



JANUARY
2025

MONTHLY
NEWSLETTER

RG Hospitals®
Short Stay • Smart Surgeries

RG Urology & Laparoscopy Hospital®
Stone — Simplifying Surgeries

EI (Emotional Intelligence) Enabled Healthcare.™



RG Hospitals: A Trusted Name in Healthcare Recognized by Times of India

We feel proud to announce that **RG Hospitals** has been featured in the prestigious **Times of India – Reliable Brands of the Year 2024-2025!**

This recognition proves our unwavering commitment to delivering world-class healthcare services and reflects the trust and confidence that our patients and community have consistently placed in us over the years.

RG IN THE NEWS

TOI

Business

India Business

Budget 2025

Financial Literacy

Financial Calculators

...

6 reliable brands of the year 2024-2025


Spotlight Wire / Jan 24, 2025, 15:17 IST


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RELIABLE BRANDS OF THE YEAR 2024-2025


RG Hospitals
All India Health and Technology Award


DESMI
India's Most Trusted Brand


HDFC Bank
All India Customer Satisfaction Award


Vedanta
India's Most Trusted Brand


VEG SUTRA
India's Most Trusted Brand


ISPL
India's Most Trusted Brand

As we transition into 2025, it's time to honour the brands that have consistently earned the trust and loyalty of their customers. These reliable brands have stood out for their commitment to quality, consistency, and customer satisfaction throughout 2024.


By delivering on promises and setting high standards, they have become synonymous with dependability across industries. From innovative solutions to exceptional service, these brands pave the way for a future built on trust and excellence. Join us in celebrating the names that continue to inspire confidence in 2024-2025.

1. RG Stone Urology and Laparoscopy Hospitals

RG Stone Urology & Laparoscopy Hospitals is India's largest chain of Urology and Minimally Invasive Surgery (MIS) Hospitals, with 17 centers across the nation. With 38 years of clinical expertise, research, and academic excellence, RG has pioneered innovations like Lithotripsy in 1987 and the 100-watt Holmium Laser in the 2000s. RG is a pioneer in comprehensive Urological and Minimally Invasive Surgery (MIS) care under one roof and has set global benchmarks in Short Stay Surgeries.

A Forbes India DGEMS 2024 Select 200 Company, RG holds a Guinness World Record for treating a 13 cm kidney stone. Its Centre of Excellence for Stones Surgery utilises advanced laser techniques. RG's Institute of Renal Sciences specialises in nephrology, urology, and dialysis. RG also leads in prostate care, introducing North India's first 152 W Holmium laser for NanoSlim MiPS (Minimally Invasive Prostate Surgery). Accredited for Metabolic and Bariatric Surgery, its Gynecology Department integrates Female Urology, Gynae, and Cosmetic Gynecology. RG's Institute of Colorectal Sciences offers advanced treatments with low recurrence rates, continuing its legacy of innovation and excellence.

With its commitment to innovation, patient care, and excellence, RG Hospitals continues to set benchmarks in the field of healthcare.



Mr. Avinash Ojha

Managing Director & CEO, RG Hospitals

Delhi • Noida • Faridabad • Mumbai • Chennai • Kolkata • Goa • Ludhiana • Dehradun



We are pleased to share that, at RG Ludhiana, **Dr. Jagpreet Singh** (Consultant - General Laparoscopic & Minimal Access Surgery), **Dr. Yugam** (Senior Consultant - Anesthesia), and their Dedicated Team Successfully Performed an **Emergency Appendectomy** on **12-year-old** Master. Dhairya.

By the next morning, Dhairya was stable, recovering well, and ready for discharge. The following day was his Birthday and the RG Ludhiana Team turned his Post-Surgery Recovery Day into a day of Heartwarming Celebration making his Birthday Truly Special!





RG Hospitals, Ludhiana, in association with NIMA, organized a CME Program at Hotel Onn, Off Ferozepur Road, Ludhiana

The keynote speakers and their topics were:

Dr. Shirin Garg (Sr. Consultant - Gynaecology & Gynae Onco Surgeries)

Topic- **Laparoscopy in Gynecology**

Dr. Anuj Jain (Consultant - Urology & Andrology)

Topic- **Optimal Management of Lower Urinary Tract Symptoms (LUTS)**

More than 63 esteemed doctors attended the event.



