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JUNE



MONTHLY NEWSLETTER

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WELCOME NOTE

ADVANCED

GYNAECOLOGY CARE

WITH EXPERTISE & COMPASSION

RG HOSPITALS
WELCOMES
DR. JAHNAVI CHANDRASEKAR

DR. JAHNAVI CHANDRASEKAR
MBBS, DNB, MS, FRM, FMIGS, CIMP, CCGDM
CONSULTANT - GYNAECOLOGY

TO BOOK APPOINTMENT
72 0200 0200

RG Hospitals
Specialties • 24x7 Emergency

RG Urinary & Laparoscopic Hospital
Specialties • 24x7 Emergency

RG HOSPITALS, CHENNAI

DELHI • MUMBAI • FARIDABAD • NAGPUR • CHENNAI • ATLANTA • DUBAI • LONDON • CHICAGO

RG Hospitals is pleased to Welcome **Dr. Jahnavi Chandrasekar** to Team RG As Consultant – Gynaecology, at RG Hospitals, Chennai

Jan Vishesh

ਆਰਜੀ ਹੋਸਪਿਟਲਸ, ਲੁਧਿਆਨਾ ਨੇ ਪ੍ਰਤਿਬੱਧ ਮਿਸ਼ਨ ਸਵਾਸਥ ਕਾਵਚ ਮੈਂ ਲਿਆ ਹਿੱਸਾ

ਲੁਧਿਆਨਾ (ਜਸ ਕਮਿਊਨਿਕੇਸ਼ਨ) : ਨਿਵਾਰਕ ਸਵਾਸਥ ਸੇਵਾ ਅਤੇ ਸਮੁਦਾਏ ਦੀ ਸਿਹਤ ਦੀ ਖੇਤਰੀ ਦੇ ਲੋਕਾਂ ਅਤੇ ਸਮਾਜ ਦੀ ਸਹੂਲਤ ਕਰਨ ਲਈ ਆਰਜੀ ਹੋਸਪਿਟਲਸ, ਲੁਧਿਆਨਾ (ਫਿਰੋਜ਼ਪੁਰ ਰੋਡ) ਨੇ ਮਿਸ਼ਨ ਸਵਾਸਥ ਕਾਵਚ ਮੈਂ ਲਿਆ ਹਿੱਸਾ ਹੈ। ਮਿਸ਼ਨ ਸਵਾਸਥ ਕਾਵਚ ਇੱਕ ਸਾਮਾਜਿਕ ਸਵਾਸਥ ਯੋਜਨਾ ਹੈ ਜਿਸਦਾ ਉਦੇਸ਼ ਸਿਹਤ ਸੁਰੱਖਿਆ ਅਤੇ ਭਵਿੱਖੀ ਖਰਚੇ ਨੂੰ ਘਟਾਉਣਾ ਹੈ।



ਲੁਧਿਆਨਾ ਦੇ ਸਮਾਜਿਕ ਸਿਹਤ ਸੁਰੱਖਿਆ ਮੈਂਬਰਾਂ ਨੇ ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਆਰਜੀ ਹੋਸਪਿਟਲਸ ਦੇ ਮੈਨੇਜਿੰਗ ਡਾਇਰੈਕਟਰ ਡਾ. ਹਿਮਾਂਸ਼ੂ ਜੀਨ ਅਤੇ ਹੋਰ ਡਾਕਟਰਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਆਰਜੀ ਹੋਸਪਿਟਲਸ ਦੇ ਮੈਨੇਜਿੰਗ ਡਾਇਰੈਕਟਰ ਡਾ. ਹਿਮਾਂਸ਼ੂ ਜੀਨ ਅਤੇ ਹੋਰ ਡਾਕਟਰਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਆਰਜੀ ਹੋਸਪਿਟਲਸ ਦੇ ਮੈਨੇਜਿੰਗ ਡਾਇਰੈਕਟਰ ਡਾ. ਹਿਮਾਂਸ਼ੂ ਜੀਨ ਅਤੇ ਹੋਰ ਡਾਕਟਰਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ।

Punjab Kesari

ਆਰਜੀ ਹੋਸਪਿਟਲਸ, ਲੁਧਿਆਨਾ ਨੇ ਪ੍ਰਤਿਬੱਧ ਮਿਸ਼ਨ ਸਵਾਸਥ ਕਾਵਚ ਮੈਂ ਲਿਆ ਹਿੱਸਾ

ਲੁਧਿਆਨਾ, 14 ਫਰਵਰੀ (ਬੀ.ਐੱਨ. 1402) : ਨਿਵਾਰਕ ਸਵਾਸਥ ਸੇਵਾ ਅਤੇ ਸਮੁਦਾਏ ਦੀ ਸਿਹਤ ਦੀ ਖੇਤਰੀ ਦੇ ਲੋਕਾਂ ਅਤੇ ਸਮਾਜ ਦੀ ਸਹੂਲਤ ਕਰਨ ਲਈ ਆਰਜੀ ਹੋਸਪਿਟਲਸ, ਲੁਧਿਆਨਾ (ਫਿਰੋਜ਼ਪੁਰ ਰੋਡ) ਨੇ ਮਿਸ਼ਨ ਸਵਾਸਥ ਕਾਵਚ ਮੈਂ ਲਿਆ ਹਿੱਸਾ ਹੈ। ਮਿਸ਼ਨ ਸਵਾਸਥ ਕਾਵਚ ਇੱਕ ਸਾਮਾਜਿਕ ਸਵਾਸਥ ਯੋਜਨਾ ਹੈ ਜਿਸਦਾ ਉਦੇਸ਼ ਸਿਹਤ ਸੁਰੱਖਿਆ ਅਤੇ ਭਵਿੱਖੀ ਖਰਚੇ ਨੂੰ ਘਟਾਉਣਾ ਹੈ।

ਲੁਧਿਆਨਾ ਦੇ ਸਮਾਜਿਕ ਸਿਹਤ ਸੁਰੱਖਿਆ ਮੈਂਬਰਾਂ ਨੇ ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਆਰਜੀ ਹੋਸਪਿਟਲਸ ਦੇ ਮੈਨੇਜਿੰਗ ਡਾਇਰੈਕਟਰ ਡਾ. ਹਿਮਾਂਸ਼ੂ ਜੀਨ ਅਤੇ ਹੋਰ ਡਾਕਟਰਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਆਰਜੀ ਹੋਸਪਿਟਲਸ ਦੇ ਮੈਨੇਜਿੰਗ ਡਾਇਰੈਕਟਰ ਡਾ. ਹਿਮਾਂਸ਼ੂ ਜੀਨ ਅਤੇ ਹੋਰ ਡਾਕਟਰਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਆਰਜੀ ਹੋਸਪਿਟਲਸ ਦੇ ਮੈਨੇਜਿੰਗ ਡਾਇਰੈਕਟਰ ਡਾ. ਹਿਮਾਂਸ਼ੂ ਜੀਨ ਅਤੇ ਹੋਰ ਡਾਕਟਰਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ।

Punjab Times

ਆਰਜੀ ਹਸਪਤਾਲ, ਲੁਧਿਆਣਾ ਨੇ ਮਿਸ਼ਨ ਸਵਾਸਥ ਕਵਚ ਮੁਹਿੰਮ ਵਿੱਚ ਲਿਆ ਹਿੱਸਾ



ਲੁਧਿਆਣਾ, 13 ਫਰਵਰੀ (ਆਰ.ਐੱਸ. ਸਿੰਘ) : ਨਿਵਾਰਕ ਸਵਾਸਥ ਸੇਵਾ ਅਤੇ ਸਮੁਦਾਏ ਦੀ ਸਿਹਤ ਦੀ ਖੇਤਰੀ ਦੇ ਲੋਕਾਂ ਅਤੇ ਸਮਾਜ ਦੀ ਸਹੂਲਤ ਕਰਨ ਲਈ ਆਰਜੀ ਹੋਸਪਿਟਲਸ, ਲੁਧਿਆਣਾ (ਫਿਰੋਜ਼ਪੁਰ ਰੋਡ) ਨੇ ਮਿਸ਼ਨ ਸਵਾਸਥ ਕਾਵਚ ਮੈਂ ਲਿਆ ਹਿੱਸਾ ਹੈ। ਮਿਸ਼ਨ ਸਵਾਸਥ ਕਾਵਚ ਇੱਕ ਸਾਮਾਜਿਕ ਸਵਾਸਥ ਯੋਜਨਾ ਹੈ ਜਿਸਦਾ ਉਦੇਸ਼ ਸਿਹਤ ਸੁਰੱਖਿਆ ਅਤੇ ਭਵਿੱਖੀ ਖਰਚੇ ਨੂੰ ਘਟਾਉਣਾ ਹੈ।

ਲੁਧਿਆਣਾ ਦੇ ਸਮਾਜਿਕ ਸਿਹਤ ਸੁਰੱਖਿਆ ਮੈਂਬਰਾਂ ਨੇ ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਆਰਜੀ ਹੋਸਪਿਟਲਸ ਦੇ ਮੈਨੇਜਿੰਗ ਡਾਇਰੈਕਟਰ ਡਾ. ਹਿਮਾਂਸ਼ੂ ਜੀਨ ਅਤੇ ਹੋਰ ਡਾਕਟਰਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਆਰਜੀ ਹੋਸਪਿਟਲਸ ਦੇ ਮੈਨੇਜਿੰਗ ਡਾਇਰੈਕਟਰ ਡਾ. ਹਿਮਾਂਸ਼ੂ ਜੀਨ ਅਤੇ ਹੋਰ ਡਾਕਟਰਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਆਰਜੀ ਹੋਸਪਿਟਲਸ ਦੇ ਮੈਨੇਜਿੰਗ ਡਾਇਰੈਕਟਰ ਡਾ. ਹਿਮਾਂਸ਼ੂ ਜੀਨ ਅਤੇ ਹੋਰ ਡਾਕਟਰਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ।

Nawan Zamana

ਆਰਜੀ ਹਸਪਤਾਲ ਲੁਧਿਆਣਾ ਨੇ ਮਿਸ਼ਨ ਸਵਾਸਥ ਕਵਚ ਮੁਹਿੰਮ 'ਚ ਲਿਆ ਹਿੱਸਾ

ਲੁਧਿਆਣਾ : ਆਰਜੀ ਹਸਪਤਾਲ, ਲੁਧਿਆਣਾ (ਫਿਰੋਜ਼ਪੁਰ ਰੋਡ) ਨੇ ਮਿਸ਼ਨ ਸਵਾਸਥ ਕਵਚ ਵਿੱਚ ਹਿੱਸਾ ਲਿਆ ਹੈ। ਮਿਸ਼ਨ ਸਵਾਸਥ ਕਵਚ ਇੱਕ ਜਨ ਸਿਹਤ ਜਾਗਰੂਕਤਾ ਮੁਹਿੰਮ ਹੈ, ਜਿਸ ਦਾ ਮਕਸਦ ਨਿਯਮਿਤ ਸਿਹਤ ਜਾਂਚ ਰਾਹੀਂ ਬਿਮਾਰੀਆਂ ਦਾ ਜਲਦੀ ਪਤਾ ਲਗਾਉਣ ਲਈ ਲੋਕਾਂ ਨੂੰ ਪ੍ਰੇਰਿਤ ਕਰਨਾ ਹੈ, ਜਿਸ ਵਿੱਚ ਡਾ. ਹਿਮਾਂਸ਼ੂ ਜੀਨ ਅਤੇ ਹੋਰ ਡਾਕਟਰਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਆਰਜੀ ਹੋਸਪਿਟਲਸ ਦੇ ਮੈਨੇਜਿੰਗ ਡਾਇਰੈਕਟਰ ਡਾ. ਹਿਮਾਂਸ਼ੂ ਜੀਨ ਅਤੇ ਹੋਰ ਡਾਕਟਰਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਆਰਜੀ ਹੋਸਪਿਟਲਸ ਦੇ ਮੈਨੇਜਿੰਗ ਡਾਇਰੈਕਟਰ ਡਾ. ਹਿਮਾਂਸ਼ੂ ਜੀਨ ਅਤੇ ਹੋਰ ਡਾਕਟਰਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ।

Punjab Express

RG Hospitals, Ludhiana joins prestigious "Mission Swasth Kavach" initiative

LUDHIANA: Strengthening its commitment to preventive healthcare and community well-being, RG Hospitals, Ludhiana (Ferozepur Road), became part of "Mission SwasthKavach", a public health awareness initiative aimed at promoting early detection through routine health monitoring. Inaugurated by Himanshu Jain, Honourable Deputy Commissioner, Ludhiana, alongside renowned cardiologist Dr Bishav Mohan, Professor & Head, Cardiology, Hero Heart DMC Hospital, the launch drew hospital leaders and medical experts to champion proactive wellness. Now as part of the mission, RG Hospitals Ludhiana, established a dedicated free Blood Pressure (BP) checkup counter within the hospital premises for visitors and attendants. BPE

