



AUGUST
2024

MONTHLY
NEWSLETTER

RG Hospitals®
Short Stay • Smart Surgeries

RG Urology & Laparoscopy Hospital®
Stone — Simplifying Surgeries

EI (Emotional Intelligence) Enabled Healthcare.™

CHENNAI



RG Hospitals PIONEERS NEXGEN SURGERY –

“NANOSLIM MiPS (MINIMALLY INVASIVE PROSTATE SURGERY)”:

Announcing SOUTH INDIA’S FIRST-OF-ITS-KIND 152W
LASER MACHINE!!

A Press Conference was held to introduce this new technology, marking a **Significant Advancement in Urological Care in South India**. A substantial gathering of 57 representatives from various media houses extensively covered the conference, highlighting its importance.

The Speakers for the Press Conference were 3 of our Urologists from RG Hospitals, Chennai:

- Dr. Arun Kumar K: Sr. Consultant- Urology
- Dr. Veerappan R.: Consultant- Urology
- Dr. Varun T.: Associate Consultant- Urology

The 84 year old patient, on whom the surgery was performed, also shared his first-hand experience about the surgery in the interactive session of the press conference about how he felt fit the very next day and felt no pain during or even post surgery and commended Dr. Arun Kumar K. on his outstanding skill and expertise.



CLINICAL EXCELLENCE



The articles were published in Maalai Malar, Dhina Thodar, Dinakural, Dina Osai, Afternoon, Mathrubhumi, Makkal Prathinithi, Namma Tamizhaga Voice, News Today, Pirpagal, Tamizhagam Voice, Trinity Mirror, Vannakkam Tamizhagam, The New Indian Express

Nano Slim MIPS announced by RG Hospitals



RG Hospitals announced a ground-breaking advancement in prostate treatment with the launch of RG Nano Slim MIPS (Minimally Invasive Prostate Surgery). This state-of-the-art procedure is powered by the advanced TSW and TSW Resonance System, marking a significant milestone as the hospital becomes the first institution in South India to introduce the powerful TSW Resonance System.

தென்னிந்தியாவில் முதல் வகை 152 வாட்ஸ் லேசர் கருவி மூலம் நோயாளிகளுக்கு அறுவைசிகிச்சை



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RG Hospitals Pioneers Nano Slim Laser Surgery for Prostate



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RG Hospitals Pioneers Nano Slim Laser Surgery for Prostate



நாளை எல்லாம் நோயாளிகளுக்கு அறுவைசிகிச்சை

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ஆர்பி மருத்துவமனை 152 வாட்ஸ் லேசர் கருவி மூலம் நோயாளிகளுக்கு அறுவைசிகிச்சை

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மதுராசுரம் மருத்துவமனை

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What's new from RG Hospital



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RG Hospitals launches 152W laser machine for prostate treatment

RG Hospitals launches 152W laser machine for prostate treatment



A group of men in suits standing together, likely the medical team at RG Hospitals.

A group of men in suits standing together, likely the medical team at RG Hospitals.

CHENNAI



The Press conference was covered by Polimer News, Jaya Plus, Kural TV, Live Tamil, V Success Media, Tamilan TV, WIN TV, and M Nadu TV on their TV Channels.



CLINICAL EXCELLENCE



RG Hospitals, Dehradun successfully performed NanoSlim MiPS (Minimally Invasive Prostate Surgery) on a 57-year-old male who presented with complaints of lower urinary tract symptoms, such as difficulty in passing urine, decreased flow of urine, hesitancy, and increased straining during passing urine for 8 months. He was diagnosed with Grade III Enlarged Prostate measuring 137cc in volume with significant PVRU - (318cc)

NanoSlim MiPS was performed in which a smaller 22 fr sheath is used with a smaller telescope that is best suited for the urethra of Indian men is the latest technique used in prostate gland removal surgery.

This groundbreaking procedure was successfully performed by Dr. Manoj Biswas, Sr. Consultant- Urology, marking a historic milestone as the first time it has been conducted in RG Hospitals, Dehradun.





A Press Conference was held to introduce NanoSlim MiPS (Minimally Invasive Prostate Surgery), marking a significant advancement in Urological Care in Eastern India.