GOA



We are pleased to share that **Dr. Ritvij Patankar** (Consultant - Urology) at RG Hospitals, Goa, was recently **featured in an interview with Prudent Media Goa.**

During the interview, Dr. Patankar **addressed and busted several common myths about kidney stones**, providing valuable insights and spreading **awareness on Kidney Health.**



ACADEMIC EXCELLENCE



RG Hospitals, Gagan Vihar organized a CME Programme on 11th January 2025 at Woodapple Residency, Hargobind Enclave.

The keynote speakers and their topics were:

Dr. Ramandeep Singh (Sr. Consultant - Surgery)

Topic- **Laser Surgery in Proctology**

Dr. Ajay Aggarwal (Consultant - Urology)

Topic- **BPH: Current Trends & It's Management**

More than 60 esteemed doctors attended the event.





RG Hospitals, Ludhiana, in association with PHYSICIAN FRIENDS, organized a CME Program on Saturday, 18th January at Hotel Taj, Bughipura Chowk, Moga, Ludhiana

The keynote speakers and their topics were:

Dr. Rohtash Luthra (Consultant - Advanced Laparoscopic & Bariatric Surgery)

Topic- **Management of Gallstones**

Dr. Vaibhav Sood (Consultant - Urology)

Topic- **Advancement in Prostate Enlargement Surgery**

More than 45 esteemed doctors attended the event.





We are pleased to share that **Dr. Arun Kumar K.** (Senior Consultant - Urology) at RG Chennai recently attended **USICON 2025 (Urological Society of India)** at the Chennai Trade Centre.

During the event, Dr. Arun Kumar delivered an insightful talk on the topic **"Pseudoemergency in Andrological Practice"**. He also discussed **"The Failure of Males to Provide a Semen Sample for ART Procedures"**, shedding light on these critical issues in urology.





10th January is celebrated as World Dietetics Day.

The theme for this year was *"Sustainable Solutions towards Communicable (Tuberculosis and Viral) and Non-Communicable Diseases using Technology and Artificial Intelligence."*

To mark this occasion, the Dietetics Department at RG Hospitals Pan India organized a few activities.

These included making Fruit Custard, sharing valuable dietary and healthy habits, and holding cake-cutting ceremonies.

KHAR, MUMBAI



RAJOURI GARDEN, NEW DELHI



PAN INDIA



KOLKATA



LUDHIANA, MODEL TOWN



DEHRADUN



WORLD DIETETICS DAY

PAN INDIA



PITAMPURA



CHENNAI



FARIDABAD



WORLD DIETETICS DAY

PAN INDIA



GAGAN VIHAR, NEW DELHI



EAST OF KAILASH, NEW DELHI



WORLD DIETETICS DAY



RG Hospitals, Noida, organized an Expert Consultation Camp on January 12th, 2025, at Sector 15 RWA, Noida

More than 50 patients attended the camp which provided them with:

- Free consultation with a doctor
- Free blood pressure check
- Free random blood sugar test
- BMI
- LFT, KFT, and PSA (above 45 years) if Required
- USG (If Required)



COMMUNITY CONNECT



RG Hospitals, Noida, organized an Expert Consultation Camp on January 19th, 2025, at Sector 33 RWA, Noida.

More than 45 patients attended the camp which provided them with:

- Free consultation with a doctor
- Free blood pressure check
- Free random blood sugar test
- BMI
- LFT, KFT, and PSA (above 45 years) if Required
- USG (If Required)



PAN INDIA



RG Hospitals Featured in The CEO Magazine and Awarded as Company of the Year 2024!

We are happy to announce that RG Hospitals has been featured in The CEO Magazine and awarded as the Company of the Year 2024!

This esteemed recognition highlights the exceptional leadership of our Managing Director & CEO, along with the unwavering dedication of TeamRG in delivering world-class, patient-centered healthcare.



