



JUNE
2024

MONTHLY
NEWSLETTER

RG Hospitals®
Short Stay • Smart Surgeries

RG Urology & Laparoscopy Hospital®
Stone — Simplifying Surgeries

EI (Emotional Intelligence) Enabled Healthcare.™

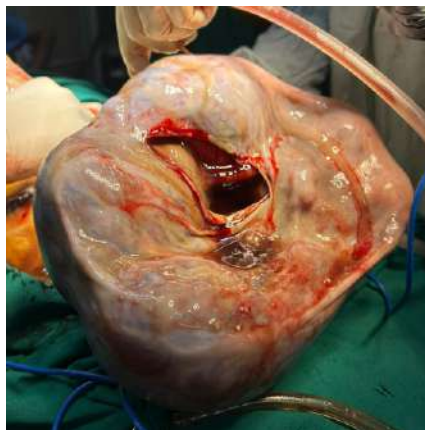


HUGE OVARIAN TUMOR RESECTION

The Gynaecology unit of RG Hospitals-Kolkata, led by Dr. Sudeshna Saha (Consultant-Gynaecology) & Anaesthetist Dr. Rajarshi Bhattacharyya (Consultant-Anaesthesia), recently performed a Laparotomy on a middle-aged female patient. The patient, a 49-year-old woman, presented with a large abdominal swelling. Unaware of the growth, she had assumed it to be belly fat over the past two years. Upon investigation via CT scan, a massive mass, likely of ovarian origin and possibly cancerous, was discovered.

The surgery was completed with minimal blood loss, and the patient experienced a smooth recovery. The final histopathological confirmed a non-malignant neoplasm known as the Brenner Tumor—a relatively rare neoplasm that is majorly diagnosed incidentally.

This surgery represents one of the largest ovarian tumors ever resected in the Kolkata unit, showcasing RG Hospitals' commitment to pushing boundaries in healthcare.





LAPAROSCOPIC LIVER RESECTION

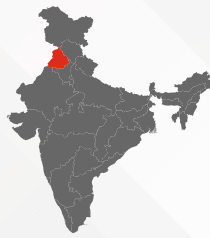
The Surgical Oncology unit of RG Hospitals - Goa, led by Dr. Sachin Ambre (Consultant - Surgical Oncology), recently performed a Laparoscopic Liver Resection on a high-risk patient. The patient was a 75-year-old gentleman, with a case of renal cell carcinoma who had undergone a radical nephrectomy 20 years ago followed by a multi-visceral resection for recurrence 2 years ago.

He now developed a recurrence in his liver, which was confirmed by biopsy. It is notable that the patient also had Ischemic Heart Disease, had experienced a myocardial infarction, and had undergone triple vessel angioplasty, resulting in a low ejection fraction and post-infarction changes, making the surgery very high risk.

The patient had a single metastatic lesion in segment 6 of the liver, and it was decided to perform a laparoscopic segmental resection for the same. The surgery was completed laparoscopically with minimal blood loss, and the patient had an effortless recovery. The miracle of minimally invasive oncosurgery allowed the patient to be discharged within 2 days. The final histopathology confirmed that the lesion was completely excised.

This was among the first few liver resections that were done entirely by a keyhole approach in Goa, and we hope that RG Hospitals in Goa will continue to push boundaries in the future.



