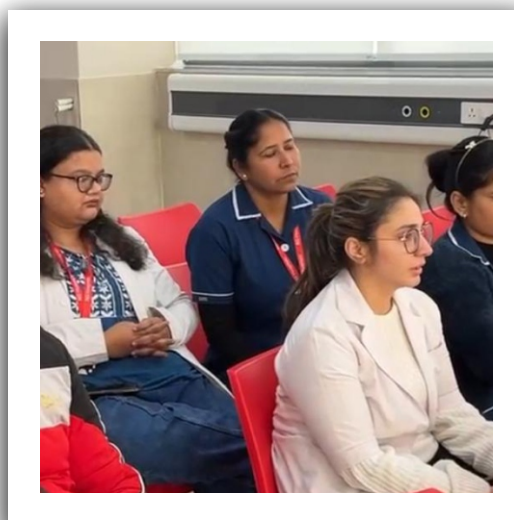
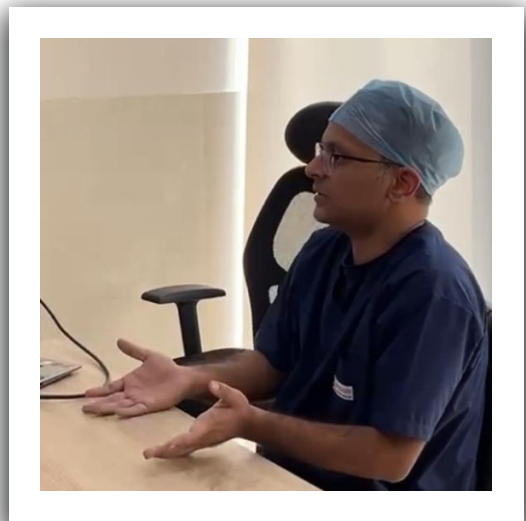
## DISCUSSION ON PROPHYLAXIS ANTIBIOTICS