An impressive gathering of more than 60 representatives from various media houses extensively covered the conference, highlighting its importance.

The Speakers for the Press Conference were 2 of our Urologists from RG Hospitals, Kolkata:

- Dr. Amitava Mukherjee: Sr. Consultant- Urology

- Dr. Arindam Dutta: Consultant- Urology

RG Hospitals, Kolkata has successfully performed 9 MiLEP procedures for Enlarged Prostate in the last 15 days, using a 150-watt Holmium laser, FOR THE FIRST TIME IN EASTERN INDIA. This milestone along with the case studies of the patients were also highlighted in the conference.



KOLKATA



The articles were published in Janpath Samachar Siliguri News, The Prameya, Vishwamitra, Times of India, The Assam Tribune, Ekdin, Prabhat Khabar, Alipur Barta, The Telegraph, UK News Bangla, Aajkaal, Bartaman.





The event was also covered by the following media houses on their TV Channels.

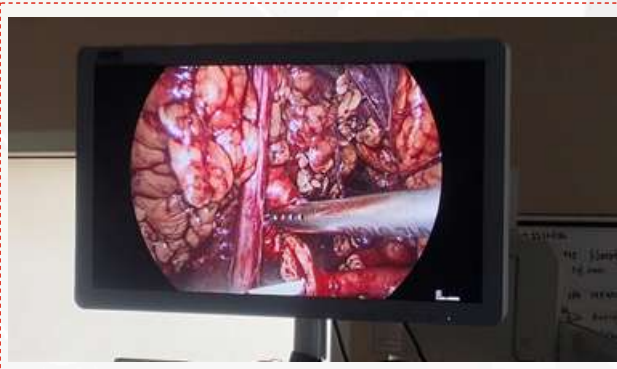
- News Bangla
- TV 9 Bangla
- R Plus News
- Bandhan News
- Samakal Sangbad News





An interesting case was successfully completed at RG Dehradun, where a left laparoscopic pyeloplasty with pyelolithotomy and DJ stenting was performed on a 40-year-old male patient. This case was particularly unique because PUJ obstruction is typically seen in patients in their 20s.

Utilizing a laparoscopic approach, the Surgical Team led by Dr. Manoj Biswas - Sr. Consultant Urology, and Dr. Akshata Sutkatti - Associate Consultant in Anesthesia and Critical Care, managed to address the obstruction and remove large renal calculi without resorting to open surgery. This method not only minimized the patient's recovery time but also reduced the overall surgical risk.



FEROZEPUR ROAD, LUDHIANA



We are pleased to announce that the First Pediatric Laparoscopic Left Radical Nephrectomy with Paraaortic Lymph Node Dissection was performed in RG Hospitals, Ludhiana- Ferozepur Road, by the Surgical Team led by Dr. Vaibhav Sood - Consultant in Urology and Dr Yugam- Consultant in Anesthesia which was conducted on a 12-year-old child who presented with Hematuria and was diagnosed as a left renal mass involving left pelvicalyceal system. The patient was discharged in a stable and satisfactory condition on the 2nd Post Operative Day.



CLINICAL EXCELLENCE

CHENNAI



We are delighted to share the news of yet another significant milestone!

Dr. Arun Kumar K (Sr. Consultant - Urology) successfully performed RIRS on a 24-month-old child.

This new feather in our cap showcases RG Hospitals, Chennai commitment to excellence and innovation in pediatric care.

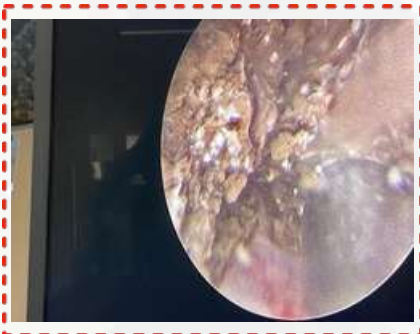


CLINICAL EXCELLENCE

DEHRADUN



A 74-year-old female patient, presented with a Large Staghorn Renal Calculus measuring 12 cm. The surgical team led by Dr. Manoj Gupta (Sr. Consultant- Urology) and Dr. Akshata Sutkatti (Associate Consultant- Anaesthesia & Critical Care), including Mr. Narain Mehta, Ms. Radha & Mr. Sagar from the OT Team, successfully performed a **PCNL Surgery under general anesthesia, resulting in complete clearance in a single session with no blood loss.**