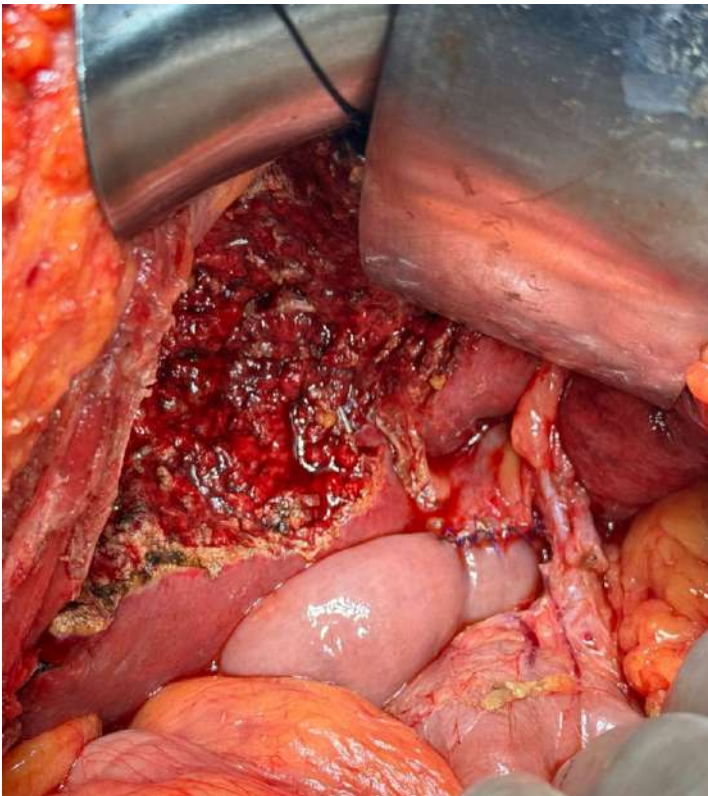


RADICAL CHOLECYSTECTOMY WITH EXCISION OF THE CHOLEDOCHAL CYST, FOLLOWED BY ROUX-EN-Y HEPATICOJEJUNOSTOMY

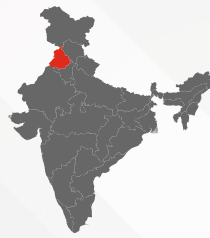
A 46-year-old female patient sought medical attention after an episode of self-resolving painless jaundice at RG Ludhiana - Model Town. An MRCP done outside indicated cholecystitis, but the films showed abnormal dilatation of the extrahepatic bile duct. On MRCP review with diffusion-weighted images, a diagnosis of choledochal cyst type 1 with concurrent gall bladder carcinoma was established, a rare condition.

Dr. Rohtash Luthra-Consultant General, Laparoscopic and Bariatric Surgery, along with Dr. Sandeep Singh, Chief-Anaesthetist and the support of the OT Team performed a Radical Cholecystectomy with excision of the choledochal cyst, followed by Roux-En-Y Hepaticojejunostomy.

Histopathological analysis confirmed T3N0 disease with negative margins, and the patient's recovery is progressing positively.



CLINICAL EXCELLENCE



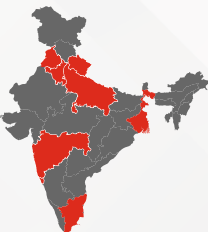
CANCER RECTUM

Mrs. Charanjeet Kaur, a resident of the USA and nearing 80 years of age, faced a significant health challenge when she began experiencing blood in her stool around six months back. Following a thorough investigation, she was diagnosed with Cancer Rectum. Determined to seek effective treatment, she traveled to India for medical care.

Given her age and the complexity of her condition, it was no small decision to undergo such a major operation. However, under the care of Dr. Arindam Ghosh (Sr. Consultant Laparoscopic and General Surgery, Hepatobiliary, & Metabolic Surgery), Mrs. Kaur underwent a comprehensive treatment regimen, including radiotherapy and chemotherapy, in preparation for Surgical Intervention. At RG Hospitals, Ferozpur Road, she underwent a Major Cancer Surgery – a Low Anterior Resection with Total Mesorectal Excision (LAR with TME) – performed by Dr. Arindam Ghosh and his expert team.

Her recovery was swift, smooth, and without complications. She received curative treatment for her cancer and is expected to be free of the disease going forward. We at RG Hospitals, are committed to provide cutting-edge care, including major cancer surgeries, to ensure the best possible outcomes for our patients.





WORLD KIDNEY DAY

On World Kidney Day, observed on the 13th March, the IHW Council and RG Hospitals organized a Virtual Kidney Summit.

Distinguished doctors from various regions and prestigious Urology / Nephrology Institutes graced the summit.

