

MONTHLY NEWSLETTER

RG Hospitals RG Urology & Laparoscopy Hospital **Short Stay • Smart Surgeries**

CLINICAL EXCELLENCE



In A Demonstration Of Clinical Excellence At RG Hospital, Kolkata, A 43-Year-Old Patient Was Presented With Abdominal Swelling, Lower Abdominal Heaviness, & Urinary Urgency. Thorough Examination & Comprehensive Imaging Studies Revealed The Presence Of A Substantial Cervical Fibroid. To Address This Medical Concern, Dr. Sudeshna Saha, Consultant Gynecology, & Dr. Rajarshi Bhattacharyya, Consultant Anesthesia, Collaborated Seamlessly To Perform A Myomectomy Followed By Total Abdominal Hysterectomy & Bilateral Salpingo-Oophorectomy. The Surgical Intervention Resulted In The Successful Resection Of A Sizable 2.45 Kg Myoma. Post-Operatively, The Patient Remained Stable, And The Entire Procedure Transpired Without Any Untoward Events.





CLINICAL EXCELLENCE



RG HOSPITAL KOLKATA - INSTITUTE OF COLORECTAL SCIENCES

At RG Hospital, Kolkata, Renowned For Its Institute Of Colorectal Sciences, Dr. Azhar Alam Successfully Performed A Single-Session Advanced Laser Procedure To Address A Recurrent Complex Ano-Scrotal Fistula Previously Treated Elsewhere. Achieving A Complete Cure, This Intervention Underscores Our Commitment To Excellence In Colorectal Surgery.

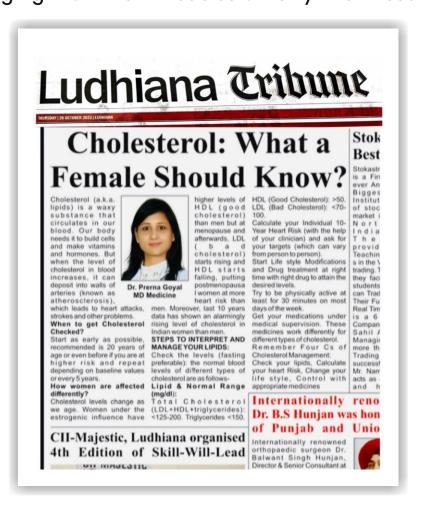




ARTICLE BY DR. PRERNA GOYAL



Dr. Prerna Goyal's Expert Insights Were Prominently Highlighted In The Ludhiana Tribune On October 26, 2023, Where She Addressed The Critical Subject Of Female Heart Health. Additionally, On October 31, 2023, Her Expertise Took Center Stage In The Pages Of The Ludhiana Bhaskar, Shedding Light On The Intricacies Of Fatty Liver Disease.





HERNIA TREATMENT



In An Informative Article Featured In The Hindustan Times - Ludhiana, Dr. Mudit Kumar, Senior Consultant In Laparoscopic & General Surgery At RG Hospital, Ludhiana, Delves Into Comprehensive Insights On Hernia Treatment. As An Integral Component Of The Hernia Awareness Campaign Throughout The Month Of June, Dr. Kumar Sheds Light On Essential Aspects Surrounding Hernia, Providing Readers With A Nuanced Understanding Of Its Treatment Modalities. This Professional Discourse Aims To Equip Individuals With The Knowledge Needed To Make Informed Decisions About Their Health, Underlining RG Hospital, Ludhiana's Commitment To Fostering Awareness & Facilitating Expert-Driven Healthcare In The Community.



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Hernia treatment: All you need to know





RG Hospital, Kolkata Recently Conducted A Continuing Medical Education (CME) Program Focusing On The "Recent Advances In Abdominal Wall Hernia," Led By Dr. Debashis Deb, Senior Consultant In Surgery. The Event Got Significant Participation, With Over 47 Consultant Doctors In Attendance. This Initiative Reflects RG Hospital, Kolkata's Commitment To Fostering Academic Excellence & Providing A Platform For Healthcare Professionals To Stay Abreast Of The Latest Advancements In The Field Of Abdominal Surgery.





RG Hospital, Goa Achieved Academic Excellence With A Noteworthy Health Talk At Goa University, Taleigao. Dr. Sarang Kanekar, Consultant In Urology, Delivered An Informative Session On Maintaining Healthy Kidneys. The Event Got A Positive Response, Drawing Participation From Over 50 Senior And Junior Employees Of Goa University.