CLINICAL EXCELLENCE

DEHRADUN



The first case of PCNL done at our new branch RG Dehradun was a patient who presented with a **Large Stag Horn Renal Calculus measuring over 70mm**. The surgical team led by Dr. Manoj Gupta (Sr. Consultant- Urology) and Dr. Akshata Sutkatti (Associate Consultant- Anaesthesia & Critical Care) operated on it, successfully achieving **complete clearance in a single sitting with no blood loss**.



CLINICAL EXCELLENCE

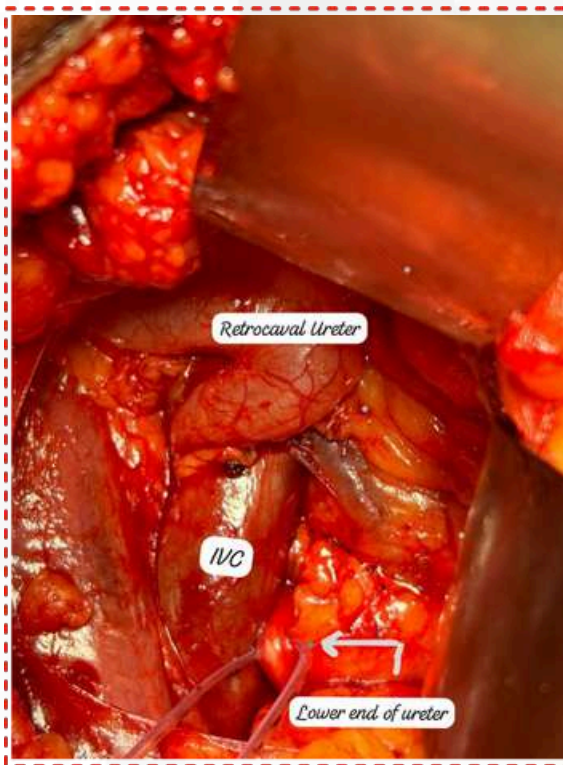
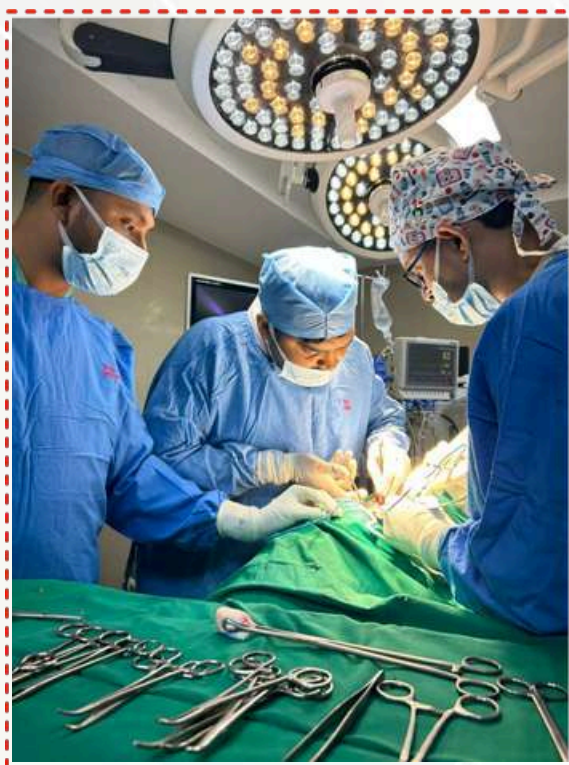


RETROCAVAL URETER

A 30-year-old female attended Urology OPD of RG Hospitals, Kolkata with Right Sided Flank Pain. On investigation, it was found to be Retrocaval Ureter.

The surgical team led by Dr. Barun Saha (Associate Consultant - Urology) and Dr. Rajarshi Bhattacharyya (Consultant - Anaesthesia) performed Right Uretero-Ureterostomy under General Anesthesia.

The surgery was performed with utmost precision and minimal blood loss and the patient recovered normally without any problems.