FOUR DOCTORS FROM RG HOSPITALS WERE ALSO ON THE LIST OF PANEL SPEAKERS



DR. MANISH SINGLA

SENIOR CONSULTANT-UROLOGY
M.B.B.S., M.S (Surgery), MCh (Urology)



DR. ARUN KUMAR K

SENIOR CONSULTANT-UROLOGY
M.B.B.S., M.S (Surgery), MCh (Urology)



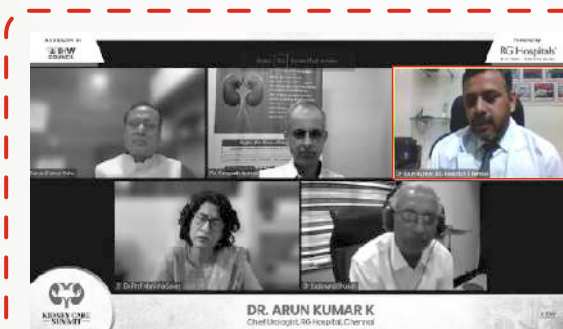
DR. SHITAL LENGADE

SENIOR CONSULTANT-NEPHROLOGY
M.B.B.S., M.D (Gen. Medicine), DM (Nephrology), FISI



DR. PUNIT BANSAL

SENIOR CONSULTANT-UROLOGY
M.B.B.S., M.S, MCh (Urology)



DR. ARUN KUMAR K

Chief Urologist, RG Hospital, Chennai



DR. PUNIT BANSAL

Chief Urologist, RG Hospital, Ludhiana



DR. SHITAL LENGADE

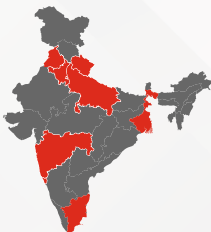
Chief Nephrologist, RG Hospital, Goa



DR. MANISH SINGLA

Chief Urologist, RG Hospital, Bhopal

PAN INDIA



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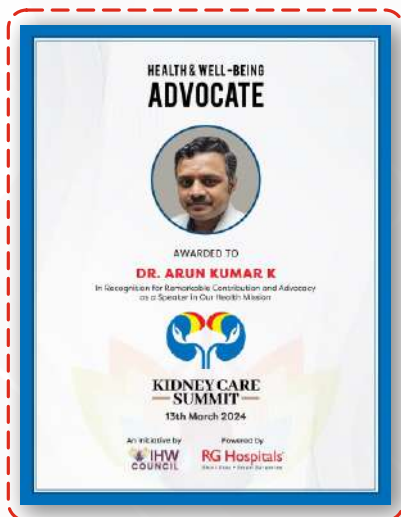
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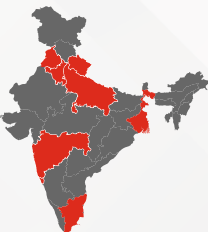


DR. PUNIT BANSAL

SENIOR CONSULTANT-UROLOGY
M.B.B.S., M.S, MCh (Urology)



ACADEMIC EXCELLENCE



WORLD KIDNEY DAY

The event received coverage by print media including Hindustan Times, The Print, The Week, News Patrolling, The Economic Times, Business News This Week, Online Media Cafe, Pulse Xpert Tech & The Hills Times.

The Print



Text Size: A- A+

New Delhi, Mar 14 (PTI) Early detection and screening, coupled with awareness on preventive lifestyle habits, is key for kidney health, experts said at the Kidney Care Summit 2024.

The virtual summit was organised by the Integrated Health and Wellbeing Council on Wednesday and supported by RG Hospitals to promote awareness and educate people on the imperative role that kidney health plays in the overall wellbeing of individuals and communities.

Discussing about kidney stones as a major risk factor for Chronic Kidney Disease (CKD), Dr Manish Singla, chief urologist, RG Hospital, Delhi, cleared many myths and misconceptions related to kidney stones and said "patient counselling, along with initiating a multi-disciplinary approach in managing the disease, can ensure better health outcomes for individuals".