Spokesman

ਆਰਜੀ ਹਸਪਤਾਲ, ਲੁਧਿਆਣਾ ਨੇ ਮਿਸ਼ਨ ਸਵਾਸਥ ਕਵਚ ਮੁਹਿੰਮ ਵਿੱਚ ਲਿਆ ਹਿੱਸਾ

ਲੁਧਿਆਣਾ, 13 ਫਰਵਰੀ (ਆਰ.ਐੱਸ. ਸਿੰਘ) : ਨਿਵਾਰਕ ਸਵਾਸਥ ਸੇਵਾ ਅਤੇ ਸਮੁਦਾਏ ਦੀ ਸਿਹਤ ਦੀ ਖੇਤਰੀ ਦੇ ਲੋਕਾਂ ਅਤੇ ਸਮਾਜ ਦੀ ਸਹੂਲਤ ਕਰਨ ਲਈ ਆਰਜੀ ਹੋਸਪਿਟਲਸ, ਲੁਧਿਆਣਾ (ਫਿਰੋਜ਼ਪੁਰ ਰੋਡ) ਨੇ ਮਿਸ਼ਨ ਸਵਾਸਥ ਕਵਚ ਵਿੱਚ ਹਿੱਸਾ ਲਿਆ ਹੈ। ਮਿਸ਼ਨ ਸਵਾਸਥ ਕਵਚ ਇੱਕ ਜਨ ਸਿਹਤ ਜਾਗਰੂਕਤਾ ਮੁਹਿੰਮ ਹੈ, ਜਿਸ ਦਾ ਮਕਸਦ ਨਿਯਮਿਤ ਸਿਹਤ ਜਾਂਚ ਰਾਹੀਂ ਬਿਮਾਰੀਆਂ ਦਾ ਜਲਦੀ ਪਤਾ ਲਗਾਉਣ ਲਈ ਲੋਕਾਂ ਨੂੰ ਪ੍ਰੇਰਿਤ ਕਰਨਾ ਹੈ, ਜਿਸ ਵਿੱਚ ਡਾ. ਹਿਮਾਂਸ਼ੂ ਜੀਨ ਅਤੇ ਹੋਰ ਡਾਕਟਰਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਆਰਜੀ ਹੋਸਪਿਟਲਸ ਦੇ ਮੈਨੇਜਿੰਗ ਡਾਇਰੈਕਟਰ ਡਾ. ਹਿਮਾਂਸ਼ੂ ਜੀਨ ਅਤੇ ਹੋਰ ਡਾਕਟਰਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਆਰਜੀ ਹੋਸਪਿਟਲਸ ਦੇ ਮੈਨੇਜਿੰਗ ਡਾਇਰੈਕਟਰ ਡਾ. ਹਿਮਾਂਸ਼ੂ ਜੀਨ ਅਤੇ ਹੋਰ ਡਾਕਟਰਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ।



ਲੁਧਿਆਣਾ ਦੇ ਸਮਾਜਿਕ ਸਿਹਤ ਸੁਰੱਖਿਆ ਮੈਂਬਰਾਂ ਨੇ ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਆਰਜੀ ਹੋਸਪਿਟਲਸ ਦੇ ਮੈਨੇਜਿੰਗ ਡਾਇਰੈਕਟਰ ਡਾ. ਹਿਮਾਂਸ਼ੂ ਜੀਨ ਅਤੇ ਹੋਰ ਡਾਕਟਰਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਆਰਜੀ ਹੋਸਪਿਟਲਸ ਦੇ ਮੈਨੇਜਿੰਗ ਡਾਇਰੈਕਟਰ ਡਾ. ਹਿਮਾਂਸ਼ੂ ਜੀਨ ਅਤੇ ਹੋਰ ਡਾਕਟਰਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਆਰਜੀ ਹੋਸਪਿਟਲਸ ਦੇ ਮੈਨੇਜਿੰਗ ਡਾਇਰੈਕਟਰ ਡਾ. ਹਿਮਾਂਸ਼ੂ ਜੀਨ ਅਤੇ ਹੋਰ ਡਾਕਟਰਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ।

ਲੁਧਿਆਣਾ ਦੇ ਸਮਾਜਿਕ ਸਿਹਤ ਸੁਰੱਖਿਆ ਮੈਂਬਰਾਂ ਨੇ ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਆਰਜੀ ਹੋਸਪਿਟਲਸ ਦੇ ਮੈਨੇਜਿੰਗ ਡਾਇਰੈਕਟਰ ਡਾ. ਹਿਮਾਂਸ਼ੂ ਜੀਨ ਅਤੇ ਹੋਰ ਡਾਕਟਰਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਆਰਜੀ ਹੋਸਪਿਟਲਸ ਦੇ ਮੈਨੇਜਿੰਗ ਡਾਇਰੈਕਟਰ ਡਾ. ਹਿਮਾਂਸ਼ੂ ਜੀਨ ਅਤੇ ਹੋਰ ਡਾਕਟਰਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਆਰਜੀ ਹੋਸਪਿਟਲਸ ਦੇ ਮੈਨੇਜਿੰਗ ਡਾਇਰੈਕਟਰ ਡਾ. ਹਿਮਾਂਸ਼ੂ ਜੀਨ ਅਤੇ ਹੋਰ ਡਾਕਟਰਾਂ ਨੇ ਹਿੱਸਾ ਲਿਆ।

ਆਰਜੀ ਹਸਪਤਾਲ ਬਣਿਆ ਮਿਸ਼ਨ ਸਵਸਥ ਕਵਚ ਮੁਹਿੰਮ ਦਾ ਹਿੱਸਾ

**सुभाष चिन्ता, धर्मोपदेश-
 शिखर :-** महाशय चिन्ता ३
 भाग है। इस किताब में
 विभिन्न धर्मों के सिद्धांतों का
 विवेकपूर्ण और वैज्ञानिक
 विश्लेषण किया गया है।
 इस किताब में अनेक नए
 सिद्धांतों का प्रकाशन
 किया गया है। इस किताब
 में अनेक नए सिद्धांतों
 का प्रकाशन किया गया
 है। इस किताब में अनेक
 नए सिद्धांतों का प्रकाशन
 किया गया है।



કાનૂની અધિકારો હિંમતી શેઠ અને તેના પુત્રોને આપવામાં આવ્યા હતા. (સંસ્કૃત) અર્થ

ਵਿਸ਼ਲੇਸ਼ਣ ਕਰਦਿਆਂ ਡਾ. ਭੁੱਖਣਾ ਨੇ ਕਿਹਾ ਕਿ 2020 ਦੇ ਮੌਜੂਦਾ ਵਿੱਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸੰਖਿਆ 10 ਲੱਖ ਤੋਂ ਵੱਧ ਹੈ।

ਅੱਗੇ ਦੁਆਰੀਆਂ ਸਿਫ਼ੀਆਲ ਹਾਸਲ ਕੀਤੀਆਂ ਹਨ। ਇਹ ਸਮਝਾਉਣ ਦੀ ਕੋਸ਼ਿਸ਼ ਕੀਤੀ ਜਾਂਦੀ ਹੈ ਕਿ ਇਹ

ਸਿੱਖ ਸੰਗਤ ਨੇ ਸ਼ਾਂਤੀਵਾਦੀ ਰਸਤੇ
ਤੇ ਅਧਾਰਿਤ ਨੂੰ ਹੀ ਚੁਣਿਆ ਹੈ।

• ਹਰਮਨਸਪਦਾਂ 'ਚ ਆਉਂਦੇ ਬਾਕੀ
ਲਿਖਾ ਹੀ ਮੁਢਲੇ ਬਲਦਿੱਤ ਪ੍ਰਿਥਕ ਸਾਂਝ
ਲਈ ਸਥਾਪਿਤ ਕੀਤਾ ਆਉਂਦਾ

• 30,000 ਤੋਂ ਵੱਧ
ਵਿਦਿਆਰਥੀਆਂ ਤੇ ਅਧਿਆਪਕਾਂ
ਨੂੰ ਸਿੱਖਿਆ ਦੇਣ ਵਾਲੀਆਂ

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**City hospital
joins 'Mission
Swasth Kavach'**
TRIBUNE NEWS SERVICE

LITHUANIA, FEBRUARY 13

A local hospital has joined "Mission Swasth Kavach" to strengthen its role in preventive healthcare, said officials. They said RG Hospitals, Ferozepur Road, became part of the public health awareness initiative aimed at promoting early detection through regular health monitoring. The event's launch by Deputy Commissioner Himanshu Jain and renowned cardiologist Bishav Mohan from Hero Heart DMC Hospital drew medical experts to champion proactive wellness.

Mission SwasthKavach is a major public health initiative launched late last year by the district administration and Dayanand Medical College & Hospital (DMCH). It is aimed at training more than 50,000 students and teachers in life-saving skills like CPR and blood pressure monitoring to combat hypertension. The programme focuses on early detection, community health and school-based screenings.

आरजी हॉस्पिटल्स ने प्रतिष्ठित मिशन 'स्वस्थ कवच' में लिया हिस्सा

[illegible][illegible]

संविधान की भाषा हिंदी को
अधिक जगह देकर अंग्रेजी को
मर्यादा में लाना भारत की एक
बड़ी समस्या है, क्योंकि इससे
देश के अंदर एकता और
एकता का भाव पैदा होगा।
इसलिए हमें इस समस्या को
सही ढंग से समझना और
सही ढंग से हल करना होगा।

[illegible]

RG Hospitals, Ludhiana joins "Mission Swasth Kavach" initiative

LUDHIANA: Strengthening its commitment to preventive healthcare and community well-being, RG Hospitals, Ludhiana (Ferozepur Road), became part of "Mission SwasthKavach", a public health awareness initiative aimed at promoting early detection through routine health monitoring. Inaugurated by Himanshu Jain, Deputy Commissioner, Ludhiana, alongside cardiologist Dr. Bishav Mohan, Professor & Head, Cardiology, Hero Heart DMC Hospital, the launch drew hospital leaders and medical experts to champion proactive wellness. Now as part of the mission, RG Hospitals Ludhiana, established a dedicated free Blood Pressure (BP) checkup counter within the hospital premises for visitors and attendants. The initiative was designed to identify individuals with undiagnosed or borderline high blood pressure and guide them toward timely medical evaluation.

RG Hospitals, Ludhiana joins prestigious "Mission Swasth Kavach" initiative

LUDHIANA: Strengthening its commitment to preventive healthcare and community well-being, PG Hospital, Ludhiana (Punjab Road), became part of "Mission Swasthachari", a public health awareness initiative aimed at promoting early detection through routine health monitoring. Inaugurated by Mr. Hemant Singh, Honorable Deputy Commissioner, Ludhiana, alongside renowned cardiologist Dr. Satish Mohan, Professor & Head, Cardiology, Heart Beat DMH Hospital, the launch drew hospital leaders and medical experts to champion proactive wellness.

Klasson SwedishKursch is a major public health initiative in Lutharna, Punjab, launched



screenings, inspired by the ICMR's Hypertension Control Initiative. It unites health, education and industry for lasting impact. Deputy Commissioner Hemant Joshi calls it "a community-driven movement for a healthier, stronger Ludhiana," praising the administration-academia-healthcare collaboration as a national benchmark and crediting Dr. Ranvir Mahajan for its successful launch in the society last year. Now as part of the mission, PG Hospital Ludhiana, established a dedicated free Blood Pressure (BP) checking corner within the hospital premises for visitors and students. The initiative was designed to identify individuals with undiagnosed or borderline high blood pressure and guide them toward timely medical evaluation.

RG Hospitals, Dehradun received media coverage in Dainik Jagran for the launch of its **Advanced Kidney Care & Minimally Invasive Surgery** services in February.

Danik Jagran

www.rghospitals.com 0200 0200 0200

किडनी केयर और मिनिमली इनवेसिव सर्जरी

में 40 वर्षों की विशेषज्ञता और लाखों के विश्वास के साथ,

आर. जी. स्टोन हॉस्पिटल्स
अब आपके शहर **देहरादून** में!

उपलब्ध सेवाएँ

- 1 यूरोलॉजी (पुरुषों के विशेषज्ञता)
- 2 फीमेल यूरोलॉजी
- 3 नेफ्रोलॉजी
- 4 डायलिसिस
- 5 मिनिमली इनवेसिव सर्जरी
- 6 गायनेकोलॉजी
- 7 आपातकालीन सेवाएँ
- 8 आई.सी.यू.

आयुधान भारत - 5045 (गोल्डन कार्ड) और सभी प्रमुख सेवा कण्डोनों के साथ पैकाज में शामिल, कैंसरों इलाज की सुविधा उपलब्ध है।

भारत में दुर्लभ यूरोलॉजी और
नेफ्रोलॉजिकल कंडीशंस के पहले
और परीक्षण विशेषज्ञ

भारत की सबसे बड़ी और परीक्षण
यूरोलॉजी व किडनी कंडीशंस के विशेषज्ञ
हॉस्पिटल की सुचना

कैंसर उपचार
(आयुर्विषय) सभी का उपचार केंद्र

आई.सी.यू. मिनिमल एक्सेस सर्जरी में
विशेषज्ञता और उपचार

RG Hospitals
Short Stay • Smart Surgeries

RG Stone Urology & Laparoscopy Hospital
Small'ing Surgeries

३, बी.जी. रोड, फ्लोर ३/३/३
मैर हाउस, मेर कोर्ट, देहरादून

72 0200 0200

उपचार के लिए
एक डायलिसिस करें

RG Stone
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The coverage, which appeared twice in the publication, highlighted over 40 years of trusted expertise, bringing specialized services in Urology, Nephrology, Dialysis, and Short-Stay Smart Surgeries closer to patients in Dehradun.

Dr. Jahnvi Chandrasekar
(Consultant – Gynaecology)

was featured in media coverage for her authored article titled “Pregnancy After 35: What Every Woman Should Know.”



In the article, she shared important insights on **late-age pregnancy, associated risks, necessary screenings, and the importance of timely medical care and informed decision-making** for women planning motherhood after 35.

Dr. Jahnvi Chandrasekar
(Consultant – Gynaecology)

was featured in media coverage for her authored article titled “Why Every Woman Needs an Annual Gynec Check-Up, Even Without Symptoms,” published across leading media platforms.

Dinakural

Dinakathir

Tamil sudar

பாதிப்பு அதிகரிக்க இயலாமை என்றாலும்
ஆண்டுதோறும் பெண்ணையின் பரிசோதனை
பெண்கள் செய்வது ஒளி அலகியாம்?