AWARDS & RECOGNITION

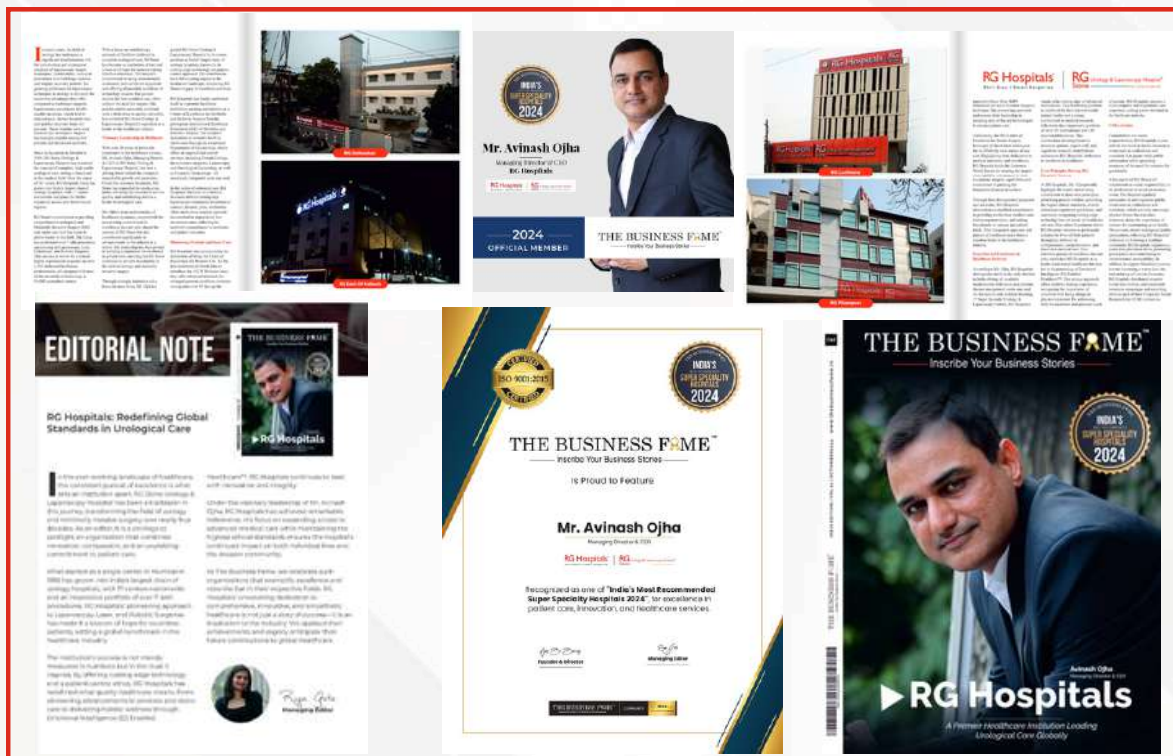
PAN INDIA



RG Hospitals featured in Business Fame Magazine!

RG Hospitals has been featured in Business Fame magazine as a global leader in Urological Care! This recognition highlights our pioneering advancements, exceptional patient care, and the visionary leadership of our MD & CEO, Mr. Avinash Ojha.

This is a proud moment for all of us at RG as we continue to set benchmarks in healthcare and innovation. Let's keep striving for excellence!



AWARDS & RECOGNITION

PAN INDIA



RG Hospitals Featured in Prime Insights Magazine!

We are thrilled to announce that RG Hospitals has been featured in Prime Insights as one of “The 10 Most Promising Brands to Watch in 2024.” This recognition celebrates our dedication to innovation, patient-centric care, and excellence in Urology and Minimally Invasive Surgery.



AWARDS & RECOGNITION

PAN INDIA



RG Hospitals Featured in Business Connect Magazine!

We're proud to announce that RG Hospitals has been featured in Business Connect Magazine, which recognises our Leadership in Urology and Minimally Invasive Surgery and has awarded us under the category of Heroes in Healthcare: Top Institutions in Healthcare Transforming Lives. This honour reflects our commitment to innovation, patient-centric care, and 38+ years of excellence in healthcare.