News Patrolling

The Virtual Summit was initiated by IHW Council and RG Hospitals to Commemorate World Kidney Day

New Delhi, March, 13: Early detection and screening coupled with awareness on preventive lifestyle habits is the key towards kidney health, concluded the experts, at the Kidney Care Summit 2024. The virtual summit was organised by Integrated Health and Wellbeing Council and supported by RG Hospitals on the eve of World Kidney Day, a day observed on the second Thursday of March to promote awareness and educate people on the imperative role that kidney health plays in the overall wellbeing of individuals and communities.

While discussing about kidney stones as the major risk factor for CKD, Dr. Manish Singla, Chief Urologist, RG Hospital, New Delhi cleared many myths and misconceptions related to kidney stones and said that, "Patient counselling along with initiating multi-disciplinary approach in managing CKD can ensure better health outcomes for individuals". In India, nearly 5.8 million people die every year from NCDs, that include different kinds of kidney ailments as well.

Several studies have also estimated that the number of new patients diagnosed with End Stage Kidney Disease (ESKD) in India is also over 100,000 per year and kidney diseases exert significant pressure on the out-of-pocket expenditure incurred by a majority of the patients.

While taking part in the inaugural session titled Overview of Chronic Kidney Disease (CKD) in India: Current Challenges and Future Directions, Dr Urvasi Prasad, Director, Office of Vice Chairman, NITI Aayog observed that public private partnership can provide better opportunities for integrated kidney health management instead of working in silos. She further elaborated that "Focusing on prevention is

The Hills Times

- Advertisement -

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- Advertisement -

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Pulse Xpert Tech

Mar 15, 2024 / By Rekha / news / Dr Urvasi Prasad, chronic kidney disease, Kidney Care Summit, Mr. Kamal Narayan, New Delhi, NITI Aayog, RG Hospitals

Experts Emphasize on Early Screening and Awareness as Crucial in Combatting Chronic Kidney Disease at the Kidney Care Summit

Facebook Twitter LinkedIn Like

New Delhi, March, 15: Early detection and screening coupled with awareness on preventive lifestyle habits is the key towards kidney health, concluded the experts, at the Kidney Care Summit 2024. The virtual summit was organised by Integrated Health and Wellbeing Council and supported by RG Hospitals on the eve of World Kidney Day, a day observed on the second Thursday of March to promote awareness and educate people on the imperative role that kidney health plays in the overall wellbeing of individuals and communities.

Online media café

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Business News This Week

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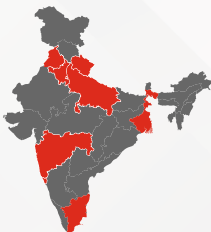
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PAN INDIA



WORLD KIDNEY DAY

The IHW Council, in collaboration with RG Hospitals, organised four Spotlight one-on-one discussions that were streamed live on Facebook, YouTube, and LinkedIn on **March 21, 2024, April 5, 2024, April 19, 2024, and May 3, 2024.**

These sessions aimed to raise awareness and provide a better understanding of kidney diseases and their management

THE UROLOGISTS AND THEIR TOPICS WERE AS FOLLOWS:



DR. SARANG KANEKAR

CONSULTANT-UROLOGY
M.B.B.S., DNB



DR. HARBANS SINGH

MEDICAL DIRECTOR & CHIEF-UROLOGIST
M.B.B.S., MS (Gen Surgery), MCh (Urology)



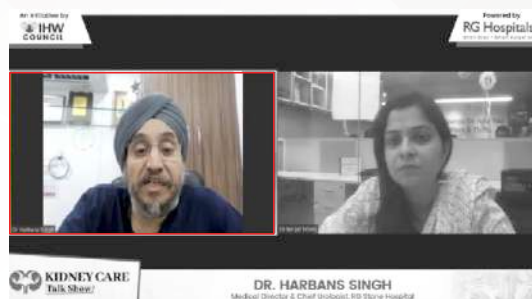
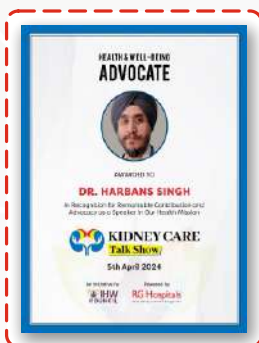
DR. SUSHEEL KHARBANDA