# QUALITY EXCELLENCE

 LUDHIANA, FEROZPUR ROAD

## DISCUSSION ON PROPHYLAXIS ANTIBIOTICS

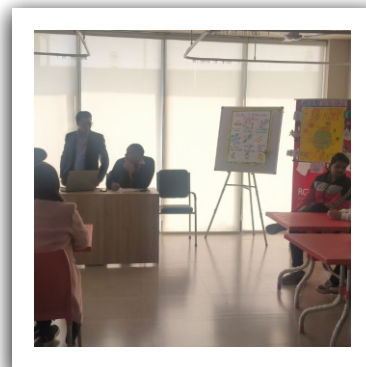




# QUALITY EXCELLENCE



## QUIZ COMPETITION



# QUALITY EXCELLENCE



## SLOGAN COMPETITION



# QUALITY EXCELLENCE

 **EAST OF KAILASH**

## SLOGAN COMPETITION





## SLOGAN COMPETITION





# QUALITY EXCELLENCE

 **GAGAN VIHAR**

## SLOGAN COMPETITION



# QUALITY EXCELLENCE



## SLOGAN COMPETITION



## SLOGAN COMPETITION

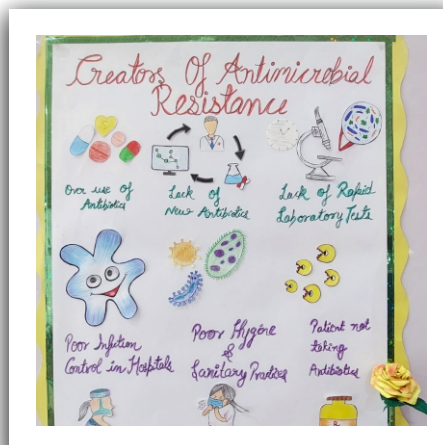
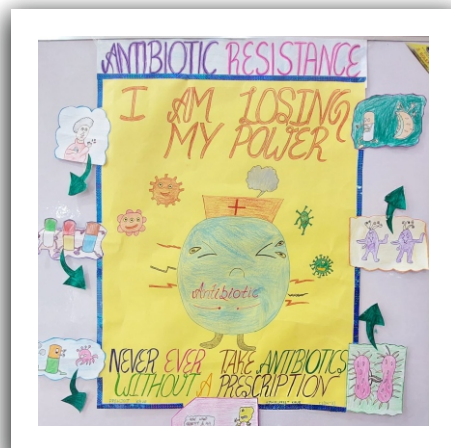
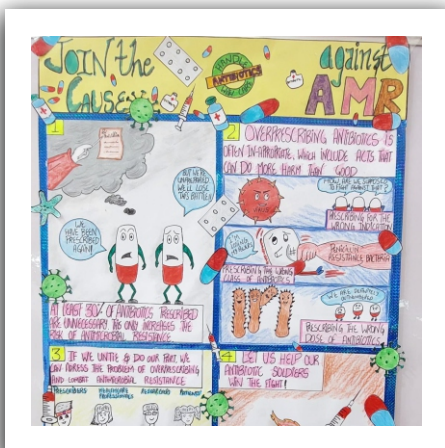
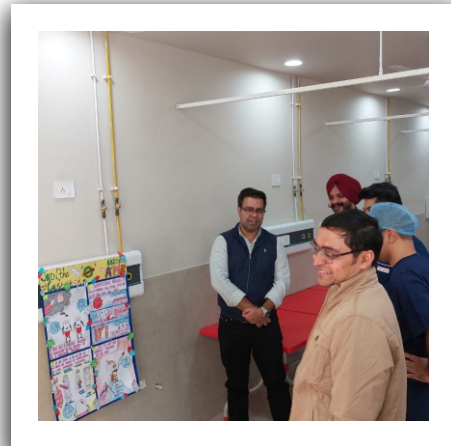