A 77-year-old male patient successfully underwent HoLEP surgery for a 70gm prostate at the new RG Hospital in Dehradun. This procedure marks the First HoLEP surgery performed at RG Dehradun, signifying a new milestone. The landmark procedure was performed by Dr. Manoj Biswas (Sr. Consultant- Urology) along with Dr. Aman Gupta (Associate Consultant- Urology), and Dr. Akshata Sutakatti (Associate Consultant- Anesthesia & Critical Care). The entire procedure was completed in 90 minutes.

A 73-year-old male patient successfully underwent Right URS with push-back Mini-Perc + DJ Stenting under Spinal Anaesthesia at RG Hospitals, Dehradun. This procedure was diagnosed as an Impacted Right Upper Ureteric Calculus with a Non-Functioning Kidney. The procedure was performed by Dr. Manoj Gupta (Consultant- Urology), along with Dr. Akshata Sutkatti (Associate Consultant, Anesthesia & Critical Care) and OT technicians- Mr. Narayan, Sagar & Radha Sister. The entire procedure was completed in 40 minutes.

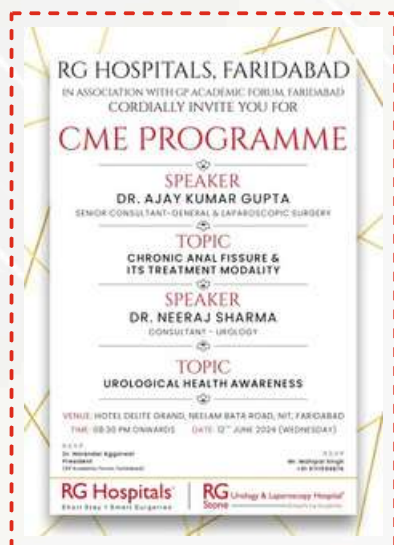




RG Faridabad in association with GP Academic Forum organized a CME Programme.

The keynote speakers, Dr. Ajay Kumar Gupta (Sr. Consultant- General and Laparoscopic Surgery) and Dr. Neeraj Sharma (Consultant - Urology), addressed the audience on the topics CHRONIC ANAL FISSURE & ITS TREATMENT MODALITY and UROLOGICAL HEALTH AWARENESS respectively.

The event was attended by more than 45 esteemed doctors.



GOA



RG Hospitals, Goa in association with IMA, Bardez organized a CME Programme on the topic "Practical Approach to Abdominal Pain" followed by a Q&A session.

The keynote speakers were Dr. Vardhan Bobhe (Sr. Consultant - General & Laparoscopic Surgery) and Dr. Sarang Kanekar (Consultant - Urology).

The event was attended by more than 90 esteemed doctors.

RG HOSPITALS, GOA
IN ASSOCIATION WITH IMA, BARDEZ
CORDIALLY INVITE YOU FOR
CME PROGRAMME

SPEAKERS

DR. VARDHAN BOBHE

SR. CONSULTANT, GENERAL & LAPAROSCOPIC SURGERY

DR. SARANG KANEKAR

CONSULTANT, UROLOGY

TOPIC
PRACTICAL APPROACH TO
ABDOMINAL PAIN

VENUE: HOTEL GREEN PARK, MAPUSA, NORTH GOA, 403507

TIME: 08:00 PM ONWARDS

DATE: 15TH JUNE 2024 (SATURDAY)

FOLLOWED BY DINNER

RG Hospitals
Smart Step • Smart Surgeons

RG Urology & Laparoscopy Hospitals
Score



ACADEMIC EXCELLENCE

CHENNAI



RG Chennai organized a CME Program, in the hospital premises, on the topic "Role of Leuprolide Acetate in the Management of Advanced Prostate Cancer", which was addressed by Dr. Arun Kumar K (Sr. Consultant - Urology).

The event was attended by RG Chennai - Clinical Team



ACADEMIC EXCELLENCE



Dr. Prerna Goyal- Sr. Consultant Physician at RG Hospitals, Ludhiana, recently participated at the Cardiology Society of India's Pink Council Conference in Bhopal as an esteemed faculty member, where she delivered a talk on the topic "Women Gain More from Exercise than Men and Get Away with Less" highlighting recent research that shows women experience greater benefits from shorter durations and less intense leisure-time physical activity compared to men, resulting in lower overall and cardiovascular mortality rates.