SENIOR CONSULTANT-UROLOGY
M.B.B.S., MS (Gen Surgery), DNB (Urology)



DR. AJAY AGGARWAL

CONSULTANT-UROLOGY
M.B.B.S., M.S, MCh (Urology)



ACADEMIC EXCELLENCE



WORLD KIDNEY DAY

On the occasion of World Kidney Day, an exclusive interview was conducted by Prudent Media Channel, featuring Dr. Shital Lengade – Senior Consultant & Head of the Department- Nephrology, RG Hospitals, Goa.

During the Interview, **Dr. Shital Lengade** discussed the need to raise awareness about kidney diseases & their prevention.





WORLD HEALTH DAY

On the occasion of World Health Day (7th April 2024), **Dr. Sachin Ambre** (Consultant-Surgical Oncology) at RG Hospitals, Goa, shared insights with prudent media on the topic "Oral Cancer: The Un-Silent Killer".

He discussed the importance of recognizing the signs of Oral Cancers and how to check for risk factors early in life for timely detection & prevention.



LUDHIANA



CME PROGRAMME

RG Hospitals, Ludhiana organised a CME Programme

THE KEYNOTE SPEAKERS



DR. ROHTASH LUTHRA

CONSULTANT-GENERAL LAPAROSCOPIC & BARIATRIC SURGERY
M.B.B.S., M.S (Surgery), (FALS) Bariatric

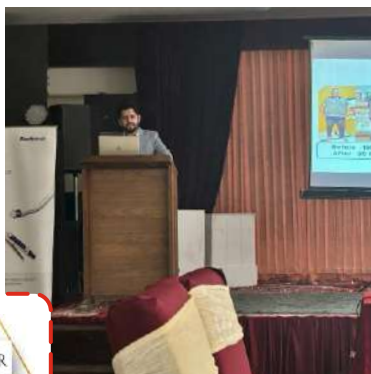


DR. VAIBHAV SOOD

CONSULTANT-UROLOGY
M.B.B.S., M.S (Gen Surgery), DrNB (Urology)

They both addressed the audience on the topics **"Management Of Obesity, Where Bariatric Surgery Stands"** & **"Bladder Outlet Obstruction"** respectively.

More Than 35 Esteemed Doctors Attended The Event



WE CORDIALLY INVITE YOU FOR
CME PROGRAMME

TOPIC
MANAGEMENT OF OBESITY,
WHERE BARIATRIC SURGERY STANDS

SPEAKER
DR. ROHTASH LUTHRA
CONSULTANT-GENERAL LAPAROSCOPIC & BARIATRIC SURGERY

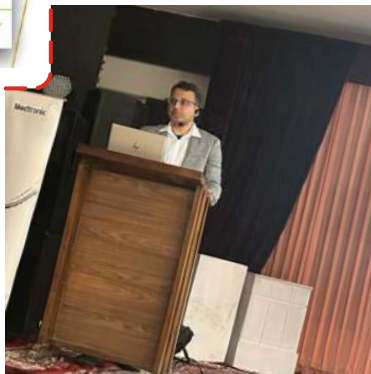
TOPIC
BLADDER OUTLET OBSTRUCTION

SPEAKER
DR. VAIBHAV SOOD
CONSULTANT-UROLOGY

VENUE: QUEENS FORTHER RESORTS, NEELSON D'AVO, LUDHIANA, PUNJAB
DATE: 20TH MARCH 2024 (SUNDAY) 8:30 AM ONWARDS
FOLLOWED BY COCKTAIL & DINNER

RG Hospitals

RG Unlabeled & Laparoscopic Hospital



ACADEMIC EXCELLENCE

LUDHIANA



CME PROGRAMME

RG Ludhiana organised a CME Programme.

