

APRIL 2025



MONTHLY NEWSLETTER

RG Hospitals®
Short Stay • Smart Surgeries

RG Urology & Laparoscopy Hospital®
Stone — Simplifying Surgeries

EI (Emotional Intelligence) Enabled Healthcare.™

Delhi • Noida • Faridabad • Mumbai • Chennai • Kolkata • Goa • Ludhiana • Dehradun

WELCOME NOTE

RG Hospitals, Dehradun, is pleased to welcome **Dr. Bhavin Brahmbhatt**, a highly experienced Senior Consultant, Nephrologist & Transplant Physician with over 14 years of experience in Nephrology and 10 years of experience in Renal Transplantation. As the former Head of Nephrology at CHL Group of Hospitals, Dr. Brahmbhatt brings extensive expertise in living & cadaveric donor renal transplantation, ABO-incompatible transplants, and advanced renal care. With over two decades of clinical experience, he is committed to delivering comprehensive, patient-centric kidney care with the highest standards of medical excellence.

OPD Timings:

Monday, Tuesday, Wednesday, Friday & Saturday

6:00 PM – 7:30 PM

Call For Appointments:

+91 98100 26456

ADVANCED
KIDNEY TRANSPLANT CARE

WITH
EXPERTISE & COMPASSION

RG HOSPITALS, DEHRADUN
EXTENDS A WARM
WELCOME TO
DR. BHAVIN BRAHMBHATT

OPD TIMINGS
DAYS: MON, TUES, WED, FRI & SAT
TIME: 6:00PM TO 7:30PM

DR. BHAVIN BRAHMBHATT
MBBS, MD(MEDICINE), DNB NEPHROLOGY
CONSULTANT - NEPHROLOGIST & TRANSPLANT PHYSICIAN

CALL FOR APPOINTMENT
98 100 26456

RG Hospitals
No. 911, Block - 8, Sector - 15, Gurgaon

RG Living & Lifestyle Hospitals
Specialty Hospitals

DELHI • NOIDA • FARIDABAD • MUMBAI • CHENNAI • KOLKATA • GOA • UDHUMPA • DEHRADUN

WELCOME NOTE

RG Hospitals, situated in East of Kailash, is delighted to introduce and warmly welcome **Dr. Tushar Agarwal** to their esteemed team. Dr. Agarwal is a dedicated and accomplished Consultant in the field of Gynaecology & Obstetrics, bringing his expertise and compassionate approach to patient care. Holding the qualifications of MBBS, MS (OB/GYN), and DNB (OB/GYN), Dr. Agarwal is well-equipped to provide comprehensive gynaecological and obstetric services. Patients seeking his consultation can avail themselves of his OPD timings, which are scheduled for Saturdays between 3 PM and 5 PM, and on Sundays from 11 AM to 1 PM. To schedule an appointment with Dr. Tushar Agarwal at RG Hospitals, East of Kailash, individuals can reach out by calling the provided contact number: 98100 26456. RG Hospitals is committed to delivering advanced gynaecology and obstetrics care with both expertise and genuine compassion, and Dr. Agarwal's inclusion further strengthens this commitment.

OPD Timings:

Saturday

3:00 PM – 5:30 PM

Sunday

11:00 AM – 1:00 PM

Call For Appointments:

+91 98100 26456

ADVANCED
**GYNAECOLOGY
& OBSTETRICS
CARE**
WITH
**EXPERTISE
& COMPASSION**

RG HOSPITALS, EAST OF KAILASH
EXTENDS A WARM
WELCOME TO
DR. TUSHAR AGARWAL

OPD TIMINGS
SATURDAY - 3PM TO 5PM
SUNDAY - 11AM TO 1PM

DR. TUSHAR AGARWAL
MBBS, MS (OB/GYN), DNB (OB/GYN)
CONSULTANT - GYNAECOLOGY & OBSTETRICS

CALL FOR APPOINTMENT
98 100 26456

RG Hospitals | RG Urology & Laserology Hospital
A multi-specialty & super-specialty hospital | Dehradun, Uttarakhand

Delhi | Noida | Faridkot | Mumbai | Chennai | Kolkata | Goa | Lucknow | Dehradun

CLINICAL EXCELLENCE

Redefining Gynaecological Surgery with Precision & Compassion

Faculty:

Dr. Tushar Aggarwal (Consultant - Gynecology & Obstetrics)
Dr. Aditya (Consultant- Anesthesia)

Hospital:

RG Hospital, Dehradun, Uttarakhand

A 40-year-old female presented with persistent lower abdominal pain for three months. Clinical evaluation and investigations confirmed a diagnosis of Multiple Fibroid Uterus, with the uterus enlarged to a size equivalent to 30–32 weeks of pregnancy.

