

# RG Hospitals<sup>®</sup>

Short Stay • Smart Surgeries

RG Urology & Laparoscopy Hospital®
Stone ———Simplifying Surgeries

EI (Emotional Intelligence) Enabled Healthcare.™





RG Hospitals is pleased to Welcome **Dr. Suman Sethi** to Team RG as Director and Head of the Institute of Nephrology-Ludhiana.

Dr. Suman brings over 15 years of Rich Clinical & Academic Experience and was previously working as a Consultant-Nephrology and Associate Professor in the Department of Nephrology at Dayanand Medical College (DMC), Ludhiana, since 2013.

We are excited to have Dr. Sethi on board and look forward to the expertise and leadership she will add to our team.





RG Hospitals is pleased to welcome **Dr. Sandeep Singh Sidhu** as Senior Consultant and Head of the Department of Gastroenterology, Hepatology & Liver Diseases at RG Hospitals, Ludhiana.

Dr. Sidhu brings over 30 years of Rich Clinical & Academic experience and was previously working as a Professor in the Department of Gastroenterology at Dayanand Medical College (DMC), Ludhiana.

He completed his DM in Gastroenterology at AIIMS, Delhi, in 1989, his MD in Internal Medicine from Christian Medical College & Hospital, Ludhiana, in 1984, and his MBBS from the same institution.

We are excited to have Dr. Sidhu on board and look forward to the expertise and leadership he will bring to our team.







RG Hospitals is pleased to Welcome **Dr. Shirin Garg** to Team RG as Sr. Consultant-Gynaecology at Ludhiana.





RG Hospitals is pleased to Welcome **Dr. Gaurav Shekhar Sharma** to Team RG as Consultant- Nephrology at Dehradun.



# **DEHRADUN**



RG Hospitals is pleased to Welcome **Dr. Tushar Agarwal** to Team RG as Consultant- Laparoscopic Gynaecology at Dehradun.





The Centre of Excellence in Kidney Care with Comprehensive Urology, Nephrology, and Dialysis Treatment Available at RG Ludhiana was featured in The Times of India- Ludhiana & Hindustan Times- Ludhiana, Jalandhar, Amritsar, Malwa and Patiala.

















Bariatric Surgery (Laparoscopic Sleeve Gastrectomy) + Large Incisional Hernia (4 x 5 cm) Repair & Laparoscopic Cholecystectomy performed on a Morbidly Obese Patient, BMI Measuring-53 (kg/m2)-Resulting in 20 kgs Weight Loss in 2 months (Post Surgery) - RG Hospitals, Ludhiana.

## **Faculty:**

- 1. Dr. Rohtash Luthra (Consultant General, Laparoscopic and Bariatric Surgery)
- 2. Dr. Yugam (Sr. Consultant- Anesthesia)

## **Presenting/Chief Complaints:**

A 41-year-old female presented with pain in the lower abdomen. She had a history of 2 pelvic surgeries with Pfannenstiel incision. On examination, she had an incisional hernia of size approximately 4 x 5 cm. She was Morbidly Obese with a BMI of 53 (kg/m2) (Weight 120 kgs, Height 5 '1) and was recently diagnosed with diabetes. She also had symptoms of Obstructive Sleep Apnoea. The patient was counselled for Bariatric Surgery and also about the recurrence of hernia with this BMI. NCCT abdomen was done to exactly see the hernia and incidental gallstones were also detected.

# Diagnosis:

Morbid Obesity BMI- 53 (kg/m2) with a Large Incisional Hernia (4x5cm) and Multiple Gallbladder Stones.

# Treatment/Procedure/Surgery:

Laparoscopic sleeve gastrectomy with Incisional Hernia Repair + Laparoscopic Cholecystectomy was done.

# **Operative Findings:**

Laparoscopic Sleeve Gastrectomy was not the procedure of choice with this BMI but because of the large incisional hernia\_ and dense small bowel and omental adhesions in the pelvis bypass procedure was not done and it was informed to the patient preoperatively.

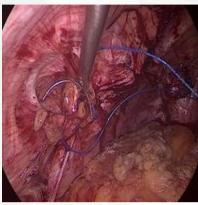
# Course of Hospitalisation and Condition of Patient at the Time of Discharge:

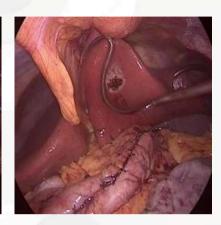
Patient is very compliant and is doing really well. She has lost 20 kgs in 2 months post-surgery.