«**Мені завжди цікавила медицина, особливо психіатрія. Я хотіла стати психіатром, але в той час це було неможливо. Я хотіла стати психіатром, але в той час це було неможливо. Я хотіла стати психіатром, але в той час це було неможливо.**»

அரசினால் வாரிப் பறிக்கப்பட்டிருக்கிறது. அதற்கு எந்தவிதமான காரணமும் இல்லை. அதற்கு எந்தவிதமான நியாயமும் இல்லை. அதற்கு எந்தவிதமான நியாயமும் இல்லை. அதற்கு எந்தவிதமான நியாயமும் இல்லை.



44-45-46-47-48-49-50-51-52-53-54-55-56-57-58-59-60-61-62-63-64-65-66-67-68-69-70-71-72-73-74-75-76-77-78-79-80-81-82-83-84-85-86-87-88-89-90-91-92-93-94-95-96-97-98-99-100-101-102-103-104-105-106-107-108-109-110-111-112-113-114-115-116-117-118-119-120-121-122-123-124-125-126-127-128-129-130-131-132-133-134-135-136-137-138-139-140-141-142-143-144-145-146-147-148-149-150-151-152-153-154-155-156-157-158-159-160-161-162-163-164-165-166-167-168-169-170-171-172-173-174-175-176-177-178-179-180-181-182-183-184-185-186-187-188-189-190-191-192-193-194-195-196-197-198-199-200-201-202-203-204-205-206-207-208-209-210-211-212-213-214-215-216-217-218-219-220-221-222-223-224-225-226-227-228-229-230-231-232-233-234-235-236-237-238-239-240-241-242-243-244-245-246-247-248-249-250-251-252-253-254-255-256-257-258-259-260-261-262-263-264-265-266-267-268-269-270-271-272-273-274-275-276-277-278-279-280-281-282-283-284-285-286-287-288-289-290-291-292-293-294-295-296-297-298-299-300-301-302-303-304-305-306-307-308-309-310-311-312-313-314-315-316-317-318-319-320-321-322-323-324-325-326-327-328-329-330-331-332-333-334-335-336-337-338-339-340-341-342-343-344-345-346-347-348-349-350-351-352-353-354-355-356-357-358-359-360-361-362-363-364-365-366-367-368-369-370-371-372-373-374-375-376-377-378-379-380-381-382-383-384-385-386-387-388-389-390-391-392-393-394-395-396-397-398-399-400-401-402-403-404-405-406-407-408-409-410-411-412-413-414-415-416-417-418-419-420-421-422-423-424-425-426-427-428-429-430-431-432-433-434-435-436-437-438-439-440-441-442-443-444-445-446-447-448-449-450-451-452-453-454-455-456-457-458-459-460-461-462-463-464-465-466-467-468-469-470-471-472-473-474-475-476-477-478-479-480-481-482-483-484-485-486-487-488-489-490-491-492-493-494-495-496-497-498-499-500-501-502-503-504-505-506-507-508-509-510-511-512-513-514-515-516-517-518-519-520-521-522-523-524-525-526-527-528-529-530-531-532-533-534-535-536-537-538-539-540-541-542-543-544-545-546-547-548-549-550-551-552-553-554-555-556-557-558-559-560-561-562-563-564-565-566-567-568-569-570-571-572-573-574-575-576-577-578-579-580-581-582-583-584-585-586-587-588-589-590-591-592-593-594-595-596-597-598-599-600-601-602-603-604-605-606-607-608-609-610-611-612-613-614-615-616-617-618-619-620-621-622-623-624-625-626-627-628-629-630-631-632-633-634-635-636-637-638-639-640-641-642-643-644-645-646-647-648-649-650-651-652-653-654-655-656-657-658-659-660-661-662-663-664-665-666-667-668-669-670-671-672-673-674-675-676-677-678-679-680-681-682-683-684-685-686-687-688-689-690-691-692-693-694-695-696-697-698-699-700-701-702-703-704-705-706-707-708-709-710-711-712-713-714-715-716-717-718-719-720-721-722-723-724-725-726-727-728-729-730-731-732-733-734-735-736-737-738-739-740-741-742-743-744-745-746-747-748-749-750-751-752-753-754-755-756-757-758-759-760-761-762-763-764-765-766-767-768-769-770-771-772-773-774-775-776-777-778-779-780-781-782-783-784-785-786-787-788-789-790-791-792-793-794-795-796-797-798-799-800-801-802-803-804-805-806-807-808-809-810-811-812-813-814-815-816-817-818-819-820-821-822-823-824-825-826-827-828-829-830-831-832-833-834-835-836-837-838-839-840-841-842-843-844-845-846-847-848-849-850-851-852-853-854-855-856-857-858-859-860-861-862-863-864-865-866-867-868-869-870-871-872-873-874-875-876-877-878-879-880-881-882-883-884-885-886-887-888-889-890-891-892-893-894-895-896-897-898-899-900-901-902-903-904-905-906-907-908-909-910-911-912-913-914-915-916-917-918-919-920-921-922-923-924-925-926-927-928-929-930-931-932-933-934-935-936-937-938-939-940-941-942-943-944-945-946-947-948-949-950-951-952-953-954-955-956-957-958-959-960-961-962-963-964-965-966-967-968-969-970-971-972-973-974-975-976-977-978-979-980-981-982-983-984-985-986-987-988-989-990-991-992-993-994-995-996-997-998-999-1000-1001-1002-1003-1004-1005-1006-1007-1008-1009-1010-1011-1012-1013-1014-1015-1016-1017-1018-1019-1020-1021-1022-1023-1024-1025-1026-1027-1028-1029-1030-1031-1032-1033-1034-1035-1036-1037-1038-1039-1040-1041-1042-1043-1044-1045-1046-1047-1048-1049-1050-1051-1052-1053-1054-1055-1056-1057-1058-1059-1060-1061-1062-1063-106

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மத்ப்பு அறிதரிக் திலகபென்றது ஆன்டுதோறு
பெண்ணையியல் பரிபாதுகைய பெண்கள் சேவாறு அவரின்?

[illegible][illegible]

Malai Yugam

Virtual times

Hello Madras

பாதிபி அறிவுதான் தீர்மானகரமான அம்சமாகும்
மான்னோலியஸ் பரிசோதனையை மானகம் செய்து ஒரு அலுவலர்?



Dr. Anand, who is a senior physician, says that the commonest cause of the disease is a viral infection. The virus is spread through the air, and the disease is most common in children. The disease is characterized by a high fever, a sore throat, and a rash. The rash is usually a red, blotchy rash that appears on the face and neck. The disease is usually self-limiting, and the symptoms usually resolve within a few days. However, in some cases, the disease can be more severe, and it can lead to complications. Dr. Anand says that the disease is not dangerous, and it is not a sign of a more serious condition. He says that the disease is a common childhood illness, and it is not something to be worried about. He says that the disease is a good example of a self-limiting illness, and it is a good example of a disease that is not dangerous. He says that the disease is a good example of a disease that is not a sign of a more serious condition. He says that the disease is a good example of a disease that is not something to be worried about.

Why Every Woman Needs an Annual Gynec Check-Up, Even Without Symptoms



© Thomas, 2010. From February 2009, stopping routine chest-occlusion treatment on display by the living tree as a condition. Like electrical stimulation, the results in human studies are inconsistent but generally show benefits for patients with chronic heart failure, and reducing the need for life support. The current generation of the device is being tested in a large clinical trial for patients with heart failure. The device is being tested in a large clinical trial for patients with heart failure.

**WHY EVERY WOMAN NEEDS AN ANNUAL GYNEC
CHECK-UP, EVEN WITHOUT SYMPTOMS**



Channel, 27 Feb 2008. Hugging routine check-ups can cut one's death in the long run as conditions like cervical cancer, ovarian cysts, or hormonal disorders have silently been years, and catching them early can be lifesaving. An annual gynaecological exam is your best friend for reproductive health, even when symptoms are absent.

Consequently, cervical cancer strikes over 321,000 women each year in India, claiming nearly 80,000 lives, with 40-70% diagnosed at advanced stage due to delayed screening. A simple Pap smear or HPV test during your annual check-up process can catch cancer cells up to 10 years before they become invasive, a

high-risk HPV screen, allowing minimal intervention to prevent progression. Pelvic exam and ultrasound can also spot cysts or irregularities, while annual visits help map subtle changes can be identified earlier.

Still, such as chlamydia and gonorrhea frequently show no symptoms, but can lead to infertility, ectopic pregnancy, or pelvic inflammatory disease (PID). Screening through simple urine tests or swabs during annual visits allows early treatment before complications arise. But don't stress, along with these, your doctor offers for HPV tests, latest ultrasound kits, instant cervical

smear apps, Dr. Ajay Chandra, Consultant - Gynaecology, RG Hospital, Chennai.

Annual gynaecological visits typically last 20-30 minutes and include medical history review, blood pressure and BMI measurements, breast and pelvic examinations, and screening as indicated. Even without symptoms, pelvic monitoring helps identify issues early, keeping women's reproductive health on track and preventing minor concerns from escalating into major complications.



In the article, she emphasized the **importance of regular gynecological check-ups for early detection, preventive care, and better women's health awareness**, even when no symptoms are present.

Makkal kural

பாதிப்பு அறிகுறிகள் இல்லையென்றாலும் ஆண்டுதோறும் பெண்ணோயியல் பரிசோதனையை பெண்கள் செய்வது ஏன் அவசியம்?

சென்னை 27. எவ்வளவு கவலைக்குரிய பிப்ரவரி 2026: விஷயமாகும். வருடாந்திர பரிசோதனையின் கார்ப்பை வாய்ப்பு புற்றுநோய், கருப்பை நீர்க்கட்டிகள் அல்லது ஹார்மோன் குறைபாடுகள் போன்ற நோய்கள் பல ஆண்டுகளாக எந்த அறிகுறிகளும் இன்றி உடலுக்குள்ளேயே வளர்ச்சியடைந்து நீவிர நிலையை எட்டக் கூடும். எனவே, சீரான இடைவெளியில் மருத்துவப் பரிசோதனைகள் செய்வதைத் தவிர்ப்பது நீண்டகால அடிப்படையில் பெரும்பாதிப்பை ஏற்படுத்தும். இவை இத்தகைய பாதிப்புகளை ஆரம்ப நிலை விலேயே கண்டறிந்து சிகிச்சை பெறுவது உயிரைக் காக்க உதவும். எந்த அறிகுறியும் இல்லாவிட்டாலும் கூட, இனப்பெருக்க உறுப்புகளின் ஆரோக்கியத்தைப் பாதுகாக்க வருடாந்திர மகளிர் மருத்துவப் பரிசோதனையை மேற்கொள்வது பெண்களுக்கு ஒரு சிறந்த பாதுகாப்புக் கவசமாக அமையும்.

இந்தியாவில் ஒவ்வொரு ஆண்டும் சுமார் 1,27,000 பெண்கள் கர்ப்பப்பை வாய்ப் புற்றுநோயால் பாதிக்கப்படுகின்றனர்; இவர்களில் சுமார் 80,000 பேர் உயிரிழக்கின்றனர். போதிய விழிப்புணர்வின்றி மருத்துவப் பரிசோதனை செய்யாத தாமதமாவதால், 60-70% பேருக்கு நோய் முற்றிய நிலையிலேயே கண்டறியப்படுகிறது.



அல்லது இடுப்புப் பகுதி அழற்சி நோய் (பிறிடி) போன்ற தீவிரப் பிரச்சனைகளுக்கு வழிவகுக்கும். வருடாந்திரப் பரிசோதனையின் போது சிறுநீர் மாதிரி அல்லது 'ஸ்வாப்' மூலம் பரிசோதிப்பதால், சிக்கல்கள் உருவாதற்கு முன்பே ஆரம்பிக்கப்பட்ட சிகிச்சையைத் தொடங்கிவிடலாம். "40 வயதிற்கு மேற்பட்ட பெண்கள் தாங்களாகவே கவமாக மார்ப்புப் பரிசோதனைகளைச் செய்தாலும், அதில் தவறவிடப்பட்ட கட்டிகளைக் கூட மேமோகிராம் மற்றும் மருத்துவ மார்ப்புப் பரிசோதனைகள் மூலம் துல்லியமாகக் கண்டறிய முடியும்" என்று சென்னை ஆர்.ஜி மருத்துவமனையின் மகளிர் மருத்துவ நிபுணர் டாக்டர் ஜானவி சந்திரசேகர் கூறுகிறார்.

Southern Mail

Why Every Woman Needs an Annual Gynec Check-Up, Even Without Symptoms

Chennai Skipping routine check-ups can cost one dearly in the long run as conditions like cervical cancer, ovarian cysts, or hormonal disorders brew silently for years, and catching them early can be lifesaving. An annual gynaecological exam is your front-line defence for reproductive health, even when symptoms are absent.



Concerningly, cervical cancer strikes over 127,000 women each year in India, claiming nearly 80,000 lives, with 60-70% diagnosed at advanced stages due to delayed screening. A simple Pap smear or HPV test during your annual visit detects precancerous cells up to 10 years before they become invasive. A routine swab can detect high-risk HPV strains, allowing minimal intervention to prevent progression. Pelvic exams and ultrasounds can also spot cysts or irregularities, while annual visits help map baseline anatomy so subtle changes can be identified over time.

STIs such as chlamydia and gonorrhea frequently show no symptoms, yet can lead to infertility, ectopic pregnancies, or pelvic inflammatory disease (PID). Screening through simple urine tests or swabs during annual visits allows early treatment before complications arise. Breast exams, along with mammogram referrals for those over 40, have uncovered lumps missed by self-exams says, Dr. Jahnvi Chandrasekar, Consultant - Gynaecology, RG Hospitals, Chennai.