Total Laparoscopic Hysterectomy with Bilateral Salpingo-Oophorectomy and Left Cystectomy was successfully performed under General Anesthesia.

Key Highlights of the Case:

- A 2.5 kg uterine mass, almost the size of a 32-week pregnancy, was removed completely laparoscopically
- Specimen retrieval via Endo bag Morcellation ensured safety and minimized risk
- Only three small stitches
- No large abdominal scar
- Patient discharged within 36 hours in stable and satisfactory condition

This case is a testament to the capabilities of Advanced Minimally Invasive Surgery.

In an era where many still believe large surgeries require open procedures, this successful case proves otherwise. Team RG Dehradun continues to push the boundaries of clinical excellence, offering faster recovery, minimal trauma, and better outcomes for patients.



ACADEMIC EXCELLENCE

RG HOSPITALS, GOA

RG Hospitals, Goa, in association with IMA Mormugao, organized a CME Programme on 1st February 2025 at The HQ Hotel, Vasco Da Gama, Goa.

The keynote speakers & their topics were:

Dr. Shital Lengade (Sr. Consultant - Nephrology)

Topic: Diuretics in Clinical Practice

Dr. Sarang Kanekar (Sr. Consultant - Urology)

Topic: Kidney Stone & Advanced Management

More than 45 esteemed doctors attended the event.



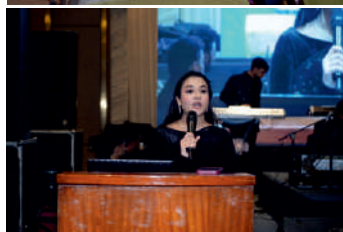
ACADEMIC EXCELLENCE

RG HOSPITALS, LUDHIANA

We're pleased to share that RG Hospitals, Ludhiana, hosted a Grand CME on January 25, 2025, bringing together Over 200 Esteemed Doctors from the city. The evening began with a warm welcome and an introduction to our State-Of-The-Art Facility by Dr. Rajinder K. Bansal (Medical Director & HOD - Neurosciences) & Dr. Chan Bir Singh (Medical Director & HOD Internal Medicine).

The event was a resounding success, with guests appreciating the new facility. A special performance by a renowned regional singer- Ali Zain made the evening even more memorable.

We are grateful to our guests for joining us and making the evening truly special.



ACADEMIC EXCELLENCE

RG HOSPITALS, CHENNAI

We are pleased to share that RG Hospitals, Chennai participated in a CME Program on Recurrent Pregnancy Loss & Recurrent Implantation Failure organized by FOGCE Society and IMA Women Doctors Wing where Dr. Arun Kumar K (Sr. Consultant - Urology) addressed the audience on the topic "Severe Oligoasthenoteratozoospermia (OATS) & Its Management"



ACADEMIC EXCELLENCE

RG HOSPITALS, LUDHIANA

We're pleased to share that RG Hospitals, Ludhiana, in association with NIMA FEROZEPUR CITY BRANCH, organized a CME Program on 10th February 2025 at Aliza Hotel, The Mall, Ferozepur City.

The keynote speakers & their topics were::

Dr. Suman Sethi (Director & Head - Institute of Nephrology)

Topic: Hypertension Impact on Renal System

Dr. Vaibhav Sood (Consultant - Urology)

Topic: Advancement in Prostate Enlargement Surgery

More than 30 Esteemed Doctors attended the event.



ACADEMIC EXCELLENCE

RG HOSPITALS, LUDHIANA

We are pleased to share that RG Hospitals, Ludhiana, participated as Platinum Partners at PIMACON 2024— The 77th Punjab State Annual Conference of The Indian Medical Association Punjab.

As Platinum Partners, our team played a key role in managing the Registration Counter, ensuring a smooth and efficient experience for all attendees.

Our esteemed faculty members made valuable contributions to the conference:

Dr. Rajinder Bansal (Medical Director & Head – Institute of Neurosciences)

Moderated Panel Discussion on: Quality Assurance Program in Hospitals

Dr. Shirin Garg (Senior Consultant – Gynecology)

Topic: Laparoscopic vs Robotic Surgery in Gynecological Procedures

Dr. Charan Kanwal Singh (Consultant – Urology)

Topic: Advances in Management of Benign Prostatic Hyperplasia

More than 550 Esteemed Doctors from across Punjab attended the CME on Day 1 (Feb 15, 2025).