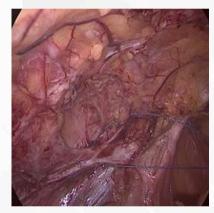


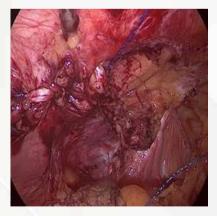




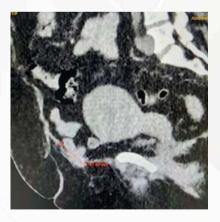














## Laparoscopic Choledochoduodenostomy- RG Hospitals, Ludhiana

## **Faculty:**

- 1. Dr. Rohtash Luthra (Consultant General, Laparoscopic and Bariatric Surgery)
- 2. Dr. Yugam (Sr. Consultant- Anaesthesia)

## **Presenting/Chief Complaints:**

A 65-year-old female underwent open cholecystectomy 15 years back, now presented with obstructive jaundice and was diagnosed with 3 large stones present in the common bile duct for which ERCP was attempted twice (outside) and was failed. Two stents were placed in the bile duct. Patient then came to RG Ludhiana for further management.

## **Diagnosis:**

Primary CBD Stones (Considering H/O Cholecystectomy 15 years back)

## Treatment/Procedure/Surgery:

Laparoscopic CBD Exploration + Laparoscopic Choledochoduodenostomy

## **Operative Findings:**

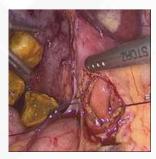
Laparoscopic CBD exploration was done. After removing all the stones and confirming CBD clearance with a Cholangioscope, Laparoscopic Choledochoduodenostomy was done.

# Course of Hospitalisation and Condition of Patient at the Time of Discharge:

Patient was discharged on day 2 and the postoperative period was uneventful. CBD stents were removed after 2 weeks and CBD clearance was again confirmed with cholangiogram.













RG Ludhiana organised a CME Program.

## The keynote speakers and their topics were: -

**Dr. Rohtash Luthra** (Consultant - Advanced Laparoscopic & Bariatric Surgery) and **Dr. Harsimran Singh** (Associate Consultant - General & Laparoscopic Surgery) - Advanced Laparoscopy in Today's Surgical Practice.

**Dr. Anuj Jain** (Consultant- Urology & Andrology) - Optimal Management of Lower Urinary Tract Symptoms (LUTS)

The event was attended by more than 80 esteemed doctors.











# **PITAMPURA, NEW DELHI**





RG Hospitals, Pitampura, in association with IMA Rohini Zone, organised the MIDCON '24.

**Dr. Harbans Singh** (Medical Director & Chief Urologist) addressed the audience on the topic "Surgical Treatment of BPH- A Journey From TURP to Mini-HoLEP & Other Minimally Invasive Procedures"

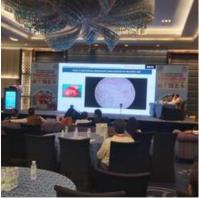
The event was attended by more than 400 Esteemed Doctors from North Delhi.













RG Hospitals, Khar, in association with Bhayander Medical Association, organised a CME Program.

The keynote speaker, **Dr. Parth Barot** (Associate Consultant- Urology) addressed the audience on the topic "Urethral Stricture & Its Management."

















## RG Hospitals, Chennai, organised a CME Program.

The keynote speaker, **Dr. Arun Kumar K**. (Sr. Consultant- Urology) addressed the audience on the topic "Maximising benefits of ADT in Prostate Cancer Management: Focus on First Oral GnRH Antagonist."



TIME	TOPIC & SPEAKER				
07:30pm - 07:45pm	Welcome Address				
07:45pm - 08:00pm	Treating them Right: Next Generation ARI in Prostate Cancer Management by Dr. Srivatsan Maximizing benefits of ADT in Prostate Cancer Management Focus on First Oral GnRH Antagonist by Dr. K Arun Kumar				
08:00pm - 08:15pm					
08:15pm - 08:30pm	Role of BTA's in Prostate Cancer by Dr. Sudharsan Balaji				
08:30 onwards	Discussion followed by Dinner				







7:30 PM Onwards Radisson Blu City Centre, Egmore

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We are pleased to share that **Dr. Arun Kumar K**, Sr. Consultant- Urology at RG Chennai was a panelist in Andrology at the TAPASUCON (Tamil Nadu and Pondicherry Association of Urologists Annual Conference) where he discussed about Male Infertility.