Additionally, she chaired two sessions on the topics "Impact of the Mediterranean Diet" and "Alcoholism on Gender Differences in Cardiovascular Outcomes"



KOLKATA



RG Hospitals Kolkata organized a CME Programme.

The keynote speaker, Dr. Arindam Dutta (Consultant- Urology), addressed the audience on the topic "RENAL STONE MANAGEMENT."

The event was attended by more than 30 esteemed doctors



ACADEMIC EXCELLENCE

KHAR, MUMBAI



**RG Hospitals, Khar in association with MDMPA
organized a CME Programme.**

The keynote speaker, Dr. Amit Kolekar (Consultant- Urology) addressed the audience on the topic "BPH & It's Management."
The event was attended by more than 70 esteemed doctors.



ACADEMIC EXCELLENCE



RG Hospitals, Ludhiana organized a CME Programme.

The keynote speakers, Dr. Vaibhav Sood (Consultant - Urology, Andrology, Uro Oncology) and Dr. Rohtash Luthra (Consultant- General, Laparoscopic & Bariatric Surgery) addressed the audience on the topics "Bladder Outlet Obstruction" and "Advanced Laparoscopy in Today's Surgical Practice" respectively.

The event was attended by more than 70 esteemed doctors.



FEROZEPUR ROAD, LUDHIANA



As part of RG Hospital's initiative to make hygiene products accessible, a sanitary pad vending machine has been installed at RG Ludhiana - Ferozepur Road making it convenient for women in need.



OPERATIONAL EXCELLENCE

DEHRADUN



FIRST REGISTRATION AT RG HOSPITALS, DEHRADUN

RG Hospitals, Dehradun proudly completed its first patient registration, marking a significant step in its mission to provide quality care.



OPERATIONAL EXCELLENCE



A Skill Enhancement and Mind Conditioning Workshop was conducted at RG Hospitals, Dehradun by Mind Coach Ms. Shalini Vij. Here are some pictures from the workshop, capturing moments from the lamp lighting ceremony to the award ceremony.





Dr. Perna Goyal (Sr. Consultant – Physician) delivered a talk on Practical Tips on Personal Hygiene at Sacred Heart Senior Secondary School.

She provided training on proper hand hygiene steps, and the students remained engaged and actively participated in the discussion throughout the session.





CORPORATE SOCIAL RESPONSIBILITY

RG Hospitals, Khar CSR initiatives encompass a range of activities aimed at benefiting the community and promoting sustainable practices. These efforts reflect the hospital's dedication to making a meaningful impact beyond its core business operations, thereby incorporating a sense of social responsibility and contributing to the well-being of the society at large.

RG Hospitals, Khar CSR Initiative: Creating a Waste-Free Mumbai

RG Hospitals, Khar Mumbai partnered with Bharat Reuse for a CSR endeavor to support Mumbai's journey towards becoming a waste-free city and nurturing a Circular Economy.

Our initiatives included:

1. Dispensing waste-free branded drinking water at innovative kiosks.
2. Distributing reusable metal water bottles through volunteer programs.
3. Conducting awareness campaigns and recycling drives.
4. Monthly clean-up efforts at Marine Drive and Gateway of India.



KHAR, MUMBAI



COMMUNITY CONNECT



In remembrance of the martyrdom of the Sikh Guru, Guru Arjan Dev Ji, and in response to the scorching heatwave, the team members of RG Hospitals, Ludhiana, Ferozepur Road, organized a Chhabeeel - a sweet water langar- for the community.



COMMUNITY CONNECT

NOIDA



RG Hospitals, Noida organised a Health Check-Up Camp at Montage India Limited, Noida. A total of 88 employees were screened during the camp.