ACADEMIC EXCELLENCE

RG HOSPITALS, LUDHIANA

PIMACON 2024: DAY 2

The second day of PIMACON 2024, where RG Hospitals, Ludhiana participated as Platinum Partners, witnessed an impressive gathering of more than 600 Esteemed Doctors.

Our team members, Ms. Manpreet Kaur (Human Resources Department) and Ms. Parvinder Kaur (Nursing Department), played a crucial role in managing stage coordination, and ensuring the seamless execution of the event. In recognition of their contributions, both were honored by the faculty of the Indian Medical Association (IMA).

The event concluded with an insightful keynote address by the Hon'ble Health Minister, Dr. Balbir Singh.

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COMMUNITY CONNECT

RG HOSPITALS, LUDHIANA

On the occasion of Republic Day, RG Hospitals, Ludhiana in collaboration with The Times Of India, organized a 2-day Camp led by Dr. Chan Bir Singh- (Medical Director and HOD Internal Medicine) & Dr. Prerna Goyal (Sr. Consultant - Physician) on 27th and 28th January, 2025, at both premises (Model Town & Ferozepur Road).

The camp hosted a range of impactful healthcare initiatives, including:

Free Doctor's Consultation including Dietary Consultation for Blood Sugar, High Blood Pressure, Obesity and High Cholesterol.

Free Tests for Blood Sugar, Thyroid Test (TSH), BP Checkup and BMI.

50% Discount on Ultrasound

A Team of Our Esteemed Doctors:

Dr. Chan Bir Singh (Medical Director and HOD Internal Medicine)

Dr. Rajinder K. Bansal (Medical Director & HOD - Neurosciences)

Dr. Prerna Goyal (Sr. Consultant - Physician)

Dr. Shirin Garg (Sr. Consultant - Gynaecology)

Dr. Rohtash Luthra (Consultant - General, Laparoscopic & Bariatric Surgery)

Dr. Jagpreet Singh (Consultant - General, Laparoscopic & Minimal Access Surgery)

Dr. Saurabh Dhandra (Consultant General and Laparoscopic Surgery)

Came together to offer expert care and reinforce our mission of community health and well-being.

HEALING TOUCH

CONSUMER CONNECT INITIATIVE



Creating awareness around preventive healthcare

The Times of India in collaboration with RG Hospitals organized a two-day free health check-up camp to raise awareness about the importance of preventive healthcare and lifestyle modifications needed to combat a number of diseases.

Lifestyle-related diseases such as diabetes, high blood pressure, obesity, and heart disease have reached epidemic proportions in India, with a alarming rise in the number of people affected every year. These conditions often lead to poor health and are the leading cause of heart attacks and strokes in an early age. In response to this growing health concern, The Times of India in collaboration with RG Hospitals organized a two-day free health check-up camp to raise awareness about the importance of preventive healthcare and lifestyle modifications needed to combat a number of diseases.

Health checkup camps are a valuable tool for early detection of health issues. A single checkup can identify several health problems, including blood pressure, cholesterol, blood sugar, and body mass index (BMI). Early detection allows for timely intervention and treatment, which can significantly reduce the risk of complications and improve overall health.

The camp was held at the Times of India office in Ludhiana, where a team of medical professionals from RG Hospitals provided free health checkups to the community. The camp was open to all, regardless of age or gender, and was held in a comfortable and professional setting. The camp was a great success, with many people attending and getting their health checked. The camp also provided a valuable opportunity for the medical professionals to interact with the community and provide health education.

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'Make Punjab green & free of drug menace'

Freedom fighters and players among 105 felled for public service



Prison inmates bring alive jail walls with graffiti

Notable artists bring new life to prison walls



Coldest night of year: Minimum temp dips to -4°C

PMU get taste of bird census at Haridwar



COMMUNITY CONNECT

RG HOSPITALS, NOIDA

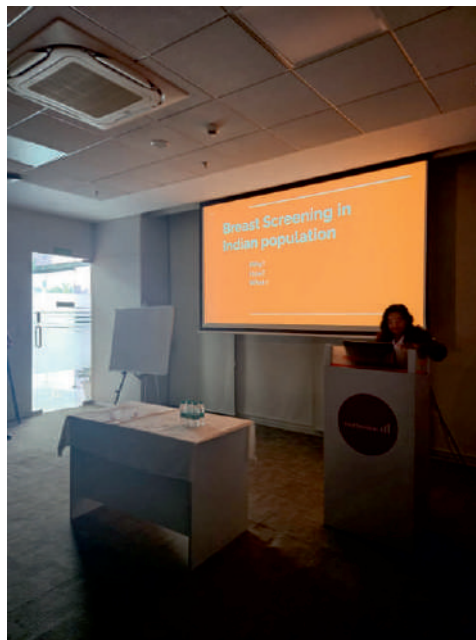
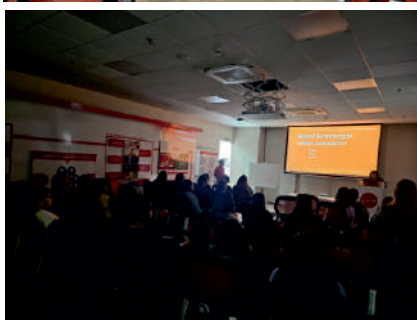
To commemorate the upcoming International Women's Day (8th March 2025), RG Hospitals organized a Health Talk at Motherson Technology Services Ltd., Noida, Sector 62. on 3rd March 2025, Monday.