RG Hospital, Kolkata, In Collaboration With Srishti Infertility Clinic, Successfully Organized A Hysteroscopy Masterclass – Live Workshop On July 9, 2023. This Event Featured Fifteen Hysteroscopy Procedures Led By The Esteemed Gynaecologist & President Of The Indian Association Of Gynaecological Endoscopists, Dr. S. Krishna Kumar,In Conjunction With Dr. Rohan Krishna Kumar & Dr. Milind Telang. 240+ Doctors From Various Locations Attended The Program. The Live Surgeries Were Broadcasted To A Conference Room At South City Mall, Kolkata, & A Youtube Link Was Provided To Doctors Associated With RG Hospital Who Were Unable To Attend The Event In Person. The Initiative Aimed At Facilitating Knowledge Exchange & Professional Development In The Field Of Gynaecological Endoscopy.





ANDROCON - 2023

The Annual Congress Of The Andrology Section Of The Urological Society Of India (USI), Convened In Delhi, Featured The Active Participation Of Dr. Arun Kumar K, Senior Consultant In Urology At RG Hospital, Chennai. Dr. Kumar Engaged In A Compelling Debate Centered Around The Critical Theme Of Varicocele – The Need For Varicocele Repair In A Patient With Normal Fertility Evaluation. This Insightful Discourse Contributed To The Academic Exchange & Advancements Within The Field Of Andrology At The Esteemed Congress.





The Medical Conference Organized By The Mira Bhayandar Homeopathic Integrated Medical Practitioners Association Took Place At The GCC Club-Mira Bhayandar On October 29, 2023. Notably, RG Hospital, Khar Participated In The Event.



OPERATIONAL EXCELLENCE

RG Hospitals Successfully Conducted A Skill Enhancement & Mind Conditioning Workshop With Ms. Shalini Vij- Mind Coach (Sculpting Mentors) At RG East Of Kailash, RG Gagan Vihar, RG Faridabad & RG Noida. A Total Of 66 Team Members From All 4 Branches Took Part In This Program Over 4 Weeks. Mr. Avinash Ojha- MD & CEO Attended All Four Days Of The Certification Ceremony For The Four Batches And Had An Interactive Session With All The Participants.



OPERATIONAL EXCELLENCE-TRAINING & DEVELOPMENT

PRG CHENNAL

RG Chennai-Successfully Completed The 4 Week Certificate Training Program-Skill Enhancement And Mind Conditioning Workshop By Mind Coach-Ms. Shalini Vij Dr. Arun Kumar, Dr. R. Veerappan & Dr. Anandh Balaji Attended The Certificate Distribution Ceremony Along With Ms Anju Bakshi & Mr. Sachin K Singh. The Doctors Congratulated All Participants & Also Shared Their Views On The Overall Improvement In Performance, Dedication Towards Work, & Service Delivery They Have Seen In The Past 4 Weeks. They Also Appreciated Ms. Shalini For All Her Efforts Towards The Success Of The Course. The Final Day Also Included The Address By Our MD & CEO Mr. Avinash Ojha. In The Interactive Session With The Participants, He Extended Congratulations To RG Chennai Team, OE Team & Ms. Vij For All Their Hardwork & Team Spirit!!



OPERATIONAL EXCELLENCE

The Operational Excellence Team (OE) Initiated A Drive For Safe Peripheral Line Insertion And Its Maintenance At Pan India Level With A Campaign "save The Line"



OPERATIONAL EXCELLENCE-TRAINING & DEVELOPMENT



OPERATIONAL EXCELLENCE - TRAINING & DEVELOPMENT AT RG HOSPITAL, KOLKATA

We Take Immense Pride In Presenting The CommencementOf The Skill Enhancement & Mind Conditioning Workshop At RG Hospital, Kolkata. The Event Was Inaugurated With The Traditional Lamp Lighting Ceremony, Led By Sr. Consultant Radiologist Dr. Girija R Varier & Mind Coach Ms. Shalini Vij. In The Presence Of SBU Head Mr. Sasanka Das & Ms. Ginni Sapra From The OE Team. Over The Span Of Four Weeks, Four Batches From RG Hospital, Kolkata Actively Engaged In A Comprehensive Training & Certification Program, Reflecting Our Steadfast Commitment To Operational Excellence & Continuous Professional Development.





PUBLIC AWARENESS CAMPAIGN: FOCUSING ON FATTY LIVER DISEASE

RG Hospital, Ludhiana, In Collaboration With INASL (Indian Association For The Study Of Liver), Organized A Patient Awareness Initiative Dedicated To Fatty Liver Disease. This Event, Held In Honor Of INTERNATIONAL FATTY LIVER DAY, Was Conducted Under The Esteemed Guidance Of Chairman Dr. Chanbir Singh & Senior Consultant Physician Dr. Prerna Goyal.