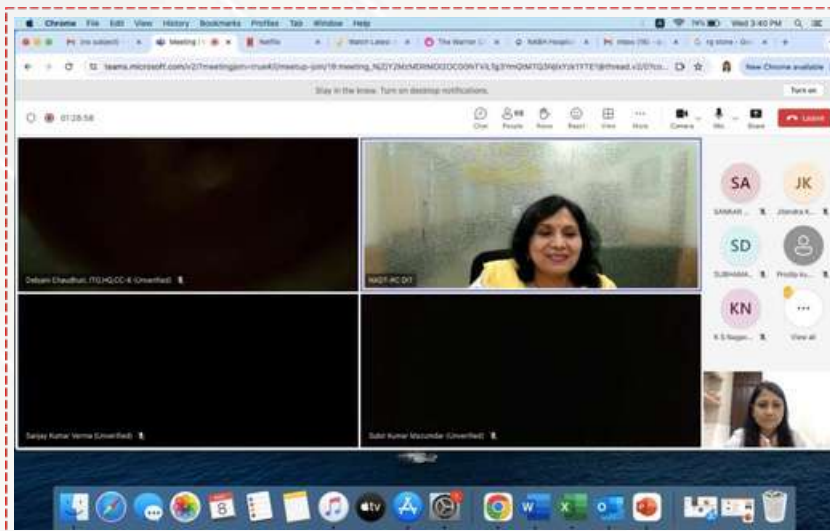


COMMUNITY CONNECT



The National Academy of Direct Taxes – Regional Campus, Kolkata conducted a one-day online course on “Vartalap – Discussion with eminent personalities – Talk on Important Health Issues at the Workplace”

Dr. Perna Goyal (Sr. Consultant – Physician) at RG Hospitals Ludhiana shared valuable insights on various preventive aspects of health care and demystified the prevailing false notions related to health and disease. Officers from pan India Income tax department took an active part in this webinar.





To Celebrate Dr. Ambedkar Jayanti and follow his principles of fairness and compassion for all, RG Hospitals, Khar undertook some helpful initiatives in which they distributed 1000 packs of biscuits and 1000 water bottles in the nearby community, in hopes to spread the values of kindness and inclusivity as advocated by Dr. Ambedkar.

They also put up greeting banners which were prominently displayed at four different locations.





RG Hospitals, Noida organized a Health Check-Up Camp at SOY, Noida, where a total of 96 employees were screened.





On the occasion of World Environment Day, which was celebrated on 5th June 2024, RG Hospital, Khar successfully organized a Tree Plantation Drive at Aarey Colony, Goregaon, Mumbai. Our dedicated RG Khar Team participated enthusiastically, contributing to our Green Journey.

This year's World Environment Day campaign focused on Land Restoration, Desertification, and Drought Resilience, under the slogan Our Land, Our Future. Volunteers planted numerous saplings to support this crucial cause.

The primary goal of this event was to raise awareness about the importance of maintaining cleaner and greener surroundings.





Another Milestone: RG Hospitals Awarded for Excellence by the Economic Times
It is with great pride we announce that RG Hospitals has been awarded with Excellence in Urology and Minimally Invasive Surgery at the Economic Times Health Conclave, 2024 an initiative by the Times of India.

This prestigious award was presented by renowned Bollywood Actress, Kriti Kharbanda.

Dr. Manish D. Sharma (Head of Department-General & Minimal Access Surgery) and Dr. Peeyush Sharma (Medical Superintendent) -RG Hospitals, Pitampura, accepted the award on behalf of RG Hospitals.
The event was also featured in the Economic Times.



AWARDS & RECOGNITION

DEHRADUN



We are delighted to announce that RG Hospitals celebrated the Soft Launch of our Dehradun Unit with a Havan Ceremony. This significant event was attended by all team members of Dehradun and Head Office including our MD and CEO, Mr. Avinash Ojha.