S	cientifi	c Program-22	nd Se	_	er,2024	
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12:00-12:00	Stack Per	who in Unology	Dr. Gewilherner S. Dr. Wergenen H.		Dr. Multis Venerona Dr. Munigarianithe Dr. Vengeranh KS Or. Siesether GK Or. Answeden E	
12:30:13:30	Pondiche	my Video Prite Session (6+2mms)				
19:36-34:00		Valedictory Function				
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Time		Topic		Chairpersons		
08.00-09.45		Free Paper Sessi (6-2mins)	30	Pvof. T. Grennerkeren Dr. Land Dr. Nersyansmoorthy N		
08/45-09/30		Free Paper Sexus (6+2mins)	7	Prof. T.Rajaraman Dr. M.G.Sanae Dr. K.V.Aresi		
10:30-11:30		Free Paper Sessi (6+2mins)	m.	Prof. R.Karunamor Prof. P.Perlyasa Dr. Muniganand		
11:30:12:30		Free Paper Seaso (6 = Zerice)	M.		Dr.D. Swittel not Kurnar Pranpathi J. Ahmed Marzook	
13.00	100	Lunch				



#ProstateCancerAwarenessMonth
#RGCenterofExcellenceforProstateCare&Treatment

RG Hospitals, Kolkata, organised a CME Program.

The keynote speaker, **Dr. Anurag Chatterjee** (Consultant - Urology) talked about "Prostate Cancer".

More than 30 esteemed doctors attended the event.





On the occasion of World Elderly Day, RG Hospitals in association with the Delhi Medical Association organized an Elder Day Function & Felicitation Ceremony.

During the Scientific Session **Dr. Manish Singla**, Sr. Consultant- Urology at RG East of Kailash spoke on the Topic "General Awareness Of Prostate Health and it's Treatment with NanoSlim MiPS (Minimally Invasive Prostate Surgery)."

More than 100 + Esteemed Senior Doctors attended this event.









We are proud to announce that **Dr. Deepak Buddhi, Senior Consultant in Radiology at RG Rajouri Garden**, in collaboration with the Computer Science

Department at Manipal University, Jaipur, **has successfully filed a patent for an innovative AI product titled Automated Anomaly Detection System for X-Ray Scans, a breakthrough in the field of Radiology**.

In 2022, this accomplished team published a notable article titled "A Multi-Modal Bone Suppression, Lung Segmentation, and Classification Approach for Accurate COVID-19 Detection Using Chest Radiographs" in the prestigious international Q1 journal. This Al-driven research, which enhanced diagnostic accuracy, was granted a patent last year, marking a significant contribution to medical science and technology.

This achievement is a testimony to the dedication and expertise of the Team at RG, and it paves the way for future advancements in healthcare.

Congratulations to Dr. Deepak Buddhi & Team RG

## ACADEMIC EXCELLENCE





# **FARIDABAD**



RG Hospitals, Faridabad, in association with The National Integrated Medical Association, organized a CME Programme.

The keynote speakers and their topics were-

Dr. Ajay Kumar Gupta (Sr. Consultant- General & Laparoscopic Surgery)

Topic- Myths and Facts about Gallbladder Stones

Dr. Neeraj Sharma (Consultant - Urology)

**Topic- Current Trends in Urology** 

Dr. Seema Madan (Consultant - Gynaecology)

Topic-Lifestyle Impact on Fertility

The event was attended by more than 60 esteemed doctors.













We are pleased to share that **Dr. Arun Kumar K**, Senior Consultant - Urology at RG Chennai, participated as a panelist at the Alembic Quron Adboard Meeting.

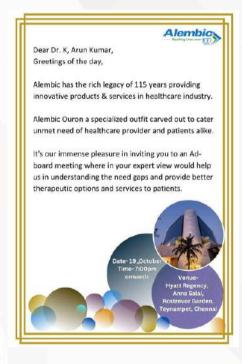
He shared his expert views on the *Medical Management of BPH and Overactive Bladder, The Role of Silodosin and Mirabegron.* 

He also contributed to a panel discussion with clinical case studies.