Annual gynecological visits typically last 20-30 minutes and include medical history review, blood pressure and BMI measurements, breast and pelvic examinations, and screening as indicated. Even without symptoms, periodic monitoring helps identify issues early, keeping women's reproductive health on track and preventing minor concerns from escalating into major complications.

RG In The News

📍 LUDHIANA

A Full Front Jacket Page Ad of the First and Only Advanced da Vinci Xi (4th Gen.) Robotic Surgery System at RG Hospitals, Ludhiana, was published in **The Times of India (Ludhiana)**, **The Tribune (Ludhiana)**, **Hindustan Times (Ludhiana)**, and **Ajit Newspapers** in March 2026.



ਦੈਨਿਕ ਉਤਮ ਹਿੰਦੂ

■ ਪੰਜਾਬ ■ ਹਰਿਆਣਾ ■ ਦਿਲਲੀ ■ ਚੰਡੀਗੜ੍ਹ ■ ਫਿਰੋਜ਼ਪੁਰ ■ ਮੁਕਤਸਰ

ਜਨਮਦਿਨੀ ਸਮਾਜ ਸੇਵਾ ਸੰਸਥਾ ਦੁਆਰਾ

ਆਰਜੀ ਹੌਸਪਿਟਲਸ ਨੇ 'ਦਿਲ ਸੇ ਫਾਈਟਰ' ਪਹਲ ਦੇ ਸਾਥ ਵਿਸ਼ਵ ਕਿਡਨੀ ਦਿਵਸ ਮਨਾਇਆ

ਤਮ ਹਿੰਦੂ ਮੁਕਤਸਰ

ਲੁਧਿਆਣਾ (ਵਿਸ਼ਲ ਫਾਈਟਰ) ਵਿਸ਼ਵ ਕਿਡਨੀ ਦਿਵਸ ਦੇ ਅਵਸਰ 'ਤੇ ਆਰਜੀ ਹੌਸਪਿਟਲਸ ਨੇ 'ਦਿਲ ਸੇ ਫਾਈਟਰ' ਪਹਲ ਦੇ ਸਾਥ ਵਿਸ਼ਵ ਕਿਡਨੀ ਦਿਵਸ ਮਨਾਇਆ। ਇਸ ਪਹਲ ਦਾ ਮਕਸਦ ਕਿਡਨੀ ਦੇ ਮਰੀਜ਼ਾਂ, ਡਾਕਟਰਾਂ ਅਤੇ ਹੋਸਪਿਟਲਸ ਨੂੰ ਇਕੱਠੇ ਕਰਨਾ ਹੈ। ਇਸ ਪਹਲ ਦਾ ਮਕਸਦ ਕਿਡਨੀ ਦੇ ਮਰੀਜ਼ਾਂ, ਡਾਕਟਰਾਂ ਅਤੇ ਹੋਸਪਿਟਲਸ ਨੂੰ ਇਕੱਠੇ ਕਰਨਾ ਹੈ। ਇਸ ਪਹਲ ਦਾ ਮਕਸਦ ਕਿਡਨੀ ਦੇ ਮਰੀਜ਼ਾਂ, ਡਾਕਟਰਾਂ ਅਤੇ ਹੋਸਪਿਟਲਸ ਨੂੰ ਇਕੱਠੇ ਕਰਨਾ ਹੈ।



ਲਗਭਗ 15 ਮਿਲੀਅਨ ਲੋਕਾਂ ਦੇ ਵਿਚਕਾਰ ਵਿਸ਼ਵ ਕਿਡਨੀ ਦਿਵਸ ਮਨਾਇਆ ਜਾਂਦਾ ਹੈ। ਇਸ ਦਿਵਸ ਦੇ ਮਕਸਦ ਨਾਲ ਆਰਜੀ ਹੌਸਪਿਟਲਸ ਨੇ 'ਦਿਲ ਸੇ ਫਾਈਟਰ' ਪਹਲ ਦੇ ਸਾਥ ਵਿਸ਼ਵ ਕਿਡਨੀ ਦਿਵਸ ਮਨਾਇਆ। ਇਸ ਪਹਲ ਦਾ ਮਕਸਦ ਕਿਡਨੀ ਦੇ ਮਰੀਜ਼ਾਂ, ਡਾਕਟਰਾਂ ਅਤੇ ਹੋਸਪਿਟਲਸ ਨੂੰ ਇਕੱਠੇ ਕਰਨਾ ਹੈ।

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ਕਿਡਨੀ ਦਿਵਸ ਪਰ ਆਰਜੀ ਹੌਸਪਿਟਲਸ ਮੇਂ ਦਿਲ ਸੇ ਫਾਈਟਰ ਕਾਰਜਕਰਮ ਕਰਵਾਇਆ



ਲੁਧਿਆਣਾ ਵਿਸ਼ਵ ਕਿਡਨੀ ਦਿਵਸ ਦੇ ਅਵਸਰ 'ਤੇ ਆਰਜੀ ਹੌਸਪਿਟਲਸ ਨੇ 'ਦਿਲ ਸੇ ਫਾਈਟਰ' ਪਹਲ ਦੇ ਸਾਥ ਵਿਸ਼ਵ ਕਿਡਨੀ ਦਿਵਸ ਮਨਾਇਆ। ਇਸ ਪਹਲ ਦਾ ਮਕਸਦ ਕਿਡਨੀ ਦੇ ਮਰੀਜ਼ਾਂ, ਡਾਕਟਰਾਂ ਅਤੇ ਹੋਸਪਿਟਲਸ ਨੂੰ ਇਕੱਠੇ ਕਰਨਾ ਹੈ। ਇਸ ਪਹਲ ਦਾ ਮਕਸਦ ਕਿਡਨੀ ਦੇ ਮਰੀਜ਼ਾਂ, ਡਾਕਟਰਾਂ ਅਤੇ ਹੋਸਪਿਟਲਸ ਨੂੰ ਇਕੱਠੇ ਕਰਨਾ ਹੈ।

ਬੰਸਲ (ਡਾਕਟਰ ਆਰਜੀ ਹੌਸਪਿਟਲਸ) ਨੇ ਕਿਡਨੀ ਦਿਵਸ ਦੇ ਮਕਸਦ ਨਾਲ ਆਰਜੀ ਹੌਸਪਿਟਲਸ ਨੇ 'ਦਿਲ ਸੇ ਫਾਈਟਰ' ਪਹਲ ਦੇ ਸਾਥ ਵਿਸ਼ਵ ਕਿਡਨੀ ਦਿਵਸ ਮਨਾਇਆ। ਇਸ ਪਹਲ ਦਾ ਮਕਸਦ ਕਿਡਨੀ ਦੇ ਮਰੀਜ਼ਾਂ, ਡਾਕਟਰਾਂ ਅਤੇ ਹੋਸਪਿਟਲਸ ਨੂੰ ਇਕੱਠੇ ਕਰਨਾ ਹੈ।

ਆਰਜੀ ਹੌਸਪਿਟਲਸ, ਲੁਧਿਆਣਾ ਨੇ ਕਿਡਨੀ ਦੇ ਮਰੀਜ਼ਾਂ ਨੂੰ ਜਾਗਰੂਕ ਕਰਨੇ ਕੇ ਲਿਏ ਦਿਲ ਸੇ ਫਾਈਟਰ ਪਹਲ ਦੇ ਸਾਥ ਵਿਸ਼ਵ ਕਿਡਨੀ ਦਿਵਸ ਮਨਾਇਆ

ਲੁਧਿਆਣਾ ਵਿਸ਼ਵ ਕਿਡਨੀ ਦਿਵਸ ਦੇ ਅਵਸਰ 'ਤੇ ਆਰਜੀ ਹੌਸਪਿਟਲਸ ਨੇ 'ਦਿਲ ਸੇ ਫਾਈਟਰ' ਪਹਲ ਦੇ ਸਾਥ ਵਿਸ਼ਵ ਕਿਡਨੀ ਦਿਵਸ ਮਨਾਇਆ। ਇਸ ਪਹਲ ਦਾ ਮਕਸਦ ਕਿਡਨੀ ਦੇ ਮਰੀਜ਼ਾਂ, ਡਾਕਟਰਾਂ ਅਤੇ ਹੋਸਪਿਟਲਸ ਨੂੰ ਇਕੱਠੇ ਕਰਨਾ ਹੈ। ਇਸ ਪਹਲ ਦਾ ਮਕਸਦ ਕਿਡਨੀ ਦੇ ਮਰੀਜ਼ਾਂ, ਡਾਕਟਰਾਂ ਅਤੇ ਹੋਸਪਿਟਲਸ ਨੂੰ ਇਕੱਠੇ ਕਰਨਾ ਹੈ।



ਕਿਡਨੀ ਦਿਵਸ ਦੇ ਮਕਸਦ ਨਾਲ ਆਰਜੀ ਹੌਸਪਿਟਲਸ ਨੇ 'ਦਿਲ ਸੇ ਫਾਈਟਰ' ਪਹਲ ਦੇ ਸਾਥ ਵਿਸ਼ਵ ਕਿਡਨੀ ਦਿਵਸ ਮਨਾਇਆ। ਇਸ ਪਹਲ ਦਾ ਮਕਸਦ ਕਿਡਨੀ ਦੇ ਮਰੀਜ਼ਾਂ, ਡਾਕਟਰਾਂ ਅਤੇ ਹੋਸਪਿਟਲਸ ਨੂੰ ਇਕੱਠੇ ਕਰਨਾ ਹੈ।

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Dialysis not always permanent, shouldn't be feared: Docs

TRIBUNE NEWS SERVICE

LUDHIANA, MARCH 12

On the occasion of World Kidney Day, marked on March 12, doctors and experts allay fears and bust myths about dialysis, asserting that it is not always permanent. A consultant nephrologist

and transplant physician says that in certain cases, such as acute kidney injury, dialysis may only be required temporarily until kidney function improves. Awareness and timely medical consultation are key to better outcomes, she adds. "Kidney diseases often

progress silently and many patients remain unaware until significant damage has been done. People with diabetes or hypertension must undergo regular screening and maintain strict control of their blood pressure and blood sugar levels," she says. Experts urge that early detec-

tion and timely treatment can significantly delay or prevent kidney failure. Highlighting the surgical aspect of kidney and urinary tract care, a consultant urologist and endourologist said advancements in technology have made treatment for kidney stones and other urologi-

cal conditions much safer and effective. "Advanced laser endourology techniques are now being used for treating kidney and ureteric stones. These procedures are minimally invasive, involve no external cuts, cause minimal bleeding and allow patients to recover faster," adds he.

RG In The News

📍 LUDHIANA

A Full Front Jacket Page Ad of The First and Only Advanced da Vinci Xi (4th Gen.) Robotic Surgery System @ RG Hospitals, Ludhiana, was published in Punjab Kesari, Dainik Bhaskar, and Jagbani Newspapers in March 2026.



RG In The News

CHENNAI

Dr. Jahnavi Chandrasekar (Consultant - Gynaecology)

RG Hospitals, Chennai, received media coverage for the article titled “RG Hospitals Calls for Breaking Menstrual Myths and Normalising Menstrual Health”.

Dina Khatir



Dinaural



Hello Madras



Makkal Kural



The coverage highlighted “The need to break menstrual myths, promote hygiene awareness, and encourage open conversations, emphasizing that menstruation is a natural process and not a taboo.”

Southern Mail



Tamil Sudar



Malai Yugam



Virtual Time



Dr. Suman Sethi (Director & Head – Institute of Nephrology), RG Hospitals, Ludhiana, received print media coverage in Express Healthcare Magazine for the feature titled “Women in Whitecoats Healing India, Healing Themselves.”



The story highlighted leading women doctors across India, sharing their **journeys of ambition, challenges like burnout and bias, and their breakthroughs while contributing to healthcare.**

RG Media Spotlight

📍 LUDHIANA

Mr. Avinash Ojha

(Managing Director & CEO – RG Hospitals)

was featured in media coverage for his Budget Reaction Quote on the **“Union Budget 2026,” published across leading media platforms.**

The News Strike

Mr. Avinash Ojha, Managing Director- RG Hospitals-

"The Budget 2026-27 masterfully lays the groundwork for a more inclusive and resilient healthcare system, weaving together infrastructure, affordability, and workforce skilling to address India's dual burden of communicable and non-communicable diseases, where NCDs drive a rising share of deaths and healthcare costs. By establishing five regional AYUSH medical hubs, it decentralises specialised care, from oncology to cardiology, bridging urban-rural divides and advancing health equity; these hubs could serve as telemedicine anchors, easing access for underserved regions like Bihar, Odisha, and the Northeast."

Live Mint

Union Budget 2026 LIVE: What is healthcare sector expecting?

"As the Union Budget 2026-27 approaches, healthcare providers are hoping to see practical measures that strengthen capacity without adding to operational strain. The year can become the inflection point where India's healthcare promise turns into a measurable impact. The conversations are more about whether digital care works or how many seconds it takes to beam an ICU-grade decision into a village clinic without losing a heartbeat," said Avinash Ojha, Managing Director, RG Hospitals.

India.com (Zee)

Avinash Ojha, Managing Director- RG Hospitals

The Budget 2026-27 masterfully lays the groundwork for a more inclusive and resilient healthcare system, weaving together infrastructure, affordability, and workforce skilling to address India's dual burden of communicable and non-communicable diseases, where NCDs drive a rising share of deaths and healthcare costs. By establishing five regional AYUSH medical hubs, it decentralises specialised care, from oncology to cardiology, bridging urban-rural divides and advancing health equity; these hubs could serve as telemedicine anchors, easing access for underserved regions like Bihar, Odisha, and the Northeast.

Good Returns

Union Budget 2026 Reaction By Avinash Ojha, Managing Director- RG Hospitals

The Budget 2026-27 masterfully lays the groundwork for a more inclusive and resilient healthcare system. The sharp focus on cost-effective treatments for chronic and autoimmune diseases, including subsidised biologics and generics via the ₹10,000 crore Bio Pharma Shakti mission, pivots towards a preventive-care paradigm through early diagnostics and lifestyle interventions."