Dr. Neerja Gupta (Sr. Consultant- Breast Surgical Oncology)

Addressed the audience on the Topic: Women's Well-Being and Self-Assessment of Breast.

More than 70 female employees attended the session, actively engaging in discussions and gaining valuable insights into their well-being.

The initiative was highly appreciated by the management of Motherson Technology, recognizing RG Hospitals' commitment to promoting women's health and preventive care.



COMMUNITY CONNECT

RG HOSPITALS, LUDHIANA

In the spirit of the upcoming International Women's Day (8th March 2025) celebrations, RG Hospitals, Ludhiana, organized a Health Talk at Hyatt Hotel, Ludhiana, today- 4th March 2025, Tuesday.

Dr. Perna Goyal (Sr. Consultant - Physician)

Addressed the audience on the Topic: Women's Day: A Day of Self-Care and Celebration

Over 25+ female employees attended the interactive session, learning essential health tips and engaging in discussions about their health and self-care.



COMMUNITY COMMUNITY

RG HOSPITALS, LUDHIANA

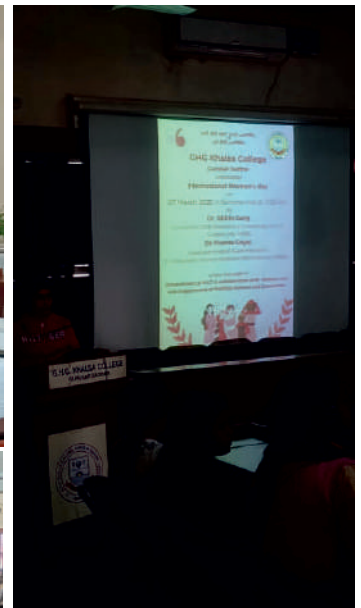
In the spirit of the upcoming International Women's Day (8th March 2025) celebrations, RG Hospitals, Ludhiana, organised a Health Talk at GHG College, Sadhar, today - 7th March 2025, Friday.

Dr. Perna Goyal – Sr. Consultant Physician and Dr. Shirin Garg –Sr. Consultant Gynaecology
led the insightful session, addressing key health topics:

Dr. Shirin Garg spoke on "Understanding Polycystic Ovarian Syndrome (PCOS)"

Dr. Perna Goyal discussed "Let's Accelerate Our Action on Women's Health"

The event saw an enthusiastic participation of over 130 students and faculty members, engaging in meaningful discussions on women's health and well-being.



COMMUNITY COMMUNITY

RG HOSPITALS, LUDHIANA

As part of the International Women's Day (8th March 2025), celebrations, RG Hospitals organized a Health Checkup Camp at Motherson Technology Limited today – 7th March 2025, Friday.

70+ Employees availed benefits from the health camp and wellness sessions.



COMMUNITY CONNECT

RG HOSPITALS, KOLKATA

In celebration of the upcoming International Women's Day (8th March 2025), RG Hospitals, Kolkata, organized a Health Talk at the Regional Office of Canara Bank, Kolkata, on 7th March 2025 (Friday).

Dt. Sriporna Chakravarty addressed the audience on

The Importance of Nutrition in Women's Health.

Moderated Panel Discussion on: Quality Assurance Program in Hospitals

The interactive session was attended by more than 50 female employees, who gained valuable insights into essential nutrition, received diet plans, and participated in an engaging discussion on maintaining a healthy lifestyle.



COMMUNITY CONNECT

WORLD KIDNEY DAY 2025

The 13th of March, is observed as World Kidney Day. In recognition of this important occasion, RG Hospitals commemorated the day with our #AreYourKidneysOK? campaign. This initiative aimed to raise awareness about kidney health and emphasize the vital role that kidneys play in maintaining overall well-being.

Here is an overview of the campaign:

1) Social Media Challenge:

"Tag Your Best Friend" – We encouraged individuals to post a picture with their best friend and share one kidney-friendly habit, using the hashtag #AreYourKidneysOK?