AWARDS & RECOGNITION



RG Hospitals Featured in The Femina Magazine

We are happy to announce that RG Hospitals has been featured in Femina magazine, and our Managing Director & CEO has been highlighted in the Inspiring Leaders section.

This achievement marks a proud moment for RG Hospitals, highlighting our commitment to advancing patient care.





RG Hospitals, Kolkata, organized the RG Premier League Cricket Tournament on January 4, 2025, at the Ballygunge Turf.

The matches were played under floodlights, creating a thrilling atmosphere for both players and spectators.

Four teams participated in the tournament:

- RG Bravehearts
- RG Titans
- RG Strikers
- RG Riders

After a series of exciting matches, the Final match was played between RG Bravehearts and RG Titans.

With an outstanding performance, the **RG Titans won the match and lifted the RG Premier League Trophy!**

The event was a fantastic celebration of sportsmanship and teamwork, leaving everyone with unforgettable memories. Congratulations to RG Titans for their well-deserved victory!



RG PREMIER LEAGUE



CHRISTMAS CELEBRATIONS

CHENNAI



CHRISTMAS CELEBRATIONS



KOLKATA



CHRISTMAS CELEBRATIONS

CHENNAI



NEW YEARS CELEBRATIONS

MODEL TOWN, LUDHIANA



LOHRI CELEBRATIONS



FEROZEPUR ROAD, LUDHIANA



LOHRI CELEBRATIONS

KOLKATA



128th Birth Anniversary of Netaji Subhas Chandra Bose



NETAJI SUBHAS CHANDRA BOSE JAYANTI

OUR PRESENCE



OUR CENTRES

DELHI - EAST OF KAILASH

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DELHI - PITAMPURA

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Ph.: 011-71057000

Helpline: +91-9810026456

NOIDA - ORC

D-82A, D-Block, Sector-26, Maharaja Agrasen Marg, Noida-201301

Ph.: 8595923938

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LUDHIANA - FEROZEPUR ROAD

Opposite Grand Walk Mall, Main Ferozepur Road, Ludhiana, Punjab-141012

Ph.: 0161-5130000

Helpline: 9718778877

MUMBAI - MULUND

C/O Hira Mongi Navneet Hospital, Valiji Ladha Road, Mulund (West), Mumbai-400080

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KOLKATA-ORC

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Helpline: +91-70634 83569

DELHI - RAJOURI GARDEN

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DELHI - MODEL TOWN - ORC

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KOLKATA

33, Orbit Heights, Gariahat Road South, Opp. Jodhpur Park, Kolkata 700031

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Helpline: +91-8697000002

OUR SPECIALITIES

Urology

- Urinary / Kidney Stone
- Enlarged Prostate (BPH)
- Ureteric Stricture
- Urethral Stricture
- Erectile Dysfunction
- Male Infertility
- Male Sterilization

Gynaecology

- Uterine Fibroids
- Uterus Prolapse
- Ovarian Cysts
- Endometriosis
- Ectopic Pregnancy
- Female Infertility
- Sterilization
- Cosmetic Gynaecology

Urological Malignancies

- Kidney Cancer
- Prostate Cancer
- Urinary Bladder Cancer

Bariatric Surgery

- Obesity/Metabolic Syndrome
- Uncontrolled Diabetes

Robotic & NexGen Surgery

- General Procedures
- Urology Procedures
- Gynaecology Procedures
- Colorectal & Upper GI Procedures
- Bariatric Procedures
- RAMS™
(Robot Assisted Metabolic Surgery)
- NanoSlim MiPS
(Minimally Invasive Prostate Surgery)

Minimally Invasive Surgery

- Gallbladder Stone
- Hernia Repair
- Appendicitis
- Piles, Fissures & Fistula

Female Urology

- Female Urinary Incontinence
- Vesico Vaginal Fistula
- Overactive Bladder
- Post Delivery Urinary Problems
- Interstitial Cystitis
- Voiding Difficulty
- Urinary Tract Infections
- Painful Bladder Syndrome
- Neurogenic Bladder
- Female Sexual Dysfunction