# QUALITY EXCELLENCE

 LUDHIANA, FEROZPUR ROAD

## SLOGAN COMPETITION





## SLOGAN COMPETITION



# QUALITY EXCELLENCE



## FUN ACTIVITY



# QUALITY EXCELLENCE

 **PAN INDIA**

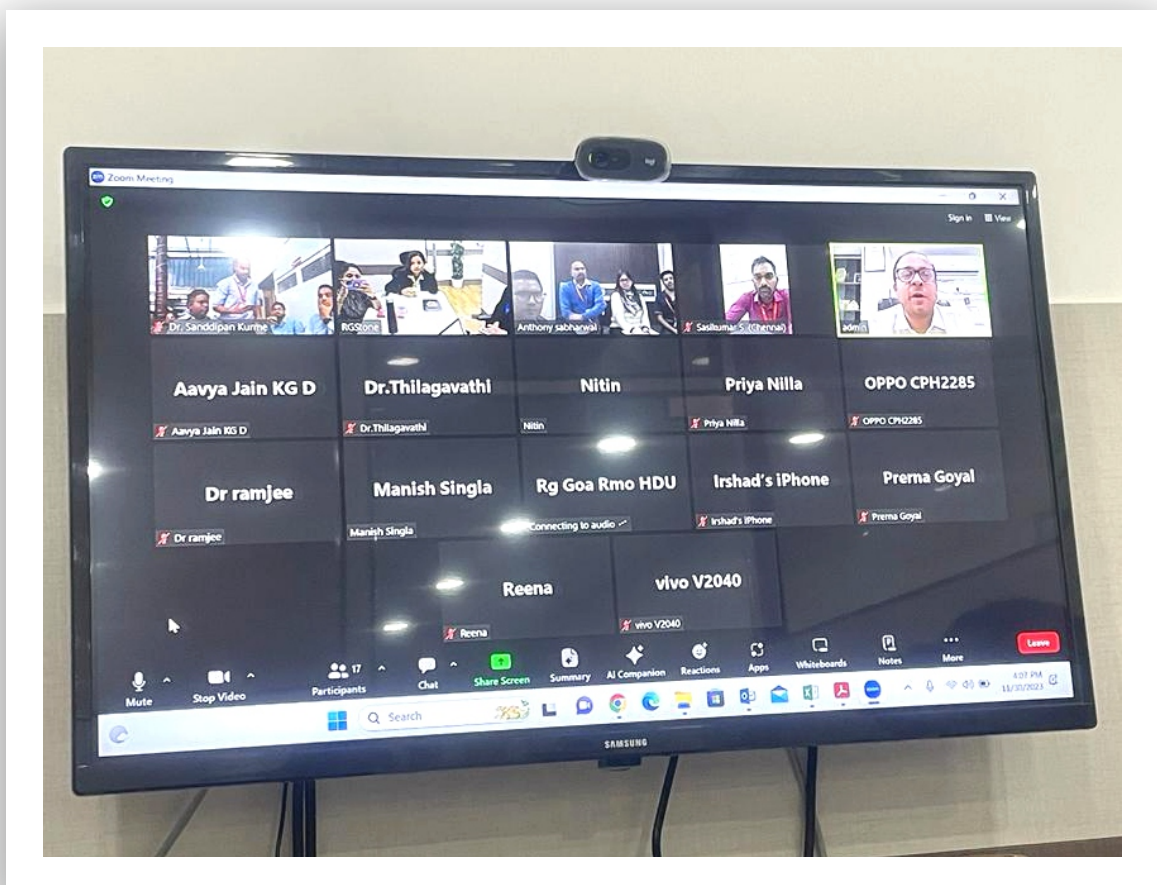
## CLOSING CEREMONY & DISTRIBUTION OF PRIZES





## November Is Observed As World Quality Month

In Light Of This, RG Hospitals Launched An Antimicrobial Stewardship Program, A Coordinated Effort Among Healthcare Professionals, Led By Dr. Marzook Shaikh – Sr. Consultant Microbiology Along With Clinicians, Laboratory, And Quality Teams.





## Winners Announcement – World Quality Month, November' 23

### Winners of “Quality Excellence Engagement Award”

1st Prize – RG Goa Rs 10,000

2nd Prize – RG Khar Rs 7,500

3rd Prize– RG Gagan Vihar Rs 5,000

### Winners of “Reel on World Quality Month”

1st Prize – RG Ludhiana Modeltown– Rs 5,100

2nd Prize –RG Khar Rs 3,100

3rd Prize – RG Rajouri Garden Rs 2,100

### Winners of “Case Study”

1st Prize–RG Goa Rs 5,100

2nd Prize– RG Gagan Vihar Rs 3,100

3rd Prize– RG Faridabad Rs 2,100

# OPERATIONAL EXCELLENCE

 **LUDHIANA, FEROZEPUR ROAD**

## JOURNEY OF 1ST PATIENT

The Progression Of Our Initial Patient's Experience At RG Hospitals, Ludhiana, Ferozepur Road, From The Registration Process To Admission, Undergoing Treatment, & Ultimately Being Discharged In A Stable And Satisfactory State, Accompanied By Positive Messages And Feedback For Our Team At RG Hospitals, Ludhiana.



# OPERATIONAL EXCELLENCE



## SKILL ENHANCEMENT WORKSHOP LAMP LIGHTING CEREMONY



## SKILL ENHANCEMENT WORKSHOP

Workshop On Skill Enhancement And Mind Conditioning Conducted By Mind Coach Ms. Shalini Vij In Khar.





# OPERATIONAL EXCELLENCE



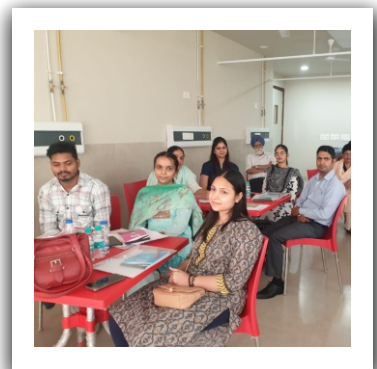
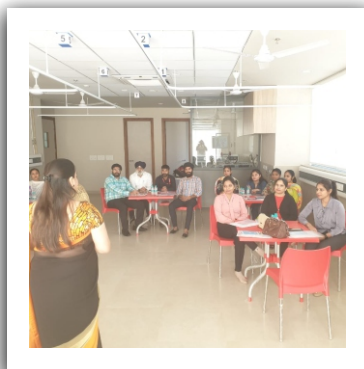
## SKILL ENHANCEMENT WORKSHOP

RG Hospitals, Kolkata Hosts A Skill Enhancement & Mind Conditioning Workshop, Guided By The Expertise Of Mind Coach Ms. Shalini Vij.