Fatty Liver Disease Stands As The Foremost Cause Of Liver Failure & Necessitates Liver Transplantation Globally. Its Prevalence Is Escalating, Particularly In South Asian Countries. In Alignment With A Global Initiative. This Campaign Aimed To Enlighten Individuals About The Significance Of Early Detection & Intervention During The Initial Stages Of The Disease.

To Implement A Targeted Strategy, The Campaign Incorporated The Utilization Of "Transient Elastography (Fibroscan)" Tests For Individuals Diagnosed With Fatty Liver Disease. Fibroscan, Though An Underutilized Diagnostic Modality Due To Its Cost, Serves As A Comprehensive Tool Providing Precise Insights Into Liver Damage (Fibrosis) & Liver Fat Content (Steatosis).

Dr. Omesh Goyal, DM Gastroenterology, Professor In The Department Of Gastroenterology At DMC Hospital, Graced The Occasion As A Guest Faculty. His Expertise Delved Into An In-Depth Exploration Of Fatty Liver Issues, Elucidating Complications Such As Cirrhosis And Liver Cancer.

This Initiative Underscores The Commitment Of RG Hospital & INASL To Proactively Address The Rising Prevalence Of Fatty Liver Disease, Emphasizing The Importance Of Early Diagnosis & Informed Healthcare Decisions For Better Patient Outcomes.





RG Hospital, Goa In Collaboration With Sarthak Foundation & BJS Goa, Proudly Organized A Blood Donation Camp On The 18th Of June In Commemoration Of World Blood Donor Day. This Event Aimed To Foster Community Engagement & Contribute To The Noble Cause Of Blood Donation. With Over 40 Individuals Actively Participating, The Camp Witnessed A Successful Registration And Blood Donation Drive.





To Enhance Public Awareness Surrounding Urinary Incontinence,

Dr. Arun Kumar K, Senior Consultant & Head Of Urology At RG Hospital, Chennai, Spearheaded A Comprehensive Screening Initiative. The Event Held From June 23 To June 29, Provided A Crucial Platform To Address & Educate The Community About This Prevalent Urological Concern. Hosted At PVR Cinemas In Chennai, The Campaign Aimed To Shed Light On The Nuances Of Urinary Incontinence, Offering Valuable Insights & Expert Guidance To Those In Attendance. This Concerted Effort Exemplifies RG Hospital's Commitment To Community Health And Education, Contributing To A More Informed And Empowered Society.





In A Concerted Effort To Foster Community Well-Being, RG Hospital, With Its Branches In Noida & East Of Kailash, Recently Participated In The "Hello Jagran" Initiative, Organized By Dainik Jagran Newspaper. As Part Of This Initiative, Over 40 Patients Were Provided With Complimentary Telephonic Consultations With Our Esteemed Urology Consultants At The East Of Kailash Facility. The Consultations Addressed A Spectrum Of Urological Concerns, Including Kidney, Prostate, & Various Other Urinary Issues. We Are Pleased To Share The Coverage Of This Impactful Event In The Dainik Jagran.



OPERATIONAL EXCELLENCE

RG Hospitals Ranked among Top National Single Speciality Hospitals in the Times of India List.

Nephrology National Single Speciality Hospitals

RG Pitampura

RG Rajouri garden

RG Faridabad

RG Clinic - Model Town

Urology National Single Speciality Hospitals

RG East of kailash

RG Rajouri garden

RG Clinic Model Town

RG Gagan Vihar

RG Faridabad

RG Pitampura





HEALTH CHECK-UP CAMP

A Health Camp Was Successfully Conducted In Kolkata, Providing A Platform For Comprehensive Healthcare Services. The Event Facilitated The Delivery Of Essential Medical Screenings, Consultations, And Health Awareness Initiatives, Thereby Contributing To The Enhancement Of Community Well-Being.





HEALTH CHECK-UP CAMP

RG Hospital Conducted A Free Health Camp At Sri Guru Singh Sabha In Rajouri Garden, Offering Organized And Comprehensive Health Services. The Event Successfully Took Place, Providing Valuable Healthcare Resources And Services To The Community.





CAMP & AWARENESS PROGRAM

An Impactful Campaign And Awareness Program Recently Transpired At The Esteemed Jadavpur University In Kolkata. The Initiative Aimed To Create A Significant Presence, Fostering Awareness And Engagement In A Professional And Influential Manner.