2) On-Ground Activities:

Hydration Stations: Water dispensers with disposable glasses will be set up for everyone to stay hydrated.

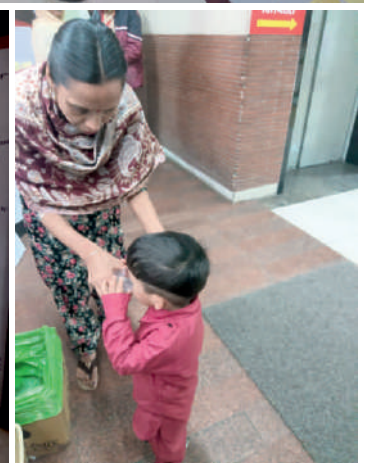
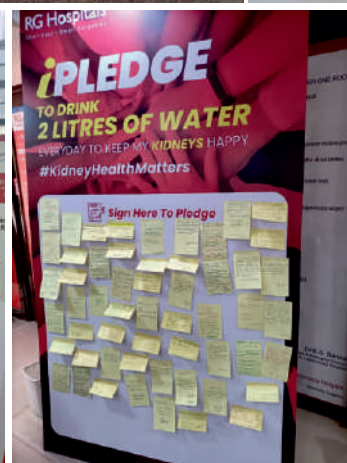
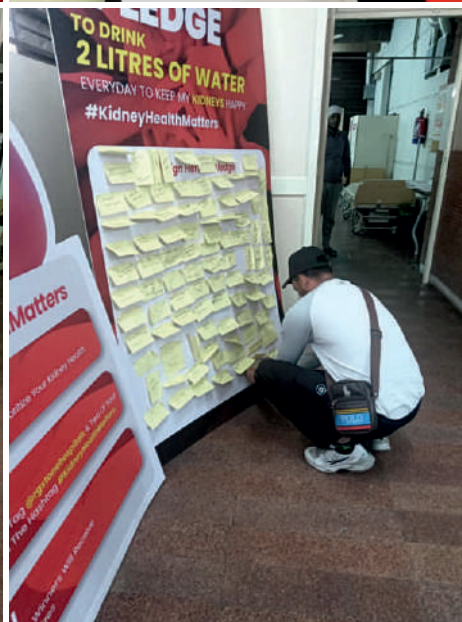
Pledge Wall: After drinking a glass of water, participants will sign a pledge wall along with their contact details, to commit to adopting kidney-friendly habits. Sticky notes and a thin black marker will be provided near the wall. At the end of the Month, 5 Lucky Draw Winners will be rewarded with exciting prizes!

Selfie Stand: The final step will be taking a selfie with the stand and tagging @rgstonehospitals along with #KidneyHealthMatters

In addition, we will be engaging in a Quiz Contest with both our patients and team members. These videos will feature fun questions related to kidney health, aiming to test their knowledge while also raising awareness about the importance of maintaining kidney health.

These activities will be conducted over the Next 15 days till the 31st of March, and we look your full support and participation in making this campaign a success!

#WorldKidneyDay #AreYourKidneysOK? #KidneyHealthMatters



COMMUNITY CONNECT

RG HOSPITALS, LUDHIANA

In observance of World Kidney Day 2025, RG Hospitals, Ludhiana, Ferozepur Road, organized a Comprehensive Wellness Program for Caregivers Today, Thursday, 13th March 2025.

The event featured a Cake-Cutting Ceremony, followed by a Yoga Session for Caregivers, led by the Chief Guest- **Shri Om Prakash (Senior Yoga Instructor)**. In solidarity with the wellness initiative, Dr. Rajinder K. Bansal (Medical Director, RG Hospitals, Ludhiana), Dr. Suman Sethi (Director & Head - Institute of Nephrology), Dr. Shirin Garg (Sr. Consultant - Gynaecology) and Dr. Prerna Goyal (Sr. Consultant - Physician) **also participated in the yoga session.**

Dt. Manasvi Dua conducted an insightful Diet Counselling Session, providing essential guidance on kidney-friendly nutrition, while Ms. Shreya Kapoor (Clinical Psychologist) addressed the audience with a thought-provoking Talk on Mental Wellbeing.

A touching moment of the event was when a dialysis patient took the stage and sang a joyful song. It was a lovely reminder that even in challenging times, a positive spirit and resilience can bring joy and hope to the journey.

The interactive session was well-received, with attendees gaining valuable knowledge on maintaining kidney health through proper diet, exercise, and mental wellness.