## SKILL ENHANCEMENT WORKSHOP

A Workshop Aimed At Enhancing Skills Took Place At RG Hospitals, Ludhiana, Ferozepur Road, Guided By The Expertise Of Mind Coach Ms. Shalini Vij.



# COMMUNITY CONNECT

 **LUDHIANA**

RG Hospitals, Ludhiana Takes Pride In Participating In India's Largest Anti-Drug Cycle Rally, Organized By Ludhiana Police In Memory Of Shaheed Sardar Kartar Singh Sarabha. The Rally Was Flagged Off By Shri Bhagwant Mann, The Hon'ble Chief Minister.

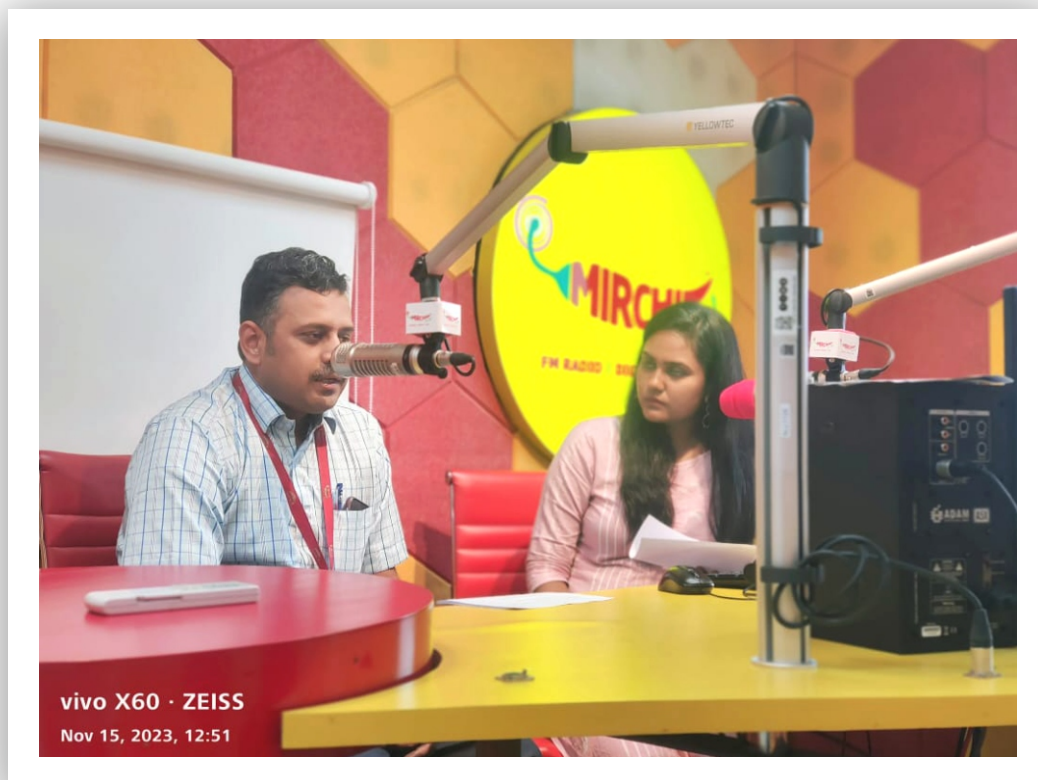




# COMMUNITY CONNECT

 **CHENNAI**

Dr. Arun Kumar K., A Senior Consultant Urologist, At RG Hospitals, Chennai Provided A Range Of Health Tips Concerning Kidney Stones And Prostate - Related Issues On Radio Mirchi 98.3FM In Chennai In November





# COMMUNITY CONNECT



Preserving Our Traditional Culture & Maintaining A Connection With Our Roots To Stand Proudly, RG Hospitals, Khar Hosted A Dahi Handi Celebration. The Victorious Team, Known As Khacharnath Mandal, Earned The Privilege To Smash The Handi.