Business World

Avinash Ojha, MD of RG Hospitals, notes that decentralised AYUSH hubs could bridge urban-rural healthcare gaps while supporting telemedicine and preventive care models.

In the feature, he highlighted the importance of making healthcare more affordable and accessible, strengthening services across both urban and rural India, and building a skilled healthcare workforce to improve patient care nationwide.

Dr. Ajay Aggarwal
(Consultant – Urology)

**RG Hospitals, Gagan Vihar, New Delhi, was featured in Times of India for the article
“Hydration Myths Exposed: The Hidden Dangers to Your Kidneys.”**

Times of India

Hydration myths exposed: The hidden dangers to your kidneys

Maitree Beral / TIMESOFINDIA.COM / Updated: Feb 17, 2026, 10:05 IST

Preferred on 

 Comments

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 AA



Most of us think drinking water is simple. You're either thirsty, so you grab a glass, or you're not, so you skip it. But our kidneys aren't quite that forgiving. These little organs are busy filtering toxins, balancing electrolytes, and regulating fluids. When you don't drink enough, they have to work overtime. And that's not just a mild inconvenience, it can slowly damage their function. Over time, chronic underhydration can increase the risk of kidney stones, urinary tract infections, and even

chronic kidney disease.

And here's the kicker: a lot of people think they're doing enough just because they sip coffee, tea, or juice throughout the day. But beverages with caffeine or sugar aren't the same as plain water.

In the feature, he highlighted how under-hydration can strain the kidneys and increase the risk of stones, infections, and kidney disease, while also busting common myths about water intake and stressing the importance of balanced hydration for kidney health.

Dr. Punit Bansal

(Director & Head – Institute of Urology)

RG Hospitals, Ludhiana, was featured in Mint for the article “**World Cancer Day 2026: Prostate Cancer Third Most Common Among Indian Men; Oncologists Warn of Early Signs.**”

www.livemint.com

World Cancer Day 2026: Prostate cancer third most common among Indian men; oncologists warn of early signs

On World Cancer Day 2026, oncologists spoke about the early signs of prostate cancer, which are often mistaken for age-related issues. According to a new study by the Indian Council of Medical Research (ICMR), prostate cancer is among the most common types of cancer in India.

Sneha Biswas

Published • 4 Feb 2026, 06:22 PM IST

In the feature, he highlighted the growing prevalence of prostate cancer among Indian men and stressed the importance of early detection, awareness of warning signs, and timely medical consultation.

RG Media Spotlight

📍 LUDHIANA

Dr. Rohtash Luthra

(Consultant – General, Laparoscopic & Bariatric Surgery)

RG Hospitals, Ludhiana (Ferozepur Road) was featured in News18 for his expert insights in the article **“Can Bariatric Surgery Reverse Diabetes and Hypertension? Here’s What You Need to Know.”**

News18



Losing weight reduces stress on the heart, inflammation, and sympathetic nervous system activity. (AI-generated image used for representational purposes only)

Obesity is recognised as one of the main causes of type 2 diabetes and hypertension. However, many patients continue to suffer despite medications, lifestyle changes, and systematic weight loss programs. Bariatric surgery, once considered a cosmetic procedure, is now widely recognised as a powerful metabolic intervention that can reverse lifestyle-related chronic diseases, particularly diabetes and hypertension.

We speak to Dr Rohtash Luthra, Consultant – Gen Laparoscopic & Bariatric Surgery, RG Hospitals – Ludhiana, to understand what bariatric surgery is and how it can be helpful to people who are dealing with diabetes.

Published in February, the feature highlighted how bariatric surgery, beyond weight loss, can help improve or even put type-2 diabetes and hypertension into remission by positively affecting metabolism and hormonal balance.

Dr. Richa Arora Miglani

(Head – Minimally Invasive Gynaecology & Robotic Surgery)

RG Hospitals, Pitampura, was featured on the leading Hindi digital platform The Health Site in February for her expert article “Why Is Ovarian Cancer Often Not Detected Early? What Should Women Be Careful About?”

The Health Site

ओवेरियन कैंसर का पता क्यों नहीं चल पाता है? डॉक्टर से जानें महिलाओं को किन बातों का ध्यान रखना चाहिए

Ovarian Cancer: बहुत कम महिलाएं व पुरुष ओवेरियन कैंसर के बारे में जानते हैं। इसलिए हमने डॉक्टर से कैंसर के इस प्रकार के बारे में विस्तार से जाना। आइए बताते हैं उन्होंने क्या जानकारी दी।



Written By: Vidya Sharma

Updated: February 16, 2026 3:34 PM IST

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Medically Verified By: Dr. Richa Arora Miglani



ओवेरियन कैंसर को अक्सर साइलेंट किलर कहा जाता है क्योंकि इसके लक्षण जल्दी पता नहीं चलते हैं। भारत में यह

In the feature, she highlighted how ovarian cancer is often called a ‘silent killer’ due to its subtle symptoms, and emphasized the importance of recognizing early warning signs, understanding risk factors, and regular gynaecological check-ups for timely diagnosis.

RG Media Spotlight

RAJOURI GARDEN

Dr. Susheel Kharbanda (Sr. Consultant – Urology)

RG Hospitals, Rajouri Garden, received media coverage in February for his case study titled **“9 Month-Old Infant Undergoes Successful PUJ Surgery at RG Hospitals, Rajouri Garden, Preventing Kidney Damage.”**

Healthcare Executive

9-Month-Old Infant Undergoes Successful PUJ Surgery at RG Hospitals, Rajouri Garden, Preventing Kidney Damage

Early detection and surgical correction of congenital urinary obstructions prevent long-term kidney damage



RG Hospitals, Rajouri Garden, has received national media attention for its successful management of a 9-month-old infant with a congenital pelvi-ureteric junction (PUJ) obstruction. The case highlights the importance of early detection and timely surgical intervention to prevent long-term kidney damage.

The infant was diagnosed with PUJ obstruction through routine antenatal screening. Early detection allowed for timely surgical correction, preventing long-term kidney damage.

Dr. Susheel Kharbanda, Senior Consultant, Urology, performed the surgery successfully, ensuring the infant's long-term health and preventing kidney damage.

Medicircle

9-Month-Old Infant Undergoes Successful PUJ Surgery at RG Hospitals, Rajouri Garden, Preventing Kidney Damage

Early detection and surgical correction of congenital urinary obstructions prevent long-term kidney damage



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The Healthy Indian Project

What Is PUJ Obstruction in Babies and Its Management?

Understanding what is PUJ obstruction in babies is essential for parents and caregivers. It refers to a blockage at the pelvi-ureteric junction that restricts urine drainage from the kidney to the ureter. In this case, clarity regarding what is PUJ obstruction in babies supported informed decision-making and timely referral to paediatric **urology** specialists.



Dr. Susheel Kharbanda, Senior Consultant, Urology, performed a Left Pyeloplasty with DJ stent placement under general anaesthesia. The obstructed segment was carefully excised, and reconstruction restored normal urinary flow. The DJ stent ensured smooth postoperative drainage.

Addressing what is PUJ obstruction in babies through early detection allows intervention before renal function is compromised. The successful correction of this case of PUJ obstruction in infants highlights how antenatal screening and surgical precision can prevent irreversible complications. With expert monitoring and structured postoperative care, the pelvi ureteric junction obstruction baby recovered without complications.

This case reinforces that awareness about what is PUJ obstruction in babies and prompt management of PUJ obstruction in infants remain critical in safeguarding long-term kidney health.

The feature highlighted the timely and successful surgical intervention that helped prevent long-term kidney damage in the infant, reflecting **RG Hospitals' commitment to advanced pediatric urology care and positive patient outcomes.**

RG Media Spotlight

📍 EAST OF KAILASH

Dr. Manish Singla
(Sr. Consultant – Urology)

RG Hospitals, East of Kailash, received media coverage in Healthcare Executive for the article titled **“138 Million Indians Have Kidney Disease and Most Will Never See It Coming”**.

Healthcare Executive

Healthcare
EXECUTIVE

HEALTHCARE MANAGEMENT

PUBLIC HEALTH

MED-TECH

HOSPITAL DESIGN

in     

NEWS QUIZ

GO

SEARCH 

Health Policy | November 12, 2023

138 Million Indians Have Kidney Disease and Most Will Never See It Coming

By Arunima Rajan

In an interview with Arunima Rajan, Dr. Manish Singla, Senior Consultant, Urology, RG Hospitals, says that dialysis is a life-saving therapy but it is also resource intensive, particularly in terms of water consumption and medical waste generation. RG Hospitals is working toward improving efficiency in dialysis systems, optimising water usage, and ensuring responsible biomedical waste management.

India now has the second-highest number of chronic kidney disease (CKD) patients globally, with approximately 13.8 crore Indians affected as of 2023, and CKD prevalence rising from 11% to over 16% in recent years. As a nephrologist at RG Hospitals, what do you believe are the primary reasons behind this alarming surge, and why does CKD remain so widely underdiagnosed in India.

India's CKD surge is a perfect storm of metabolic epidemics and lifestyle shifts. Diabetes and hypertension top the list, directly scarring kidney filters (glomeruli) through high blood sugar and pressure. Add obesity, unchecked processed food intake (high in hidden salts and phosphates), and sedentary jobs and kidneys bear the brunt.

Another major issue is late detection. CKD often progresses silently without noticeable symptoms in the early stages. In India, routine preventive health check-ups are still not common, and kidney function tests are rarely done unless symptoms appear. As a result, many patients are diagnosed only when the disease has already reached advanced stages.

This feature highlighted the growing burden of chronic kidney disease (CKD) in India, the importance of early detection and regular screening, and how lifestyle factors like diabetes, hypertension, and sedentary habits are contributing to rising kidney problems.

Dr. Arun Kumar K.
(Sr. Consultant – Urology)

RG Hospitals, Chennai, received media coverage in Samayam Tamil for the article titled **“Dietary and Lifestyle Changes to Prevent Kidney Stone Recurrence.”**

Samayam Tamil

சிறுநீரக கற்கள் கரைந்த பிறகு மீண்டும் வருவது ஏன்? தடுப்பதற்கு உதவும் உணவு மற்றும் வாழ்க்கை முறை மாற்றங்கள்

Authored By: துணைத்து | Samayam Tamil • 9 Mar 2026, 9:31 am IST
Medically Reviewed By: Dr. Arun Kumar K.



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kidney stone recurrence causes and preventions tips: சிறுநீரக கற்கள் மீண்டும் உருவாகாமல் இருக்க எந்த உணவுகளை சாப்பிட வேண்டும்? எந்த பழக்கங்களை மாற்ற வேண்டும்? கற்கள் உருவாகும் அபாயத்தை குறைக்க உதவும் உணவு மற்றும் வாழ்க்கை முறை மாற்றங்கள் பற்றி இங்கே விரிவாக பார்க்கலாம்



(புகைப்படங்கள்: iStock)

சிறுநீரக கற்கள் (Kidney Stones) என்பது உலகளவில் அதிகமாக காணப்படும் சிறுநீரக சம்பந்தப்பட்ட பிரச்சனைகளில் ஒன்றாகும். ஒருமுறை கல் ஏற்பட்டவர்கள், வாழ்க்கை முறை மாற்றங்களை சரியாக கடைப்பிடிக்காத பட்சத்தில் மீண்டும் கல் உருவாகும் அபாயம் இருப்பதாக மருத்துவர்கள் கூறுகின்றனர்

The feature highlighted practical steps to prevent the recurrence of kidney stones, emphasizing the importance of adequate hydration, a balanced diet, reduced salt intake, and healthy lifestyle habits to protect kidney health.

RG Media Spotlight

RAJOURI GARDEN

Dr. Susheel Kharbanda (Sr. Consultant – Urology)

RG Hospitals, Rajouri Garden, received **media coverage in March 2026 in OnlyMyHealth for the article titled “Where Does Kidney Stone Pain Occur?”**

OnlyMyHealth

Where Do Kidney Stones Actually Hurt? Doctors Explain

Our experts explain how to catch a kidney stone early. Learn exactly where kidney stone pain occurs first, its signs, treatment, and when to consult a doctor.



Written By: Shrutika Das published on Mar 18, 2026 12:14 IST



MORE FOR YOU



What Size Of Kidney Stones Need Surgery? Experts Explain



Kidney Stones And Dehydration: Doctors Explain The Connection



Signs You May Have a Kidney Stone: Early Symptoms You Should Watch Out For

The feature highlighted that kidney stone pain often begins in the lower back or side and may radiate towards the abdomen and groin depending on the stone's position in the urinary tract. It also emphasized the importance of early symptom recognition and timely medical intervention for effective management.

ADVANCED MANAGEMENT OF LEFT PUJ (Pelvi-Ureteric Junction) OBSTRUCTION

FACULTY:

Dr. Susheel Kharbanda

Senior Consultant, Urology

PRESENTING / CHIEF COMPLAINTS:

A 9 months 22 days old male child, known case of Left PUJ (Pelvi-Ureteric Junction) obstruction detected antenatally at 6 months of gestation, admitted for surgical management.

CLINICAL FINDINGS:

Antenatally detected Left Pelvi-Ureteric Junction (PUJ) obstruction at 6 months of gestation.

DIAGNOSIS:

Congenital blockage at the Left Pelvi-Ureteric Junction (PUJ) affecting normal urine drainage from the left kidney.

TREATMENT PERFORMED:

The child underwent Left Pyeloplasty with DJ stent placement under General Anaesthesia to correct the blockage and restore normal urine flow from the kidney.

SPECIAL NOTE:

This case highlights early diagnosis and timely surgical intervention at RG Rajouri Garden, preventing long-term kidney damage. Expert surgical precision ensured preservation of renal function and a smooth recovery, reflecting our excellence in pediatric urology care.