COMMUNITY CONNECT

RG HOSPITALS, LUDHIANA

PRESS CONFERENCE

MARATHON 6.0

A Press Conference was held today at our RG Hospitals Premises regarding the upcoming Marathon in Ludhiana "The RG Marathon 6.0" on 6th April 2025, Sunday

Dr. Rajinder Bansal- Medical Director & Head- Institute of Neurosciences,

Dr. Chanbir Singh- Medical Director & Head of Department- Medicine,

Dr. Prerna Goyal- Sr. Consultant- Physician, and

Mr. Abhijeet Singh Sidhu- shared the exciting highlights of the upcoming event and anticipated, enthusiastic, and fun- filled experience.

More than 65 representatives from various media houses extensively covered the conference, highlighting its importance.



RG LUDHIANA- MARATHON 6.0

MEDIA COVERAGE

We are pleased to share the articles featuring the Press Conference held in RG Hospitals, Ludhiana regarding the Upcoming RG Marathon in Ludhiana & RG MARATHON 6.0 on 6th April 2025, Sunday Published in Multiple Prestigious Newspapers- Punjab Express Bureau, Parmeshwar Vani, Punjabi Jagran, Swarnbhumi Times, News Times Punjab, Charhdikala, Jagriti Lahar, Rozana Spokesman, Sarana News, Kuber Kesari, Dainik Bhaskar, Desh Duniya, Dainik Sawera, Lahar India to Name a Few.

ਲੁਧਿਆਣਾ ਖ਼ਬਰ 22-03-2025

6 ਕੀਲੋਗ੍ਰਾਮ ਆਰਜੀ ਮੈਰਾਥਨ 6.0, ਫਿਟਨੈਸ ਆਡੀਅਨ ਮਿਲਿੰਟ ਸੋਮਨ ਬਢਾਏਗੇ ਤਲਵਾਰ

ਲੁਧਿਆਣਾ, 22 ਮਾਰਚ 2025: ਫਿਟਨੈਸ ਆਡੀਅਨ ਮਿਲਿੰਟ ਸੋਮਨ ਬਢਾਏਗੇ ਤਲਵਾਰ 6 ਕੀਲੋਗ੍ਰਾਮ ਆਰਜੀ ਮੈਰਾਥਨ 6.0, ਫਿਟਨੈਸ ਆਡੀਅਨ ਮਿਲਿੰਟ ਸੋਮਨ ਬਢਾਏਗੇ ਤਲਵਾਰ

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ਆਰਜੀ ਹਸਪਤਾਲ ਪੇਸ਼ ਕਰਦਾ ਹੈ ਲੁਧਿਆਣਾ ਦਾ ਸਭ ਤੋਂ ਉਡੀਕਿਆ ਜਾਣ ਵਾਲਾ ਦੌੜ ਸਮਾਗਮ: ਮਿਲਿੰਟ ਸੋਮਨ ਨਾਲ ਆਰਜੀ ਮੈਰਾਥਨ 6.0

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ਸਰਾਨਾ ਨਿਊਜ਼ E-PAPER Date -22,MAR,2025 Page - 03

ਆਰਜੀ ਫਿਟਨੈਸ ਪ੍ਰਸਤੁਤ ਕਰਦਾ ਹੈ ਲੁਧਿਆਣਾ ਦਾ ਸਭ ਤੋਂ ਪ੍ਰਤੀਕਿਰਤ ਦੌੜ ਆਯੋਜਨ ਮਿਲਿੰਟ ਸੋਮਨ ਦੇ ਸਾਥ ਆਰਜੀ ਮੈਰਾਥਨ 6.0

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ਦੇਸ਼ ਦੁਨੀਆ ਪੰਜਾਬ ਨਿਊਜ਼ ਟਾਈਮਜ਼ ਪੰਜਾਬ ਰੋਜ਼ਾਨਾ ਡਿਜਿਟਲ ਐਡੀਸ਼ਨ

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ਵਰਲਡ ਰੋਲਡ ਡੇ ਦੇ ਮੌਕੇ 'ਤੇ ਆਰਜੀ ਹੋਸਪਿਟਲ ਨੇ ਆਰਜੀ ਮੈਰਾਥਨ 6.0 ਦੀ ਘੋਸ਼ਣਾ ਕੀਤੀ ਹੈ, ਜੋ 6 ਅਪ੍ਰੈਲ ਪੀ ਦੇ ਬ੍ਰਹਿਸਪਤੀ ਦੇ ਦਿਨ ਹੋਵੇਗੀ

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परमेश्वर वाणी
 PUNJAB EXPRESS BUREAU
 LUDHIANA, March 21
 आरजी हॉस्पिटल्स प्रस्तुत करता है लुधियाना का सबसे प्रतीक्षित दौड़ आयोजन : मिलिंद सोमन के साथ आरजी मैराथन 6.0