The Celebration Of National Senior Citizen's Day At Mapusa (North Goa) Was A Collaborative Effort Between The North District Goa Police Department & RG Hospitals, Goa. RG Hospitals, Goa, Serving As A Crucial Medical Partner Of The Goa State Police, Offered Complimentary Health Check-Up Services To Senior Citizens. The Event Was Graced By The Presence Of Shri Dr. Pramod Sawant, The Honorable Chief Minister Of Goa, Who Was The Chief Guest. Other Distinguished Guests Included Mr. Jaspal Singh (DGP, Goa Police), Mr. Omvir Singh Bishnoi (IGP, Goa Police), Mr. Nidhin Valsan (SP North), & Mr. Jivaba Dalvi (DySP Mapusa) RG Goa Was Felicitated For Its Outstanding Community Services.





**On The Occasion of Independence Day, RG Hospitals, Goa Organized A Free Health Check-Up Camp As A Gesture Of Appreciation For Army Officers And Their Families. The Event Took Place At The Indian Army's Premium Training Facility, Specifically At The 6-Technical Training Regiment In North Goa. More Than 100 Officers Including Their Family Members Aailed Benefits And Recognised RG Goa's Efforts For A Healthy Community And Nation.**



# COMMUNITY CONNECT

 **EAST OF KAILASH**

RG Hospitals, East Of Kailash In Association With Le Rythme Rini Mukherjee Foundation & Ministry Of Culture Participated In A Two - Day Cultural Fiesta In CR Park, Kali Mandir. On The First Day - 23rd Of Dec Padmashree Shri Winner, Shri Anup Jalota Had A Live Concert, & Our Very Own Dr. Manish Singla - Sr. Consultant Urologist Was Felicitated. The Program Was Attended By More Than 800+ Visitors. On The Second Day Being The Eve Of Christmas RG Hospitals Organised A Free Medical Camp Which Was Highly Appreciated. The Event Was Attended By Shrimati Meenakshi Lekhi, Ministry Of State For External Affairs.





# COMMUNITY CONNECT

 **KHAR, MUMBAI**

## HEALTH CHECK-UP CAMP

On Sunday, December 24, 2023, A Health Check-Up Camp Was Conducted In Gundavali, Andheri East, At The Sai Parvati Society.



### Camp At PSOI Club Chanakya Puri With Sidhi Pragatisheel Samaj.



## LEADERSHIP IN HEALTHCARE

RG Hospitals, Was Once Again Felicitated With The Health Icon Award – Best Urology & Minimal Access Surgery Specialist Hospitals By Radio City 92.1 FM. Dr. Manoj Jain – Chief Urologist & Dr. Ramandeep Singh, Sr. Consultant – General & Laparoscopic Surgery Along With Mr. Sumit Bansal RG Hospitals, Gagan Vihar Unit Head – Received The Award Presented.





# CHRISTMAS CELEBRATION





# CHRISTMAS CELEBRATION



# CHRISTMAS CELEBRATION

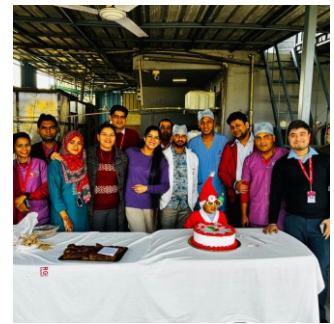


# CHRISTMAS CELEBRATION



# CHRISTMAS CELEBRATION

 **GAGAN VIHAR**

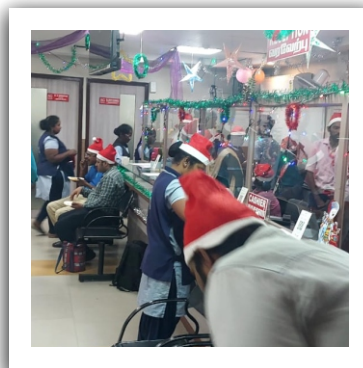




# CHRISTMAS CELEBRATION



# CHRISTMAS CELEBRATION



## OUR CENTRES

### DELHI - EAST OF KAILASH

F-12, East of Kailash,  
New Delhi-110065  
Ph.: 011-71056000  
Helpline: +91-9810026456