ADVANTAGES OF EARLY PUJ CORRECTION AT RG RAJOURI GARDEN:

- Prevention Of Progressive Kidney Damage.
- Restoration Of Normal Urinary Drainage.
- Improved Long-term Renal Function.
- Safe Pediatric Specialized Urology Expertise By Dr. Susheel Kharbanda.
- Enhanced Recovery With Expert Postoperative Monitoring.

Clinical Excellence

📍 NEW DELHI

FACULTY:

Dr. Richa Arora Miglani

Head - Department of Minimally Invasive Gynaecology & Robotic Surgery had successfully completed the Certificate Course in Cosmetic, Functional & Regenerative Gynaecology from IMMAST, Mumbai.

We are delighted to further expand our scope of services with the addition of advanced aesthetic and regenerative gynaecological procedures, including:

- 1470 nm Diode Laser for vaginal rejuvenation
- PRP treatment
- Cosmetic Gynaecological Surgeries including: -Hymenoplasty
- Labiaplasty (Labia Majora & Labia Minora)
- Vaginoplasty

These additions reflect our continued commitment to providing comprehensive, advanced, and patient-centric gynaecological care.

SUCCESSFUL MANAGEMENT OF A LARGE VESICAL (BLADDER) STONE

FACULTY:

Dr. Manoj Jain
HOD & Chief Urologist

Dr. Ajay Aggarwal
Consultant - Urology

PRESENTING / CHIEF COMPLAINTS:

A 33 year old, male patient presented with pain in the lower abdomen along with increased urinary frequency and urgency for the past 6-7 months.

CLINICAL FINDINGS:

- Large vesical (urinary bladder) calculus.
- Stone size: approximately 77 × 65 mm.
- Associated cystitis changes on ultrasound.
- Lower abdominal pain with urinary irritation symptoms.

DIAGNOSIS:

Large vesical calculus (Giant Bladder Stone).

TREATMENT PERFORMED:

A surgical approach was planned to safely remove the large bladder stone:

- Cystoscopy (CPE) + Open Cystolithotomy was performed under General Anesthesia.

HIGHLIGHTS OF THE CASE:

- Very large vesical calculus (~77 × 65 mm).
- Long-standing urinary symptoms (6-7 months).
- Successful cystoscopy with open cystolithotomy.
- 100% stone clearance achieved.
- Safe recovery and stable discharge.

SPECIAL NOTE:

This case highlights the successful management of a very large bladder stone causing long-standing urinary symptoms. Through timely surgical intervention and precise stone removal, complete clearance of the vesical calculus was achieved, leading to relief from symptoms and prevention of further bladder complications and showcase Dr. Manoj Jain, Dr. Ajay Aggarwal and the entire OT Teams expertise in managing complex bladder stone disease.

Clinical Excellence

📍 LUDHIANA

MANAGEMENT OF MASSIVE RIGHT STAGHORN KIDNEY STONE (9 x 5 cm) WITH SEVERE HYDRONEPHROSIS

FACULTY:

Dr. Vaibhav Sood
Consultant Urology

Dr. Amit
Consultant Anesthesia

PRESENTING / CHIEF COMPLAINTS:

The patient presented with pain in the right flank region. NCCT KUB showed a Right staghorn kidney stone causing obstruction and severe hydronephrosis. The patient was admitted for further treatment and surgical management.

CLINICAL FINDINGS:

- Right staghorn renal stone.
- Obstruction in the right kidney.
- Severe hydronephrosis (swelling of the kidney).
- Stone filling the renal pelvis and multiple calyces.
- Few small non-obstructive stones in the right kidney.
- Left renal calcification noted.

DIAGNOSIS:

Right obstructive staghorn calculus measuring approximately 9 × 5 cm with severe hydronephrosis.

TREATMENT PERFORMED:

Right PCNL (Percutaneous Nephrolithotomy) with DJ Stent placement under General Anesthesia.

SPECIAL NOTE:

This case highlights, Dr. Vaibhav Sood's expertise in successfully removing a massive staghorn kidney stone measuring approximately 9 × 5 cm using advanced minimally invasive techniques, while preserving the kidney function. The surgery involved a dual-tract Percutaneous Nephrolithotomy (PCNL), where two access channels were created to different parts of the kidney. This allowed the surgical team to remove the entire stone in a single sitting. The stone fragmentation phase lasted about 90 minutes, and complete stone clearance was achieved. After surgery, the patient recovered well, with serum creatinine improving from 1.5 mg/dL to 1.3 mg/dL, indicating better kidney function.

HIGHLIGHTS OF THE CASE:

- Large staghorn kidney stone.
- Severe hydronephrosis.
- Advanced PCNL surgery performed.
- Laser stone fragmentation.
- Successful removal of complex kidney stone.
- Stable recovery after treatment.

MANAGEMENT OF PUJ OBSTRUCTION IN HORSESHOE KIDNEY WITH SEVERE HYDRONEPHROSIS AND PRESERVATION OF CROSSING VESSEL

FACULTY:

Dr. Zeeshan Rahman

Consultant Urology

PRESENTING / CHIEF COMPLAINTS:

The patient presented with pain in the left flank region. NCCT KUB showed gross hydronephrosis of the left moiety of a horseshoe kidney. The patient was admitted for further treatment and surgical management.

CLINICAL FINDINGS:

- Gross hydronephrosis of the left moiety of the horseshoe kidney.
- A crossing vessel was seen causing the obstruction.

DIAGNOSIS:

PUJ obstruction of the left moiety of the horseshoe kidney with a crossing vessel.

TREATMENT PERFORMED:

Left laparoscopic pyeloplasty with DJ stenting under General Anesthesia.

SPECIAL NOTE:

This case highlights Dr. Zeeshan Rahman's expertise in successfully completing a laparoscopic pyeloplasty while preserving the crossing vessel causing the obstruction. The surgery involved minimally invasive laparoscopic pyeloplasty, which was made even more challenging due to the presence of crossing vessels. After surgery, the patient recovered well and was discharged on the 3rd postoperative day.

HIGHLIGHTS OF THE CASE:

- PUJ obstruction in horseshoe kidney – distorted anatomy
- Severe hydronephrosis.
- Advanced laparoscopy performed successfully.
- Successful preservation of the crossing vessels.
- Stable recovery after treatment.

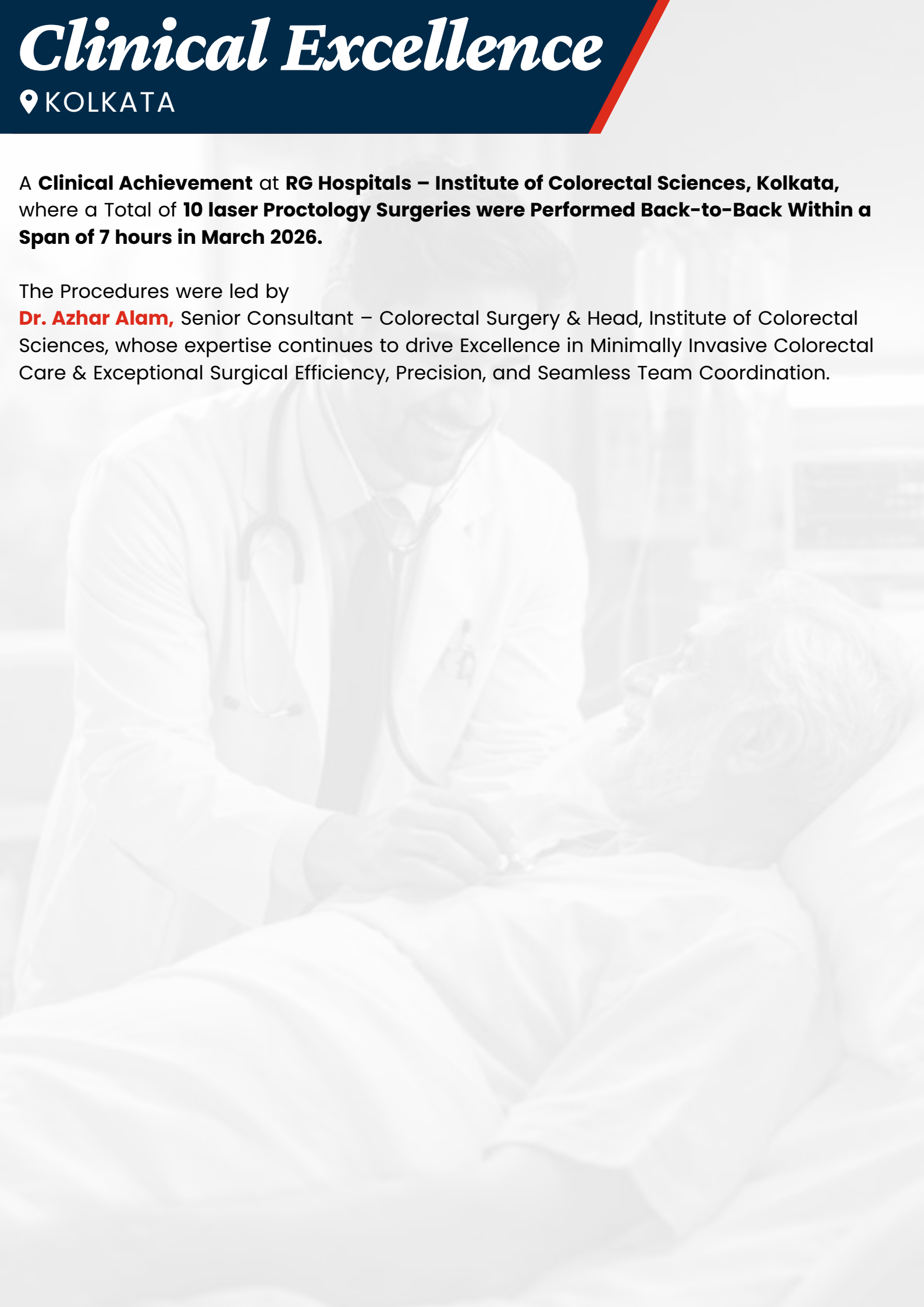
Clinical Excellence

📍 KOLKATA

A **Clinical Achievement** at **RG Hospitals – Institute of Colorectal Sciences, Kolkata**, where a Total of **10 laser Proctology Surgeries** were Performed **Back-to-Back Within a Span of 7 hours in March 2026**.

The Procedures were led by

Dr. Azhar Alam, Senior Consultant – Colorectal Surgery & Head, Institute of Colorectal Sciences, whose expertise continues to drive Excellence in Minimally Invasive Colorectal Care & Exceptional Surgical Efficiency, Precision, and Seamless Team Coordination.



Academic Excellence

📍 LUDHIANA

RG Hospitals, Ludhiana organised a CME Programme in association with Phillaur area doctors at Hotel Malhotra, Ludhiana, which saw the participation of 25+ esteemed doctors.

The session provided a valuable platform for knowledge exchange and clinical discussions.

Key Speakers & Topics:

-Dr. Suman Sethi

(Director & Head – Institute of Nephrology) – RG NexGen

-Dr. Punit Bansal

(Director & Head – Institute of Urology) – Erectile Dysfunction in Males & Role of Penile Implants

-Dr. Vipul Bansal

(Associate Consultant – Anaesthesia & Critical Care) – ICU Patient Management

The Programme Concluded With Insightful Discussions And Active Interaction Among The Attending Doctors.



Academic Excellence

📍 PITAMPURA

RG Hospitals, Pitampura organised a CME Programme in association with IMA Rohini at Hotel Crowne Plaza, Rohini, New Delhi, which witnessed the participation of over **220 esteemed doctors**. The session provided an excellent platform for knowledge sharing and clinical discussions.

Key Speakers & Topics:

–Dr. Manish D. Sharma

(HOD – Minimal Access, General, Robotic & Bariatric Surgery) – Abdominal Wall Reconstruction

–Dr. Richa Arora Miglani

(Head – Minimally Invasive Gynaecology & Robotic Surgery) – Size Doesn't Limit Minimally Invasive Surgery
– Our Approach to Big Fibroids

The programme concluded with insightful discussions and valuable interactions among healthcare professionals.



Academic Excellence

📍 KOLKATA

RG Hospitals, Kolkata successfully organised a **CME Programme in February at Park Street, Kolkata**, with the participation of **22 doctors**. The session provided a platform for knowledge sharing and clinical discussion among healthcare professionals.

Key Speaker & Topic:

–Dr. Zeeshan Rahman

(Consultant – Urology) – Guidelines of Stone Management

The programme encouraged meaningful interaction and learning on the latest approaches in urological care and stone management.



Academic Excellence

📍 LUDHIANA

RG Hospitals, Ludhiana organised a **CME Programme in February in association with Physician Friends – Moga** at Hotel Taj, Ludhiana Bypass, Moga, which witnessed the participation of **45+ esteemed doctors**. The session served as a valuable platform for clinical discussions and knowledge sharing.

Key Speakers & Topics:

- Dr. Suman Sethi (Director & Head – Institute of Nephrology)–*RG NexGen*
- Dr. Rohtash Luthra (Consultant – General, Laparoscopic & Bariatric Surgery)
Management of Obesity: Where Bariatric Surgery Stands

The programme concluded with engaging discussions and meaningful interaction among the attending doctors.



Academic Excellence

📍 LUDHIANA

RG Hospitals, Ludhiana organised a **Health Talk at SBI Bank's Zonal Office, Ludhiana, in February**, where **35+ employees** attended the session and actively participated in the discussion, gaining valuable health insights.

Key Speaker & Topic:

-Dr. Suman Sethi (Director & Head – Institute of Nephrology)
How to Keep Kidneys Healthy & Importance of Organ Donation

The session focused on kidney health awareness and the significance of organ donation, encouraging participants to adopt healthier lifestyle habits.