THE KEYNOTE SPEAKERS



DR. ROHTASH LUTHRA

CONSULTANT-GENERAL LAPAROSCOPIC & BARIATRIC SURGERY
M.B.B.S., M.S (Surgery), (FALS) Bariatric



DR. ANUJ JAIN

CONSULTANT-UROLOGY
M.B.B.S., M.S (Gen Surgery), Mch (Urology)

They both addressed the audience on the topics **"Inguinal Hernia Repair"** & **"Optimal Management of Lower Urinary Tract Symptoms (LUTS)"** respectively.

More Than 20 Esteemed Doctors Attended The Event



ACADEMIC EXCELLENCE



GOOD FRIDAY

On the occasion of Good Friday, Agrasen Dham, Ludhiana organized a **Mega Medical Camp**.

CONTRIBUTORS



DR. PRERNA GOYAL

SENIOR CONSULTANT-PHYSICIAN
M.B.B.S., M.D (Medicine)



DR. ANUJ JAIN

CONSULTANT-UROLOGY
M.B.B.S., M.S (Gen Surgery), MCh (Urology)

The event was featured in various newspapers like **Ludhiana Bhaskar, Dainik Jagran, Uday Savera, & Dainik Savera.**



मेडिकल कैंप में 74 मरीजों ने करवाई जांच



MUMBAI, KHAR



CRICKET TOURNAMENT

RG Hospitals, Khar, Mumbai in association with GBBCC in Santacruz West, organized a **Cricket Tournament** at the Juhu Beach Ground.

Our dedicated team was official medical partner for this tournament and stood prepared to offer medical support, manage injuries, provide emergency medical services, & ambulance assistance.

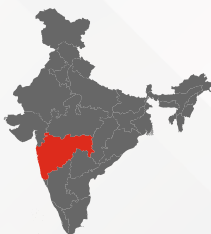


ADDITIONALLY, RG HOSPITALS SPONSORED THE 2ND PRIZE & TROPHY FOR THE TOURNAMENT. THIS PARTNERSHIP BRINGS US ONE STEP CLOSER TO OUR GOAL OF A HEALTHIER MUMBAI.



COMMUNITY CONNECT

MUMBAI, KHAR



COMMUNITY CONNECT



AWARENESS PROGRAM

RG Hospitals, Goa organized a **Corporate Talk & Awareness Program – “Early Detection Saves Lives”** at the SBI Zonal Office in Panjim, Goa.

THE KEYNOTE SPEAKER



DR. SACHIN AMBRE

CONSULTANT-SURGICAL ONCOLOGY

M.B.B.S., M.S, MCh, Surgical Oncology (AIIMS), FIAGES, FALS Colorectal

The event was attended by over **50 employees**, including senior management personnel.



GOA



CORPORATE HEALTH TALK

RG Hospitals, Goa organized a Corporate Health Talk at The Hilton Goa Resort, Pilerne on **Common Cancers In Women.**

THE KEYNOTE SPEAKER



DR. SHARMILA PRABHUDESAI

CONSULTANT-GYNAECOLOGY

M.B.B.S., M.S. (Obs & Gynae)

The Event Was Attended By 20-25 Resort Team Members



COMMUNITY CONNECT



DR. AMBEDKAR JAYANTI

To celebrate **Dr. Ambedkar Jayanti** & follow his principles of fairness & compassion for all, RG Hospitals, Khar undertook some helpful initiatives in which they distributed 1000 packs of biscuits & 1000 water bottles in the nearby community, in hopes of spreading the values of kindness & inclusivity as advocated by Dr. Ambedkar.

They also put up **Greeting Banners**, which were prominently displayed at four different locations.



DELHI



HEALTHCARE SUMMIT

RG Hospitals served as the associate partners in the 7th Edition of the Mint Healthcare Summit, which focused on the theme.