### DELHI - RAJOURI GARDEN

B-1, Vishal Enclave,  
Rajouri Garden, New Delhi-110027  
Ph.: 011-71058000  
Helpline: +91-9810026456

### DELHI - GAGAN VIHAR

18, Gagan Vihar Main,  
Delhi-110092  
Ph.: 011-71011000  
Helpline: +91-9810026456

### DELHI - PITAMPURA

194-195, Deepali Chowk,  
Pitampura, New Delhi-110034  
Ph.: 011-71057000  
Helpline: +91-9810026456

### DELHI - MODEL TOWN - ORC

B-12, Derawal Nagar,  
Model Town II, New Delhi 110009  
Ph.: 011-42430300  
Helpline: +91-9810026456

### DELHI - JANAKPURI - ORC

92A, Major P. Srikumar Marg,  
Block C2B, Janakpuri-110058  
Ph.: 011-49865868  
Helpline: +91-9810026456

### NOIDA - ORC

D-82A, D-Block, Sector-26,  
Maharaja Agrasen Marg,  
Noida -201301  
Helpline: 9810026456

### FARIDABAD

A-6, Nehru Ground, Neelam  
Bata Road, N.I.T Faridabad-121001  
Ph.: 0129-4184000  
Helpline: +91-9810026456

### LUDHIANA-MODEL TOWN

510-L, Model Town,  
Ludhiana-141002  
Ph.: +91-161-4618585  
Helpline: +91-9876910000

### LUDHIANA - FEROZEPUR ROAD

OPP. GRAND WALK MALL,  
MAIN FEROZEPUR ROAD,  
LUDHIANA, PUNJAB-141012  
PH.: 0161-5130000  
HELPLINE: 9718778877

### MUMBAI - KHAR

Ahimsa Marg, 14-A Road,  
Khar (West), Mumbai-400052  
Ph.: 022-61463500  
Helpline: +91-9322653838

### MUMBAI - MULUND

C/O Hira Mongi Navneet Hospital,  
Valiji Ladha Road, Mulund (West),  
Mumbai 400080  
Ph.: 022 25675012/14  
Helpline: +91-8657914852/53

### GOA

CVC Centre, Plot No. 217-218,  
PDA Colony, Bardez, Alto  
Porvorim, Bardez, Goa-403521  
Tel: 0832-6640664  
Helpline: +91-9552558899

### KOLKATA

33, Orbit Heights, Gariahat  
Road South, Opp. Jodhpur Park,  
Kolkata 700031  
Ph.: 033-40271000  
Helpline: +91-8697000002

### CHENNAI

391- 392, Anna Salai, Saidapet,  
Near Saidapet Metro Station,  
Chennai-600015  
Ph.: 044-43993600  
Helpline: +91-9962860000

## OUR SPECIALITIES

### Urology

- Urinary / Kidney Stone
- Enlarged Prostate (BPH)
- Ureteric Stricture
- Urethral Stricture
- Erectile Dysfunction
- Male Infertility

### Urological Malignancies

- Kidney Cancer
- Prostate Cancer
- Urinary Bladder Cancer

### Bariatric Surgery

- Obesity/Metabolic Syndrome
- Uncontrolled Diabetes

### Minimally Invasive Surgery

- Gall Bladder Stone
- Hernia Repair
- Appendicitis
- Piles
- Varicose Veins

### Gynaecology

- Uterine Fibroids
- Uterus Prolapse
- Ovarian Cysts
- Endometriosis
- Ectopic Pregnancy
- Female Infertility
- Sterilization
- Cosmetic Gynaecology

### Robotic & NexGen Surgery

- General Procedures
- Urology Procedures
- Gynaecology Procedures
- Colorectal & Upper GI Procedures
- Bariatric Procedures
- RAMS™  
(Robot Assisted Metabolic Surgery)

### Female Urology

- Female Urinary Incontinence
- Vesico Vaginal Fistula
- Overactive Bladder
- Post Delivery Urinary Problems
- Interstitial Cystitis
- Voiding Difficulty
- Urinary Tract Infections
- Painful Bladder Syndrome
- Neurogenic Bladder
- Female Sexual Dysfunction