लुधियाना, 21 मार्च (पंजाब एक्सप्रेस) - डॉ. मिलिंद सोमन, आरजी हॉस्पिटल्स के अध्यक्ष, लुधियाना के आरजी हॉस्पिटल में आयोजित एक कार्यक्रम में आरजी मैराथन 6.0 की शुरुआत के अवसर पर बोल रहे थे। उन्होंने कहा कि यह दौड़ न केवल स्वास्थ्य के लिए है, बल्कि यह एक सामाजिक उत्सव है, जो लोगों को एक साथ लाता है।

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RG Hospitals presents Ludhiana's most awaited running event: RG Marathon 6.0 with Milind Soman
 PUNJAB EXPRESS BUREAU
 Ludhiana, March 21

In celebration of World Health Day, RG Hospitals is delighted to announce the much-anticipated RG Marathon 6.0, scheduled for April 6, 2025, at the Punjabi Agricultural University in Ludhiana. While last year saw the launch of RG Marathon 4.0, the event has a rich four-year legacy, deeply rooted in the RG Hospitals' culture. Over time, it has become a symbol of unity, fitness, and community spirit, drawing participants from across India and beyond.

With more than 30,000 registrations, this year's marathon is set to be an electrifying experience, welcoming runners of all levels to embrace health and wellness. The presence of fitness icon Milind Soman adds to the excitement, inspiring individuals to adopt an active lifestyle and fostering a sense of togetherness.

Dr. Randeep K. Bansal, Medical Director (RG Hospitals), Ferozepur Road, Ludhiana, highlights the event as a key initiative for promoting overall health and well-being.

Dr. Prerna Goyal, Sr. Consultant - Physician and Deputy Medical Superintendent, describes the marathon as a testament to the city's commitment to public health.

Abhishek Singh Sidhu, Unit Head, shared that the run is scheduled to kick off at 5:30 AM, the RG Marathon 6.0 offers participants the choice of two exhilarating routes: the 5K run and the 10K run.

विश्व सिद्धि दिवस में आरजी हॉस्पिटल बरवाटेगा मैराथन दौड़



लुधियाना, 21 मार्च (पंजाब एक्सप्रेस) - विश्व स्वास्थ्य दिवस के अवसर पर आरजी हॉस्पिटल लुधियाना ने एक महत्वपूर्ण आयोजन की घोषणा की है। 6 अप्रैल को आयोजित होने वाली 'आरजी मैराथन 6.0' एक ऐतिहासिक अवसर होगा।

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आरजी हॉस्पिटल बरवाटेगा विश्व स्वास्थ्य दिवस के अवसर पर आरजी मैराथन 6.0



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दैनिक सवेरा
 आरजी मैराथन 6 अप्रैल को पीएचयू में होगी



लुधियाना, 21 मार्च (पंजाब एक्सप्रेस) - डॉ. मिलिंद सोमन, आरजी हॉस्पिटल्स के अध्यक्ष, लुधियाना के आरजी हॉस्पिटल में आयोजित एक कार्यक्रम में आरजी मैराथन 6.0 की शुरुआत के अवसर पर बोल रहे थे। उन्होंने कहा कि यह दौड़ न केवल स्वास्थ्य के लिए है, बल्कि यह एक सामाजिक उत्सव है, जो लोगों को एक साथ लाता है।

लहर इंडिया
 आरजी हॉस्पिटल्स प्रस्तुत करता है लुधियाना का सबसे प्रतीक्षित दौड़ आयोजन: डॉ. चान बीर सिंह



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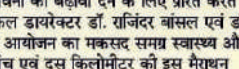
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AWARDS AND RECOGNITION

We are happy to share that RG Hospitals has received a Token of Appreciation from TATA AIG General Insurance Co. Ltd for our Long-Term Association and Exceptional Services in Healthcare on 21st March 2025, at The Westin Gurgaon. We extend our heartfelt gratitude to TATA AIG General Insurance Co. Ltd for this acknowledgment and look forward to continuing our journey of excellence in healthcare.



AWARDS AND RECOGNITION

AN ESTEEMED RECOGNITION!

RG Hospitals has been honored with the title of Excellence in Urology Care in Eastern India at the **Health Conclave 2025, organized by News18 Bangla.**

The event was graced by esteemed Chief Guest, Hon'ble Minister of the Government of West Bengal- Mr. Sujit Basu

Dr. Rajarshi Bhattacharyya (Medical Superintendent, Sr. Consultant Anesthesia & Critical Care) and Mr. Sasanka Das (SBU Head), accepted the award on behalf of RG Hospitals.