"Bridging The Healthcare Divide : Towards Sustainable Solutions"

The summit addressed the dual nature of healthcare in India, with well-equipped private hospitals in urban areas contrasting with under-resourced government-run facilities nationwide. During COVID-19, the public system faced huge challenges like bed shortages & staff strain. While things have improved, there are still issues like a huge population, poor infrastructure, and insufficient doctors. Many people can't afford care or insurance. There's a big gap between urban and rural healthcare, with insufficient focus on prevention.



The summit gathered experts from various sectors to discuss these challenges and explore sustainable solutions.

COMMUNITY CONNECT

KOLKATA



MEDICAL CAMP

RG Hospitals, Kolkata, organized a medical camp at the Patton Tank, Gariahat branch, providing Health Check-Ups such as blood pressure, BMI, RBS, urea, creatinine, USG, height & weight, and ECG.

The camp aimed to provide accessibility to healthcare services under the guidance of Dr. Debanjan Biswas

More than **160 people** attended the camp



COMMUNITY CONNECT

KOLKATA

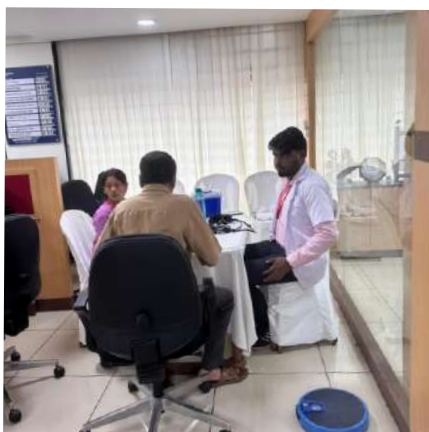
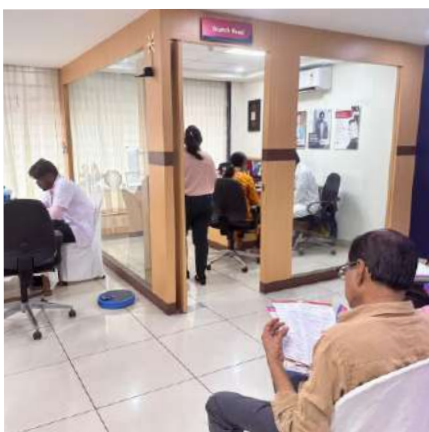


MEDICAL CAMP

RG Hospitals, Kolkata organised a medical camp at the Bandhan Bank, Chetla branch providing health check-ups & doctors's consultations to make healthcare more accessible to people.

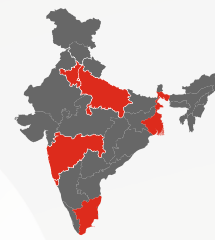
The camp aimed to provide accessibility to healthcare services under the guidance of Dr. Arpan Hathi