Academic Excellence

📍 PITAMPURA

RG Hospitals, Pitampura organised a **Meet & Greet Programme in February** in association with the **Homeopathic Study Circle** at **Lotus Leaf Restaurant, Prashant Vihar, Rohini, New Delhi**.

Key Speakers & Topics:

- Dr. Harbans Singh (Medical Director & Chief Urologist)
- Dr. Peeyush (Medical Superintendent & Associate Consultant – Urology)
- Dr. Shiv Narain Goel (Sr. Consultant – Urology)

The programme witnessed the participation of over **30 doctors**, making it an engaging and interactive networking session.



Academic Excellence

📍 LUDHIANA

Mr. Abhijeet Sidhu (ABM – RG Hospitals, Ludhiana) was invited as the **Guest of Honour** at the **3rd Convocation Ceremony of CT University**.

During the ceremony, **over 800 students from PhD, postgraduate, and graduation programmes** were awarded their degrees, marking a proud and inspiring milestone in their academic journey.



Academic Excellence

GOA

RG Hospitals, Goa, in association with **IMA Tiswadi**, successfully conducted a **CME Programme at Hotel Delmon, Panjim, in March 2026.**

The programme was attended by **60+ doctors from Tiswadi/Panjim**, making it an engaging academic session.

Key Speakers & Topics:

-Dr. Shital Lengade

(Sr. Consultant, Nephrology) – Safe Patient Care in CKD

-Dr. Viraj Kandolkar

(Consultant, Minimally Invasive Surgery) – Laser Treatment for Piles, Fissures & Fistula in Ano



Academic Excellence

RAJOURI GARDEN

RG Hospitals, Rajouri Garden organized an **RTM (Round Table Meeting)** at **Kahani Fine Dining Restaurant** in **March 2026**.

The session witnessed the participation of **30 Gynaecologists**.

The academic discussion focused on the topic **"Robotic and Cosmetic Gynaecology"**.

The Session Was Led By Our Expert Doctors:

-Dr. Richa Miglani

Head - Laparoscopic, Robotic & Cosmetic Gynaecology

-Dr. Geetanjali Taneja

Clinical Associate - Gynaecology

-Dr. Alankrita Pandey

Associate Consultant - Gynaecology

-Dr. Amit Tiwari

SBU Head



Academic Excellence

RAJOURI GARDEN

Dr. Deepak Buddhi (Head & Sr. Consultant – Radiology), RG Hospitals, Rajouri Garden, achieved a significant academic milestone with his work on **“Automated Anomaly Detection System for X-Ray Scan”** being granted a patent by the **Patent Office, Government of India** in **March 2026**.

This innovation marks a **First-of-its-Kind AI-based Advancement in Radiology for X-Ray Scan Analysis**, contributing to improved diagnostic accuracy and efficiency.

This is **Dr. Deepak Buddhi’s second patent in India in the field of AI in Radiology**. He also holds an **international patent in the USA for his work in Generative AI**, further showcasing his contribution to advanced medical technology and research.



Academic Excellence

📍 LUDHIANA

RG Hospitals, Ludhiana, organised a **CME Programme** in association with **NIMA Ludhiana** in **March 2026**, where more than **40+ esteemed members attended the event**.

Key Speakers & Topics:

- Dr. Suman Sethi (Director & Head – Institute of Nephrology) – *RG NexGen*
- Dr. Rohtash Luthra (Consultant – General, Laparoscopic & Bariatric Surgery)
Robotics in Today's Surgical Practice



Academic Excellence

📍 LUDHIANA

RG Hospitals, Ludhiana participated in a **Semi-Live Robotic Workshop** organised by the Association of Ludhiana Urologists and Punjab Urology Association at Nirvana Club, Ludhiana, in March 2026, where more than 60+ esteemed urologists attended the event.

The RG Ludhiana Team actively contributed by managing the **Doctor's Registration Desk** and distributed **kits** to all members attending the event.

The Keynote Speakers/Chairpersons & Their Topics Were:

- Dr. Punit Bansal (Director & Head – Institute of Nephrology)
(Organising Secretary of the Event)
- Comparison of Various Robotic Platforms, How to Set Up a Robotic Program & Financial Management.
- Dr. Vaibhav Sood (Consultant – Urology) – (Organising Committee Member)
- Bipolar Brilliance: Mastering Clipless Robotic Prostatectomy with Hood Preservation.
- Mr. Abhijeet Singh Sidhu (SBU Head)
- Insurance, CGHS Coverage, Ayushman & Government Schemes for Robotic Programs



Community Connect

📍 GAGAN VIHAR

RG Hospitals, Gagan Vihar conducted a **Health Check-up Camp** in **February at Raghunath Mandir, Krishna Vihar, New Delhi**, promoting community health and preventive care.

More than **75 residents** availed the health services and consultations offered during the camp.



Community Connect

📍 FARIDABAD

RG Hospitals, Faridabad conducted a **Gynae Camp in February at Bhavnish Metal India Pvt. Ltd., Faridabad**, led by Dr. Palak Dewaan (Consultant – Gynaecology).



The camp saw enthusiastic participation from employees, with **100+ women receiving gynaecology consultations, 191+ blood donations, 600+ eye check-ups, & 460 sanitary pads distributed. Additionally, 200+ health check-up coupons** were provided, reinforcing RG Hospitals' commitment to **preventive healthcare and workplace wellness**.

Community Connect

📍 NOIDA

RG Hospitals, Noida conducted a **Health Checkup Camp in February at Montage Enterprises Private Limited, Sector 57, Noida.**



The camp witnessed the participation of **85+ individuals**, who availed health screening and consultation services, promoting awareness about preventive healthcare and regular health check-ups.

Community Connect

DEHRADUN

RG Hospitals, Dehradun organized a **Health Camp at the Shivratri Fair in February**, witnessing an overwhelming footfall of **3800+ visitors**.



During the camp, **435+ individuals** availed **health check-up services**, reflecting RG Hospitals' continued commitment to **community wellness and preventive healthcare outreach**.

Community Connect

DEHRADUN

RG Hospitals, Dehradun organised an **In-House Interactive Gynaecology Session in February**, aimed at spreading awareness on women's health and preventive care.



The session was led by **Dr. Vandana Aggarwal (Consultant – Obstetrics & Gynaecology)** with active participation from **ASHA Union Workers**. The discussion focused on **women's health awareness, early diagnosis, and preventive care**, encouraging open interaction & knowledge sharing.

Community Connect

📍 LUDHIANA

RG Hospitals, Ludhiana conducted a **Health Check-Up Camp in February** at **Bhai Daya Singh Charitable Trust, Ludhiana**, where **50+ people** benefited from the healthcare services provided.

The camp was led by our esteemed doctors:

Day 1

Dr. Suman Sethi (Director & Head – Institute of Nephrology)

Dr. Charan Kanwal Singh (Consultant – Urologist)

Day 2

Dr. Vaibhav Sood (Consultant – Urology)

Dr. Prerna Goyal (Sr. Consultant – Physician)



The camp aimed to promote **health awareness, early diagnosis, and accessible healthcare for the community.**

Community Connect

📍 NOIDA

RG Hospitals, Noida organised a **Health Camp in February at Timex Group India Limited, Sector 16**, Noida, promoting preventive healthcare at the workplace.

The camp recorded **62 registrations**, reflecting strong participation and awareness among employees, while reinforcing RG Hospitals commitment to accessible and proactive healthcare.



Community Connect

📍 LUDHIANA

RG Hospitals, Ludhiana conducted a **Health Check-Up Camp** in February at **B.C.M Arya School, Ludhiana**, promoting awareness and preventive healthcare in the community.

30+ people availed the services provided at the Health Check-Up Camp.



Community Connect

DEHRADUN

RG Hospitals, Dehradun organised an **Interactive Health Session in February** at **Coronation Government Hospital, Dalanwala** and **PHC Khurbura Mohalla**.



The session witnessed the participation of **32 ASHA Union Workers** and focused on **community health awareness and preventive care**, encouraging stronger healthcare engagement at the grassroots level.

Community Connect

📍 LUDHIANA

RG Hospitals, Ludhiana conducted a **Health Camp** at **Punjab Agricultural University** in **February** during their **3rd Alumni Meet**.



The camp offered basic health check-up services, where **30+ participants** actively availed the facility, promoting awareness and preventive healthcare.

Community Connect

📍 EAST OF KAILASH

RG Hospitals, East of Kailash organised a **Health Camp & Health Talk in February at the Indian Institute of Foreign Trade (IIFT), Qutub Institutional Area, New Delhi**, focusing on health awareness and preventive healthcare.

The session witnessed the participation of **3000+ attendees**, with active engagement from participants who gained valuable insights on health and wellness.

Key Speaker & Topic:

-Dr. Piyush Vishwakarma
(Consultant- Gastroenterology, Hepatology & Liver Transplant)
Healthy Gut & Liver



Community Connect

📍 LUDHIANA

RG Hospitals, Ferozepur Road, Ludhiana organised a **Health Talk & Health Camp** at **Guru Nanak Khalsa College in February**, with enthusiastic participation from **100+ students and faculty members** who actively engaged in the session and gained valuable health insights.

Additionally, **150+ students** availed the services offered at the **Health Check-up Camp**, promoting awareness and preventive care.

Key Speaker & Topic:

-Dr. Suman Sethi

(Director & Head – Institute of Nephrology)

How to Keep Kidneys Healthy & the Importance of Organ Donation



The session highlighted the importance of kidney health awareness and the need to encourage organ donation.

Community Connect

📍 EAST OF KAILASH

RG Hospitals, East of Kailash organised a Health Camp & Health Talk at **PGDAV College** (Delhi University), Lajpat Nagar, New Delhi, which witnessed the participation of over 4000 attendees. The session encouraged active interaction and helped spread awareness on important aspects of health.

Key Speaker & Topic:

-Dr. Ankit Grover

(Consultant-Nephrology & Renal Transplant)

How to Keep Your Kidneys Health



The session provided valuable guidance on **maintaining kidney health and the importance of early awareness and preventive care.**

Community Connect

CHENNAI

RG Hospitals, Chennai organized a **Mega Health Camp** in **March 2026**. **110+ registrations** were recorded, showing strong participation and interest in preventive healthcare.

The camp was led by our expert team of doctors:

Dr. Arun R-(Consultant - Urology)

Dr. Varun Tamilselvan – Associate Consultant – Urology

Dr. M. Durai Raj Kumar – Consultant – General, Laparoscopic & Minimal Access Surgery

Dr. Jahnvi Chandrasekar – Consultant – Gynaecology



Community Connect

📍 EAST OF KAILASH

RG Hospitals, East of Kailash organized a Health Camp at **Taare Foundation, Vasant Kunj** in **March 2026**.

The camp witnessed the participation of 60+ attendees, and 27 underprivileged children & young adult females (9–25 years) were vaccinated during the camp.



Community Connect

📍 PITAMPURA

RG Hospitals, Pitampura organized a **Health Camp** at **Gurudwara Shri Singh Sabha, Keshav Puram** in **March 2026**.

The camp witnessed the participation of **100+ patients**, who availed the health check-up services.

The camp was led by our expert team of doctors:

Dr. Alankrita Pandey - Associate Consultant - Gynaecology

Dr. Geetanjali Taneja - Clinical Associate - Gynaecology



#International Women's Day

The **IWD Council** announced **“Give to Gain”** as the underlying theme for the **115th International Women’s Day**, signifying the importance of giving respect, support, and opportunities to women.

On this occasion, **RG Hospitals** reaffirmed its commitment towards empowering women through the ethos of **#SheMatters**. The launch of the **Women First Card** and the continued focus on Women Wellness reflected this commitment and dedication towards women's health and well-being.

RG Hospitals expressed gratitude and appreciation for the courage, strength, and leadership demonstrated by women every day.

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Women first Card

Women first Card

**This Women's Day,
stand up for your health.**

#InternationalWomen'sDay

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#SheMatters #SelfCareIsNotSelfish

Community Connect

📍 FARIDABAD

RG Hospitals, Faridabad, organized a **Special Women's Day Health Talk at Tata Tele Business Services, Noida**, in **March 2026**, led by **Dr. Palak Dewaan (Consultant - Gynaecology)**.

The session was attended by **75+ female** staff members and focused on women's health awareness, preventive care, and overall well-being.



Community Connect

📍 KOLKATA

RG Hospitals, Kolkata organized a **Women's Wellness Camp** on the occasion of **International Women's Day** at **Tata Tele Services Limited, Kolkata**, in **March 2026**.

The camp was attended by **38 female employees**, focusing on women's health awareness and preventive care.



Community Connect

📍 MUMBAI

RG Hospitals, Mumbai organized a **Women's Wellness Camp** on the occasion of **International Women's Day** at **Tata Tele Services Limited, Mumbai**, in **March 2026**.

The camp was attended by **30 female employees**, focusing on women's health awareness and preventive care.



Community Connect

📍 LUDHIANA

RG Hospitals, Ferozepur Road, Ludhiana, organized a **Women's Day Panel Discussion** at CT University in March 2026.

100+ students attended the session, actively engaged in discussions, & gained valuable insights.

Key Speaker & Topic:

-Dr. Suman Sethi

(Director & Head – Institute of Nephrology)

What Men Often Fail to Notice in Women: From Protecting Her to Respecting Her Personal Individuality.



Community Connect

CHENNAI

RG Hospitals, Chennai, conducted its **First Community Connect Health Camp** at **Radiance Suprema Society, Chennai**, in **March 2026**.

The camp recorded **45 registrations**, showing active participation from the community.



Community Connect

📍 EAST OF KAILASH

RG Hospitals, East of Kailash was associated with **Piyush Mishra's Aarambh 2.0 Live Concert**, held at NSIC Grounds, in March 2026.