# LUDHIANA





#ProstateCancerAwarenessMonth
#RGCenterofExcellenceforProstateCare&Treatment

"Health Talk" is a unique initiative by The Hindustan Times aimed at helping its readers lead healthier and happier lives. In these health talks, experts from various specialties provide daily articles that offer insights on preventive interventions to promote good health.

We are pleased to announce that, as part of this initiative, an article featuring **Dr. Punit Bansal** (Director & Head - Institute of Urology) from RG Ludhiana, on the topic "Transforming Prostate Treatment: Minimally Invasive Options for Better Patient Outcomes," has been published in The Hindustan Times - Ludhiana, Amritsar, Patiala, Jalandhar, and Malwa on 30th September 2024.







# **LUDHIANA**



A CME programme on the topic Mastering the Metabolic Maze in Diabetes was specially curated for resident doctors at both the units of RG Hospitals, Ludhiana (Model Town and Ferozepur Road) along with DNB students from Oswal Hospital.

The keynote speakers were:

Dr. Prerna Goyal: MD Medicine and Diabetologist-RG Hospitals, Ludhiana

Dr. Geeti Puri Arora: MD Medicine and Diabetologist-Oswal Hospital, Ludhiana

Dr. Savita Jain: DM Endocrinology- Ludhiana

The focus of the CME was on the upcoming anti-diabetic agents that have cardiorenal benefits and the speakers also discussed recent developments in weight management with GLP 1 analogues.

Resident doctors actively raised queries about the basics of inpatient diabetes management. This academic exchange between resident doctors from both hospitals strengthened their professional and peer relationships, contributing to a valuable collaborative learning experience.









# RAJOURI GARDEN, NEW DELHI

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The keynote speakers were:

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The focus of the CME was on the upcoming anti-diabetic agents that have cardiorenal benefits and the speakers also discussed recent developments in weight management with GLP 1 analogues.

Resident doctors actively raised queries about the basics of inpatient diabetes management. This academic exchange between resident doctors from both hospitals strengthened their professional and peer relationships, contributing to a valuable collaborative learning experience.











RG Hospitals, Ludhiana, in association with the Indian Medical Association (IMA), organized a CME Programme.

The keynote speakers and their topics were-

Dr. Punit Bansal (Director & Head Institute of Urology)

Topic- Advances in Management of Enlarged Prostate

Dr. Vaibhav Sood (Consultant - Urology)

Topic- Advances in Renal Stone Management

More than 70 esteemed doctors attended the event.









# **LUDHIANA**



RG Hospitals, Ludhiana, in association with The National Integrated Medical Association, organized a CME Programme.

The keynote speakers and their topics were-

Dr. Suman Sethi (Director & Head - Institute of Nephrology)

Topic- Management of Hypertension in CKD

**Dr. Rohtash Luthra** (Consultant - General, Laparoscopic & Bariatric Surgery) and **Dr. Harsimran Singh** (Associate Consultant - General Surgery)

Topic-Benign Anorectal Diseases: Hemorrhoids, Fissures & Fistula in Ano

The event was attended by more than 40 esteemed doctors.















#ProstateCancerAwarenessMonth
#RGCenterofExcellenceforProstateCare&Treatment

RG Hospitals, Kolkata, organized a CME Programme.

The keynote speaker, **Dr. Anurag Chatterjee** (Consultant - Urology) talked about "Prostate Cancer"

More than 30 esteemed doctors attended the event.









RG Hospital, Rajouri Garden, organized a RTM Programme.

The keynote speakers and their topics were-

Dr. Ashok Kumar Bhatia (Sr. Consultant- General & Laparoscopic Surgery)

Topic- Integrating Robotic Surgery to Enhance Patient Care at RG Hospital

Dr. Susheel Kharbanda (Sr. Consultant - Urology)

Topic-Trends in Female Urology

Dr. Shelly Arora (Consultant - Gynaecology)

Topic- Expanding Access to Gynaecological Services

The event was attended by more than 30 esteemed female doctors.

















RG Hospitals organised a Physical Wellness Workshop at National Victor Public School, Vaishali, Ghaziabad to promote physical and mental wellness among children.

The theme for the workshop was "Physical Wellness - Groundwork Towards Good Mental Health" and featured Aerobics, Yoga Sessions, and a Health Talk by **Dr. Neerja Gupta** (Sr. Consultant- Breast Surgical Oncology) during the Morning Assembly.

