During the event, Dr. Bhattacharyya also participated in an interactive session and panel discussion where he addressed the audience on the topic **West Bengal Leading in Medical Advancement - Eastern India on behalf of RG Hospitals.**



OUR CENTRES



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Helpline: +91-9810026456

DELHI - RAJOURI GARDEN

B-1, Vishal Enclave, Opp. Police
Station, Rajouri Garden,
New Delhi-110027
Ph.: 011-71058000
Helpline: +91-9810026456

DELHI - GAGAN VIHAR

18, Gagan Vihar Main,
New Delhi-110092
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Helpline: +91-9810026456

DELHI - PITAMPURA

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DELHI - MODEL TOWN - ORC

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Model Town II, New Delhi-110009
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Helpline: +91-9810026456

DELHI - JANAKPURI - ORC

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Ph.: 011-49865868
Helpline: +91-9810026456

NOIDA - ORC

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Noida-201301
Ph.: 8595923938
Helpline: +91-9810026456

FARIDABAD

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Bata Road, N.I.T Faridabad-121001
Ph.: 0129-4184000
Helpline: +91-9810026456

LUDHIANA-MODEL TOWN

510-L, Model Town,
Ludhiana-141002
Ph.: 0161-4618585
Helpline: +91-9876910000

LUDHIANA - FEROZEPUR ROAD

Opposite Grand Walk Mall,
Main Ferozepur Road,
Ludhiana, Punjab-141012
Ph.: 0161-5130000
Helpline: 9718778877

DEHRADUN

8, Convent Rd, Near SBI Main
Branch, Race Course, Dehradun,
Uttarakhand-248001
Ph.: 0135-3520555
Helpline: 9810026456

MUMBAI - KHAR

Ahimsa Marg, 14-A Road,
Khar (West),
Mumbai-400052
Ph.: 022-61463500
Helpline: +91-9322653838

MUMBAI - MULUND

C/O Hira Mongi Navneet Hospital,
Valiji Ladha Road, Mulund (West),
Mumbai-400080
Ph.: 022-25675012/14
Helpline: +91-8657914852/53

GOA

CVC Centre, Plot No. 217-218,
PDA Colony, Alto
Porvorim, Bardez, Goa-403521
Helpline: +91-9552558899
+91-9689778899

KOLKATA

33, Orbit Heights, Gariahat
Road South, Opp. Jodhpur
Park, Kolkata 700031
Ph.: 033-40271000
Helpline: +91-8697000002

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Bhowanipore Police Station,
Kolkata, West Bengal-700026
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Helpline: +91-70634 83569

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391- 392, Anna Salai, Saidapet,
Near Saidapet Metro Station,
Chennai-600015
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Helpline: +91-9962860000

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Simplifying Surgeries

EI (Emotional Intelligence) Enabled Healthcare.™

Delhi • Noida • Faridabad • Mumbai • Chennai • Kolkata • Goa • Ludhiana • Dehradun

OUR SPECIALITIES



Urology

- Urinary / Kidney Stone
- Enlarged Prostate (BPH)
- Ureteric Stricture
- Urethral Stricture
- Erectile Dysfunction
- Male Infertility
- Male Sterilization

Gynaecology

- Uterine Fibroids
- Uterus Prolapse
- Ovarian Cysts
- Endometriosis
- Ectopic Pregnancy
- Female Infertility
- Sterilization
- Cosmetic Gynaecology

Urological Malignancies

- Kidney Cancer
- Prostate Cancer
- Urinary Bladder Cancer

Bariatric Surgery

- Obesity/Metabolic Syndrome
- Uncontrolled Diabetes

Robotic & NexGen Surgery

- General Procedures
- Urology Procedures
- Gynaecology Procedures
- Colorectal & Upper GI Procedures
- Bariatric Procedures
- RAMS™
(Robot Assisted Metabolic Surgery)
- NanoSlim MiPS
(Minimally Invasive Prostate Surgery)

Minimally Invasive Surgery

- Gallbladder Stone
- Hernia Repair
- Appendicitis
- Piles, Fissures & Fistula

Female Urology

- Female Urinary Incontinence
- Vesico Vaginal Fistula
- Overactive Bladder
- Post Delivery Urinary Problems
- Interstitial Cystitis
- Voiding Difficulty
- Urinary Tract Infections
- Painful Bladder Syndrome
- Neurogenic Bladder
- Female Sexual Dysfunction

RG Hospitals
Short Stay • Smart Surgeries

RG Stone Urology & Laparoscopy Hospital
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