With over 10,000 attendees at the event, the **RG Hospitals** medical team was present on-site to provide **Emergency Medical Services**, ensuring timely medical support and preparedness throughout the concert.



Community Connect

📍 LUDHIANA

On the occasion of **World Kidney Day**, RG Hospitals, Ludhiana organized “**Dil Se Fighter – A Gathering of Strength & Support**” in March 2026 to spread awareness about kidney health and support patients battling kidney disease.

The event brought together **Kidney Patients, Post Kidney Transplant Patients, Dialysis Patients, their Families, Caregivers, Doctors, and RG Team Members** for an interactive session on **treatment options, post-transplant care, dialysis awareness, and healthy lifestyle practices.**

The program also celebrated **Life beyond Illness**, where **CKD patients and family members** shared their **personal journeys**, offering motivation and emotional support to others fighting similar battles.

The event was further enriched with engaging activities including cultural performances by patients and RG Team Members, motivational songs, a role play highlighting kidney health awareness, and a special cake-cutting ceremony celebrated by the RG team and patients.

The occasion was graced by our **Chief Guest, Dr. Ramandeep Kaur, Civil Surgeon**, who honoured post kidney transplant patients for their strength and resilience and appreciated the efforts of RG Hospitals in creating awareness and support for kidney patients.



Community Connect

📍 LUDHIANA

The event was graced by our expert doctors:

Dr. Chan Bir Singh – Medical Director

Dr. Suman Sethi – Director & Head – Nephrology

Dr. Rohtash Luthra – Consultant – Gen. Laparoscopic, Robotics & Bariatric Surgery

Dr. Prerna Goyal – Sr. Consultant – Physician

Dr. Vaibhav Sood – Consultant – Urology

Dr. Amit Kaur – Sr. Consultant – Anaesthesia

Dr. Yugam – Sr. Consultant – Anaesthesia

Dr. Shirin Garg – Sr. Consultant – Gynaecology

Dr. Anita – Associate Consultant – Critical Care & Anaesthesia

Dr. Harsimran – Associate Consultant – General Surgery

Mr. Abhijeet Singh Sidhu – SBU Head

The program concluded with a vote of thanks delivered by **Dr. Prerna Goyal**, expressing gratitude to the **chief guest, doctors, patients, caregivers, and the entire RG team** for making the event meaningful and impactful.

The initiative also received widespread media coverage in leading newspapers of Ludhiana, helping spread the message of kidney health awareness and patient support to the wider community.



Community Connect

📍 KOLKATA

RG Hospitals-Kolkata in association with **Ashroy Old Age Home** (a unit of the National Forum of Social Action), organized a **Health Camp** at Joka, Kolkata. **More than 60+** Team Members and Residents attended the camp.

Shri Dilip Mondal, Honorable Minister of State for Transport, was present at the camp.

Dr. Tapti Sen- Sr. Consultant Breast Surgery, RG Hospitals Kolkata, also personally presented gifts to the residents.



Community Connect

📍 FARIDABAD

RG Hospitals, Faridabad participated as the **Health Partner** in “**Sangini 5.0**”, an initiative led by the **Gender Sensitization and Equality Initiative (GSEI)**, at **Maharaja Agrasen Institute of Management Studies, Rohini**, in **March 2026**, led by **Dr. Palak Dewaan (Consultant – Gynaecology)**.

The camp recorded active participation from **150+ students and 10+ faculty members** from the community.



Community Connect

📍 FARIDABAD

RG Hospitals, Faridabad, in association with the **Greater Faridabad Women's Club**, organized an **"Evening of Gratitude to Women"** at **BPTP Pride Club, Sector-77, Faridabad, in March 2026**.

40 women attended the event. Participants were also presented with a mug and planter as a token of appreciation, and **RG Hospitals received a Certificate of Gratitude from the GFWC**.

Key Speaker & Topic:

-Dr. Seema Madan

(Consultant - Gynaecology)

Women's Health, Wellness and Hormones



Community Connect

📍 LUDHIANA

RG Hospitals, Ludhiana, conducted a Health Camp at Indus Bank, Chandigarh Road Branch, Ludhiana, in March 2026.

35+ people availed the services provided at the Health Check-Up Camp.



Community Connect

📍 LUDHIANA

RG Hospitals, Ludhiana, conducted a Health Camp at Kisan Mela, Punjab Agricultural University (PAU), Ludhiana, in March 2026, where 150000+ people visited the mela.

500+ people availed the services provided at the Health Check-Up Camp.



Community Connect

📍 DEHRADUN

RG Hospitals, Dehradun, conducted a Health Camp at Maxvel Residency, Sahastradhara Road, Dehradun, in March 2026.

The camp recorded **45+ attendees**, showing active participation from the community.



Community Connect

📍 NOIDA

RG Hospitals, Noida, conducted a Health Check-up Camp at Triazine Software Pvt. Ltd., Sector 58, Noida, in March 2026.

The camp recorded **58+ registrations**, showing active participation from the community.



Community Connect

📍 KOLKATA

On the occasion of **International Women's Day**, the **Women Teachers of Andrews Higher Secondary School, Kolkata**, were warmly felicitated by the **Women Employees of RG Hospitals, Kolkata**, in March 2026.

The initiative appreciated the hard work and valuable contribution of women teachers.



Community Connect

📍 EAST OF KAILASH

RG Hospitals, East of Kailash organized a **Women's Health Camp** at **Move Ahead Consultancy** in March 2026.

The camp was attended by **25+ staff members** and focused on spreading awareness about women's health and preventive care.



Awards / Recognition / Achievements

MISSION SWASTH KAVACH- Educate, Prevent, Protect

RG Hospitals, Ludhiana became the **first corporate hospital to join Mission Swasth Kavach**, a public health initiative associated with **Hero Heart Institute, DMC** and the **Government of Punjab**, focused on the **early detection and control of hypertension**

Launched in collaboration with **Dayanand Medical College & Hospital**, the initiative aims to strengthen community health through **large-scale blood pressure screening and training in CPR and BP monitoring**. The programme was inaugurated in the presence of **Shri Himanshu Jain** (Deputy Commissioner, Ludhiana) and **Dr. Bishav Mohan (Professor & Head – Cardiology, Hero Heart Institute, DMC Hospital)**.

As part of this initiative, **RG Hospitals** has also set up a **dedicated Free BP Screening Corner**, where individuals identified with elevated blood pressure receive **free consultations for timely medical guidance and care**.

#MissionSwasthKavach #GovernmentOfPunjab
#RGHospitals #DistrictAdministrationLudhiana
#HeroHeartDMC #PreventiveHealthcare
#HealthcareLeadership #CommunityImpact
#ShieldTheFuture #KawachForLife

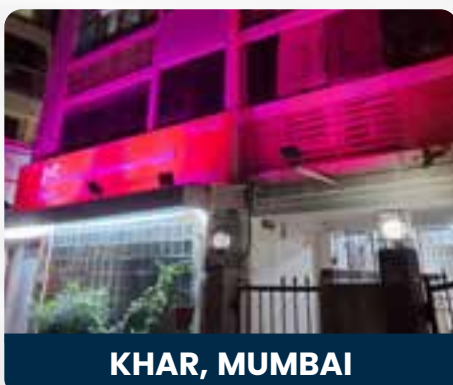
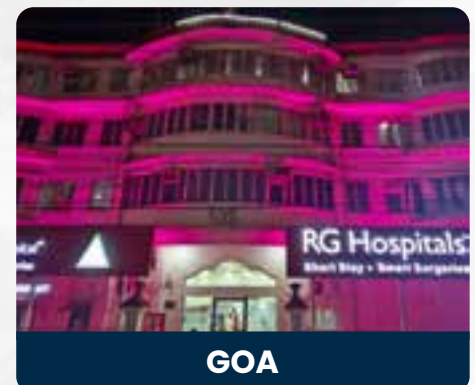


Celebrations

International Women's Day

On the occasion of **International Women's Day**, All Units of RG Hospitals **Lit Up in Pink**, symbolizing the **Strength and Spirit of Women**.

A Small Gesture to Remind Every Woman that Her Health Truly Matters.





International Women's Day



International Women's Day was celebrated across all RG Units with cake-cutting ceremonies and gift distribution, honouring the women who inspire and strengthen our community.

International Women's Day

📍 East Of Kailash



International Women's Day

Chennai



International Women's Day

Dehradun



International Women's Day

📍 Faridabad



International Women's Day

📍 Ferozepur Road, Ludhiana



International Women's Day

📍 Gagan Vihar



International Women's Day

📍 Goa



International Women's Day

📍 Head Office



International Women's Day

📍 Khar, Mumbai



International Women's Day

📍 Kolkata



International Women's Day

📍 Model Town, Ludhiana



International Women's Day

📍 Mulund, Mumbai



International Women's Day

📍 Noida



International Women's Day

📍 Pitampura



International Women's Day

📍 Rajouri Garden



Gudi Padwa

📍 Mumbai

Gudi Padwa was celebrated with joy and enthusiasm at RG Hospitals, Mumbai.



OUR SPECIALITIES



Urology

- Urinary / Kidney Stone
- Enlarged Prostate (BPH)
- Ureteric Stricture
- Urethral Stricture
- Erectile Dysfunction
- Male Infertility
- Male Sterilization

Gynaecology

- Uterine Fibroids
- Uterus Prolapse
- Ovarian Cysts
- Endometriosis
- Ectopic Pregnancy
- Female Infertility
- Sterilization
- Cosmetic Gynaecology

Gynaecology Malignancies

- Uterine Cancer
- Cervical Cancer
- Ovarian Cancer

Urological Malignancies

- Kidney Cancer
- Prostate Cancer
- Urinary Bladder Cancer

Bariatric Surgery

- Obesity/Metabolic Syndrome
- Uncontrolled Diabetes

Robotic & NexGen Surgery

- General Procedures
- Urology Procedures
- Gynaecology Procedures
- Colorectal & Upper GI Procedures
- Bariatric Procedures
- RAMS™
(Robot Assisted Metabolic Surgery)
- NanoSlim MiPS
(Minimally Invasive Prostate Surgery)

Minimally Invasive Surgery

- Gallbladder Stone
- Hernia Repair
- Appendicitis
- Piles, Fissures & Fistula
- Breast Health

Female Urology

- Female Urinary Incontinence
- Vesico Vaginal Fistula
- Overactive Bladder
- Post Delivery Urinary Problems
- Interstitial Cystitis
- Voiding Difficulty
- Urinary Tract Infections
- Painful Bladder Syndrome
- Neurogenic Bladder
- Female Sexual Dysfunction

Other Departments

- Gastroenterology
- Nephrology
- Dialysis
- Internal Medicine
- Intensive Care Unit (ICU)
- Emergency Services

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OUR CENTRES



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Helpline: +91-72 0200 0200

DELHI - RAJOURI GARDEN

B-1, Vishal Enclave, Opp. Police
Station, Rajouri Garden,
New Delhi-110027
Ph.: 011-71058000
Helpline: +91-72 0200 0200

DELHI - GAGAN VIHAR

18, Gagan Vihar Main,
New Delhi-110092
Ph.: +91-9953008009
Helpline: +91-72 0200 0200

DELHI - PITAMPURA

194-195, Deepali Chowk,
Pitampura, New Delhi-110034
Ph.: 011-71057000
Helpline: +91-72 0200 0200

DELHI - MODEL TOWN - ORC

B-12, Derawal Nagar,
Model Town II, New Delhi-110009
Ph.: 011-42430300
Helpline: +91-72 0200 0200

DELHI - JANAKPURI - ORC

92A, Major P. Srikumar Marg,
Block C2B, Janakpuri-110058
Ph.: 011-49865868
Helpline: +91-72 0200 0200

NOIDA - ORC

D-82A, D-Block, Sector-26,
Maharaja Agrasen Marg,
Noida-201301
Ph.: 8595923938
Helpline: +91-72 0200 0200

FARIDABAD

A-6, Nehru Ground, Neelam
Bata Road, N.I.T Faridabad-121001
Ph.: 0129-4184000
Helpline: +91-72 0200 0200

LUDHIANA-MODEL TOWN

510-L, Model Town,
Ludhiana-141002
Ph.: 0161-4618585
Helpline: +91-972 0200 0200

LUDHIANA - FEROZEPUR ROAD

Opposite Grand Walk Mall,
Main Ferozepur Road,
Ludhiana, Punjab-141012
Ph.: 0161-5130000
Helpline: +91-72 0200 0200

DEHRADUN

8, Convent Rd, Near SBI Main
Branch, Race Course, Dehradun,
Uttarakhand-248001
Ph.: 0135-3520555
Helpline: +91-72 0200 0200

MUMBAI - KHAR

Ahimsa Marg, 14-A Road,
Khar (West),
Mumbai-400052
Ph.: 022-61463500
Helpline: +91-72 0200 0200

MUMBAI - MULUND

C/O Hira Mongi Navneet Hospital,
Valiji Ladha Road, Mulund (West),
Mumbai-400080
Ph.: 022-25675012/14
Helpline: +91-72 0200 0200

GOA

CVC Centre, Plot No. 217-218,
PDA Colony, Alto
Porvorim, Bardez, Goa-403521
Helpline: +91-72 0200 0200

GOA-ORC

19/111/6, shop No.10, Ground floor
Marao Kenny Complex, Caranzalem
Goa - 403002
Helpline - +91-72 0200 0200

KOLKATA

33, Orbit Heights, Gariahat
Road South, Opp. Jodhpur
Park, Kolkata 700031
Ph.: 033-40271000
Helpline: +91-72 0200 0200

KOLKATA-ORC

44A, S P Mukherjee Road, Beside
Bhowanipore Police Station,
Kolkata, West Bengal-700026
Ph.: 033-24550045
Helpline: +91-72 0200 0200

CHENNAI

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