**Dr. Arun Kumar K.** (Sr. Consultant- Urology) at RG Hospitals, Chennai talked about the complications that can arise from untreated BPH (Benign Prostatic Hyperplasia) and its impact on the overall health on **Radio City 91.1 FM, Chennai.** 



RG Hospitals, Kolkata, organised a medical camp at Bharat Petroleum Corporation Ltd. (BPCL), providing health check-ups, consultations, & accessibility to healthcare services.





RG Hospitals, Kolkata, organised a medical camp at Siddha Group, providing medical consultations, health check-ups, and accessibility to healthcare services.













# KHAR, MUMBAI

Preserving our traditions and culture, and staying connected to our roots, RG Hospitals, Khar organised **Dahi Handi celebrations**, commemorating Lord Krishna's childhood act of reaching for the Dahi hung high above.













RG Hospitals, Noida organised a health check-up camp at Sumi Motherson Ltd, Noida. A total of 200 employees were screened during the camp.















# **LUDHIANA**





Honouring Excellence: RG Hospitals Awarded with "Excellence in the Field of Urology and Laparoscopic Surgery" at The Tribune Lifestyle Awards, 2024, Punjab.

**Dr. Rajinder K. Bansal** (Medical Director) and **Dr. Chan Bir Singh** (Medical Director)-RG Ludhiana, accepted the award on behalf of RG Hospitals.

The event was also featured in The Tribune.













# DELHI NCR



Another Accomplishment: RG Hospitals has been awarded with "Best Urology & Minimally Invasive Surgery Hospital" at the Bharat Leadership Excellence Awards, 2024.

Ms. Vandana Sharma (Human Resources Department) and Mr. Bhaskar Rathi (Information Technology Department) from RG Head Office accepted the award on behalf of RG Hospitals.

The event was featured in AP News, UAE Business Daily, Mumbai Daily Post, Delhi Daily Times, Asia Business Gazette, Asia Pacific News Journal, Small Businesses in the News, Innovation & Entrepreneurs News, Asean News Today, India Business Daily, Economic Policy Times, India Morning Times, The Government Digest, Investor News Updates, The Business Gazette Online, Asia Pacific Herald, The World News Wire, Nasdaq News Today, London Stock Exchange News Today, Small Business News Watch, and WTO News Today.







The Bharat Leadership Excellence Awards 2024 in New Delfit celebrated visionary leadership, honoring top professionals for their exceptional contributions.

NEW DELPS, MW DELPS, MODA, Suprambae 9, 2004 (Childressante Lost) - The Brewit Leaderstop Excellence Awards, Northeli by The Leadership Perfections, tool place on August 50th, 2014, or the presipose Research House Head in America, Park Delbi, Vold. The Arma on a minimal park.

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- Kamargoot Muhanty Strategic Visionary Award
- Tripowee Tripotty Top HK Leader of the Yea
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Delhi · Noida · Faridabad · Mumbai · Chennai · Kolkata · Goa · Ludhiana · Dehradun

ANOTHER FEATHER IN OUR CAP: RG Hospitals has been awarded once again as the "Best Urology & Minimally Invasive Surgery Hospital" at the Times Health Conclave & Awards- 2024 an initiative by The Times of India.

This prestigious award was presented by renowned Bollywood actor and film producer, Suniel Shetty.

**Mr. Amit Vig** and **Mr. Ankur Saxena** from RG Head Office, accepted the award on behalf of RG Hospitals.



## **Honoring Excellence:**

Once again, RG Stone Urology & Laparoscopy Hospitals has been recognized as a Leader in Healthcare, awarded by The Economic Times at the prestigious Healthcare Leaders' Summit.

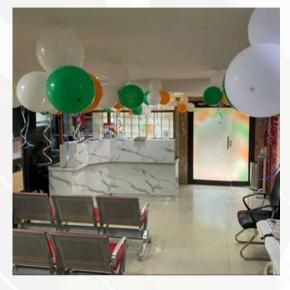
**Dr. Kapil Jain** (Sr. Consultant) and **Ms. Kashish** (Operations Team) accepted the award on behalf of RG Hospitals.



