AYUDHA PUJA CELEBRATION



The Ayudha Puja Celebration Took Place At The Chennai Branch On October 21, 2023. The Event Marked A Significant Observance, Symbolizing Reverence For Tools, Instruments, And Machinery Integral To Our Professional Endeavors. In An Atmosphere Of Cultural Significance, Employees Participated In The Ritual, Acknowledging The Indispensable Role Of Equipment In Our Daily Operations.



DUSSEHRA CELEBRATION



The Commemoration Of Dussehra Unfolded At RG Hospital, Khar Marking A Momentous Celebration. The Event Was A Testament To The Vibrant Cultural Spirit And Harmonious Festivities Observed At The Institution.



LAXMI PUJA CELEBRATION





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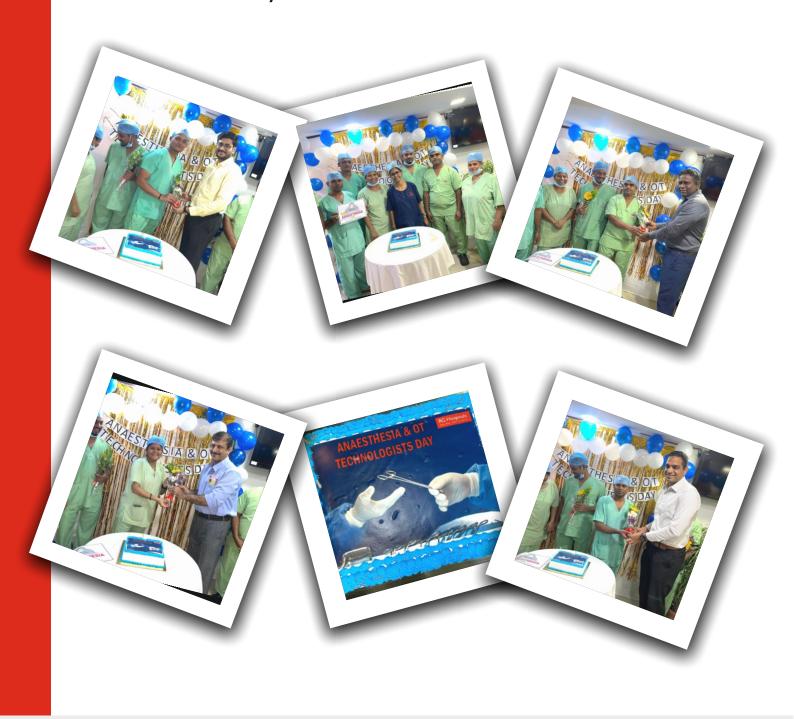




NATIONAL ANAESTHESIA & OT TECHNOLOGISTS DAY

WAR

Recognizing The Invaluable Contributions Of National Anaesthesia & OT Technologists, RG Hospital, Khar Acknowledges And Honors Their Dedication On This Special Day. Their Expertise & Commitment Play A Crucial Role In Ensuring Excellence In Patient Care Within Our Medical Facility.



NATIONAL ANAESTHESIA & OT TECHNOLOGISTS DAY

WATA

In Observance Of National Anaesthesia And OT Technologists Day, RG Hospital, Kolkata Acknowledges And Appreciates The Invaluable Contributions Of Anaesthesia & Operating Theatre Technologists In Upholding The Highest Standards Of Patient Care & Surgical Excellence.



NATIONAL ANAESTHESIA & OT TECHNOLOGISTS DAY

CHENNAI

In Observance Of National Anaesthesia And OT Technologists Day, RG Hospital, Chennai Extends Heartfelt Appreciation To The Dedicated Professionals In Our Team, Whose Unwavering Commitment Plays A Crucial Role In Ensuring The Highest Standards Of Patient Care And Safety Within Our Operating Theatre



INTERNATIONAL YOGA DAY



In Celebration Of International Yoga Day, RG Hospital, Khar Organized A Rejuvenating Yoga Session At Shankar Mandir Hall In Khar Danda. The Event, Organized, Brought Together Team Members & Devoted Individuals Under The Expert Guidance Of Yoga Teacher, Ms. Yogini Kajal. The Session, Conducted With Professionalism & Precision, Embraced The Theme Of "Yoga For Vasudhaiva Kutumbakam," Emphasizing The Universal Philosophy Of The World As One Family.



#YogaFor-VasudhaivaKutumbakam

"PATIENT SAFETY DAY"

Patient Safety Day Was Observed Seamlessly Across All Units, Reinforcinfg Our Commitment To Prioritizing And Enhancing Patient Safety Throughout Our Healthcare Facilities. The Event Unfolded Successfully, Reflecting Our Unwavering Dedication To Ensuring The Highest Standards Of Care.