POOJA AND SOFT LAUNCH

DEHRADUN



POOJA AND SOFT LAUNCH

OUR CENTRES

DELHI - EAST OF KAILASH

F-12, East of Kailash,
New Delhi-110065
Ph.: 011-71056000
Helpline: +91-9810026456

DELHI - PITAMPURA

194-195, Deepali Chowk,
Pitampura, New Delhi-110034
Ph.: 011-71057000
Helpline: +91-9810026456

NOIDA - ORC

D-82A, D-Block, Sector-26,
Maharaja Agrasen Marg,
Noida-201301
Ph.: 8595923938
Helpline: +91-9810026456

LUDHIANA - FEROZEPUR ROAD

Opposite Grand Walk Mall,
Main Ferozepur Road,
Ludhiana, Punjab-141012
Ph.: 0161-5130000
Helpline: 9718778877

MUMBAI - MULUND

C/O Hira Mongi Navneet Hospital,
Valiji Ladha Road, Mulund (West),
Mumbai-400080
Ph.: 022-25675012/14
Helpline: +91-8657914852/53

KOLKATA-ORC

44A, S P Mukherjee Road, Beside
Bhowanipore Police Station,
Kolkata, West Bengal-700026
Ph.: 033-24550045
Helpline: +91-70634 83569

DELHI - RAJOURI GARDEN

B-1, Vishal Enclave, Opp. Police
Station, Rajouri Garden,
New Delhi-110027
Ph.: 011-71058000
Helpline: +91-9810026456

DELHI - MODEL TOWN - ORC

B-12, Derawal Nagar,
Model Town II, New Delhi-110009
Ph.: 011-42430300
Helpline: +91-9810026456

FARIDABAD

A-6, Nehru Ground, Neelam
Bata Road, N.I.T Faridabad-121001
Ph.: 0129-4184000
Helpline: +91-9810026456

DEHRADUN

8, Convent Rd, Near SBI Main
Branch, Race Course, Dehradun,
Uttarakhand-248001
Ph.: 0135-3520555
Helpline: 9810026456

GOA

CVC Centre, Plot No. 217-218,
PDA Colony, Alto
Porvorim, Bardez, Goa-403521
Helpline: +91-9552558899
+91-9689778899

CHENNAI

391- 392, Anna Salai, Saidapet,
Near Saidapet Metro Station,
Chennai-600015
Ph.: 044-43993600
Helpline: +91-9962860000

DELHI - GAGAN VIHAR

18, Gagan Vihar Main,
New Delhi-110092
Ph.: 011-71011000
Helpline: +91-9810026456

DELHI - JANAKPURI - ORC

92A, Major P. Srikumar Marg,
Block C2B, Janakpuri-110058
Ph.: 011-49865868
Helpline: +91-9810026456

LUDHIANA-MODEL TOWN

510-L, Model Town,
Ludhiana-141002
Ph.: 0161-4618585
Helpline: +91-9876910000

MUMBAI - KHAR

Ahimsa Marg, 14-A Road,
Khar (West), Mumbai-400052
Ph.: 022-61463500
Helpline: +91-9322653838

KOLKATA

33, Orbit Heights, Gariahat
Road South, Opp. Jodhpur Park,
Kolkata 700031
Ph.: 033-40271000
Helpline: +91-8697000002

OUR SPECIALITIES

Urology

- Urinary / Kidney Stone
- Enlarged Prostate (BPH)
- Ureteric Stricture
- Urethral Stricture
- Erectile Dysfunction
- Male Infertility
- Male Sterilization

Gynaecology

- Uterine Fibroids
- Uterus Prolapse
- Ovarian Cysts
- Endometriosis
- Ectopic Pregnancy
- Female Infertility
- Sterilization
- Cosmetic Gynaecology

Urological Malignancies

- Kidney Cancer
- Prostate Cancer
- Urinary Bladder Cancer

Bariatric Surgery

- Obesity/Metabolic Syndrome
- Uncontrolled Diabetes

Robotic & NexGen Surgery

- General Procedures
- Urology Procedures
- Gynaecology Procedures
- Colorectal & Upper GI Procedures
- Bariatric Procedures
- RAMSTM
(Robot Assisted Metabolic Surgery)
- NanoSlim MiPS
(Minimally Invasive Prostate Surgery)

Minimally Invasive Surgery

- Gallbladder Stone
- Hernia Repair
- Appendicitis
- Piles, Fissures & Fistula

Female Urology

- Female Urinary Incontinence
- Vesico Vaginal Fistula
- Overactive Bladder
- Post Delivery Urinary Problems
- Interstitial Cystitis
- Voiding Difficulty
- Urinary Tract Infections
- Painful Bladder Syndrome
- Neurogenic Bladder
- Female Sexual Dysfunction