# **OUR CENTRES**

## **DELHI - EAST OF KAILASH**

F-12, East of Kailash, New Delhi-110065 Ph.: 011-71056000

Helpline: +91-9810026456

## **DELHI - PITAMPURA**

194-195, Deepali Chowk, Pitampura, New Delhi-110034 Ph.: 011-71057000 Helpline: +91-9810026456

## **NOIDA - ORC**

D-82A, D-Block, Sector-26, Maharaja Agrasen Marg, Noida-201301 Ph.: 8595923938 Helpline: +91-9810026456

## **LUDHIANA - FEROZEPUR ROAD**

Opposite Grand Walk Mall, Main Ferozepur Road, Ludhiana, Punjab-141012 Ph.: 0161-5130000 Helpline: 9718778877

## **MUMBAI - MULUND**

C/O Hira Mongi Navneet Hospital, Valiji Ladha Road, Mulund (West), Mumbai-400080 Ph.: 022-25675012/14 Helpline: +91-8657914852/53

## **KOLKATA-ORC**

44A, S P Mukherjee Road, Beside Bhowanipore Police Station, Kolkata, West Bengal-700026 Ph.:033-24550045 Helpline: +91-70634 83569

## **DELHI - RAJOURI GARDEN**

B-1, Vishal Enclave, Opp. Police Station, Rajouri Garden, New Delhi-110027 Ph.: 011-71058000

Helpline: +91-9810026456

## **DELHI - MODEL TOWN - ORC**

B-12, Derawal Nagar, Model Town II, New Delhi-110009 Ph.: 011-42430300

Helpline: +91-9810026456

## **FARIDABAD**

A-6, Nehru Ground, Neelam Bata Road, N.I.T Faridabad-121001 Ph.: 0129-4184000 Helpline: +91-9810026456

## **DEHRADUN**

8, Convent Rd, Near SBI Main Branch, Race Course, Dehradun, Uttarakhand-248001 Ph.: 0135-3520555 Helpline: 9810026456

### **GOA**

CVC Centre, Plot No. 217-218, PDA Colony, Alto Porvorim, Bardez, Goa-403521 Helpline: +91-9552558899 +91-9689778899

## **CHENNAI**

391- 392, Anna Salai, Saidapet, Near Saidapet Metro Station, Chennai-600015 Ph.: 044-43993600 Helpline: +91-9962860000

## **DELHI - GAGAN VIHAR**

18, Gagan Vihar Main, New Delhi-110092 Ph.: 011-71011000 Helpline: +91-9810026456

## **DELHI - JANAKPURI - ORC**

92A, Major P. Srikumar Marg, Block C2B, Janakpuri-110058 Ph.: 011-49865868 Helpline: +91-9810026456

## **LUDHIANA-MODEL TOWN**

510-L, Model Town, Ludhiana-141002 Ph.: 0161-4618585 Helpline:+91-9876910000

## **MUMBAI - KHAR**

Ahimsa Marg, 14-A Road, Khar (West), Mumbai-400052 Ph.: 022-61463500 Helpline: +91-9322653838

## KOLKATA

33, Orbit Heights, Gariahat Road South, Opp. Jodhpur Park, Kolkata 700031 Ph.: 033-40271000

Helpline: +91-8697000002

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# **OUR SPECIALITIES**

# **Urology**

- Urinary / Kidney Stone
- Enlarged Prostate (BPH)
- Ureteric Stricture
- Urethral Stricture
- Erectile Dysfunction
- Male Infertility
- Male Sterilization

# **Gynaecology**

- Uterine Fibroids
- Uterus Prolapse
- Ovarian Cysts
- Endometriosis
- Ectopic Pregnancy
- Female Infertility
- Sterilization
- Cosmetic Gynaecology

# Urological Malignancies

- Kidney Cancer
- Prostate Cancer
- Urinary Bladder Cancer

# Bariatric Surgery

- Obesity/Metabolic Syndrome
- Uncontrolled Diabetes

# Robotic & NexGen Surgery

- General Procedures
- Urology Procedures
- Gynaecology Procedures
- Colorectal & Upper GI Procedures
- Bariatric Procedures
- RAMSTM

(Robot Assisted Metabolic Surgery)

NanoSlim MiPS

(Minimally Invasive Prostate Surgery)

# Minimally Invasive Surgery

- Gallbladder Stone
- Hernia Repair
- Appendicitis
- Piles, Fissures & Fistula

# **Female Urology**

- Female Urinary Incontinence
- Vesico Vaginal Fistula
- Overactive Bladder
- Post Delivery Urinary Problems
- Interstitial Cystitis
- Voiding Difficulty
- Urinary Tract Infections
- Painful Bladder Syndrome
- Neurogenic Bladder
- Female Sexual Dysfunction

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