OUR CENTRES

DELHI - EAST OF KAILASH

F-12, East of Kailash, New Delhi-110065 Ph.: 011-71056000 Helpline: +91-9810026456

DELHI - PITAMPURA

194-195, Deepali Chowk, Pitampura, New Delhi-110034 Ph.: 011-71057000 Helpline: +91-9810026456

NOIDA - ORC

D-82A, D-Block, Sector-26, Maharaja Agrasen Marg, Noida -201301 Helpline: 9810026456

LUDHIANA - FEROZEPUR ROAD

OPP. GRAND WALK MALL, MAIN FEROZEPUR ROAD. LUDHIANA, PUNJAB-141012 PH.: 0161-5130000 HELPLINE: 9718778877

GOA

CVC Centre, Plot No. 217-218, PDA Colony, Bardez, Alto Porvorim, Bardez, Goa-403521 Tel: 0832-6640664 Helpline: +91-9552558899

DELHI - RAJOURI GARDEN

B-1, Vishal Enclave, Rajouri Garden, New Delhi-110027 Ph.: 011-71058000 Helpline: +91-9810026456

DELHI - MODEL TOWN - ORC

B-12, Derawal Nagar, Model Town II, New Delhi 110009 Ph.: 011-42430300 Helpline: +91-9810026456

FARIDABAD

A-6, Nehru Ground, Neelam Bata Road, N.I.T Faridabad-121001 Ph.: 0129-4184000 Helpline: +91-9810026456

MUMBAI - KHAR

Ahimsa Marg, 14-A Road, Khar (West), Mumbai-400052 Ph.: 022-61463500 Helpline: +91-9167463500

KOLKATA

33, Orbit Heights, Gariahat Road South, Opp. Jodhpur Park, Kolkata 700031 Ph.: 033-40271000 Helpline: +91-8697000002

DELHI - GAGAN VIHAR

18, Gagan Vihar Main, Delhi-110092 Ph.: 011-71011000 Helpline: +91-9810026456

DELHI - JANAKPURI - ORC

92A, Major P. Srikumar Marg, Block C2B, Janakpuri-110058 Ph.: 011-49865868 Helpline: +91-9810026456

LUDHIANA-MODEL TOWN

510-L, Model Town, Ludhiana-141002 Ph.: +91-161-4618585 Helpline:+91-9876910000

MUMBAI - MULUND

C/O Hira Mongi Navneet Hospital, Valiji Ladha Road, Mulund (West), Mumbai 400080 Ph.: 022 25675012/14 Helpline: +91-9322653838

CHENNAI

391-392, Anna Salai, Saidapet, Near Saidapet Metro Station, Chennai-600015 Ph.: 044-43993600 Helpline: +91-9962860000

RG Hospitals RG Urology & Laparoscopy Hospital Short Stay • Smart Surgeries

Simplifying Surgeries



OUR SPECIALITIES

Urology

- Urinary / Kidney Stone
- Enlarged Prostate (BPH)
- Ureteric Stricture
- Urethral Stricture
- Erectile Dysfunction
- Male Infertility

Gynaecology

- Uterine Fibroids
- Uterus Prolapse
- Ovarian Cysts
- Endometriosis
- Ectopic Pregnancy
- Female Infertility
- Sterilization
- Cosmetic Gynaecology

Urological Malignancies

- Kidney Cancer
- Prostate Cancer
- Urinary Bladder Cancer

Bariatric Surgery

- Obesity/Metabolic Syndrome
- Uncontrolled Diabetes

Robotic & Next-Gen Surgery

- General Procedures
- Urology Procedures
- Gynaecology Procedures
- Colorectal & Upper GI Procedures
- Bariatric Procedures
- RAMS[™]
 (Robot Assisted Metabolic Surgery)

Minimally Invasive Surgery

- Gall Bladder Stone
- Hernia Repair
- Appendicitis
- Piles
- Varicose Veins

Female Urology

- Female Urinary Incontinence
- Vesico Vaginal Fistula
- Overactive Bladder
- Post Delivery Urinary Problems
- Interstitial Cystitis
- Voiding Difficulty
- Urinary Tract Infections
- Painful Bladder Syndrome
- Neurogenic Bladder
- Female Sexual Dysfunction

RG Hospitals[®]

Short Stay • Smart Surgeries

RG Stone

Urology & Laparoscopy Hospital®
Simplifying Surgeries