More than **100 people** attended the camp



COMMUNITY CONNECT

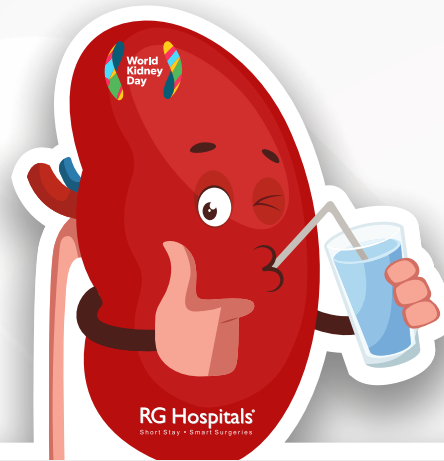
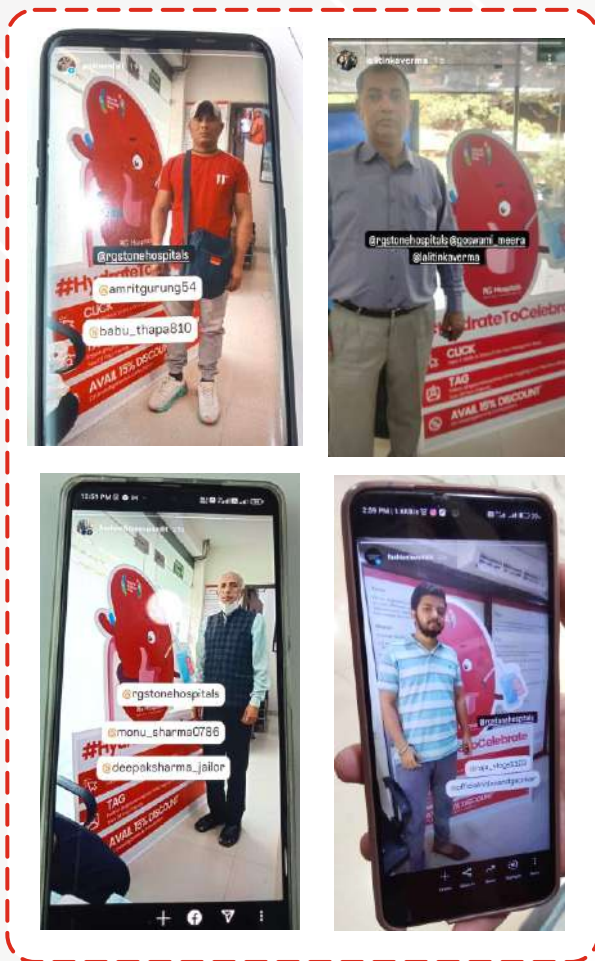
DELHI NCR, KOLKATA, CHENNAI, GOA, MUMBAI



WORLD KIDNEY DAY

To celebrate World Kidney Day, RG Hospitals introduced selfie stands in every unit.

People simply had to take a selfie, share it on their Instagram Story, tag @rgstonehospitals, and mention two friends.



#HydrateToCelebrate

CLICK

Take A Selfie & Share It On Your Instagram Story.



TAG

Follow @rgstonehospitals While Tagging Us In The Story Along With Two Of Your Friends.



AVAIL 15% DISCOUNT*

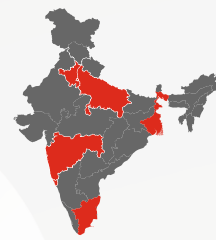
On Investigations & Consultation.

#HydrateToCelebrate

Those who showed their story at the OPD counter in unit received a special reward.

A **15% discount** on consultations and investigations. This gesture was our way of expressing gratitude for your support in raising awareness & promoting kidney health.

COMMUNITY CONNECT



WORLD KIDNEY DAY

On the occasion of World Kidney Day, RG Hospitals introduced the initiative.

Participants were encouraged to go for a run, take a selfie, share it on their Instagram story, tag @rgstonehospitals, along with friends.



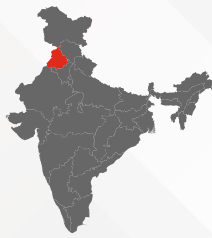
"#RunForKidneys"

Those who showed their story at the OPD counter were able to avail a **Free Kidney Screening Package** along with a goodie bag.

This initiative aimed to make a difference in kidney health and inspire others to prioritize their well-being.

COMMUNITY CONNECT

LUDHIANA, FEROZEPUR ROAD



WORLD KIDNEY DAY

To celebrate World Kidney Day, RG Hospitals, Ferozepur Road pledged to screen **10,000 kidneys** to support vulnerable individuals under the theme:

"Kidney Health For All"

The Campaign Offered



Doctor's Consultations



Ultrasound KUB



Kidney Function Tests

COMMUNITY CONNECT



DOWN SYNDROME

Down syndrome is a genetic condition where a person has an extra copy of **Chromosome 21** for a total of 47 chromosomes instead of 46. This condition is also known as Trisomy 21.

21st March is observed as World Down Syndrome Day.

To commemorate this day RG Kolkata organised a special music show at the unit's rooftop featuring the talented young budding musician, Rishav, who was born with this condition.



OUR CENTRES

DELHI - EAST OF KAILASH

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New Delhi-110065
Ph.: 011-71056000
Helpline: +91-9810026456

DELHI - PITAMPURA

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Pitampura, New Delhi-110034
Ph.: 011-71057000
Helpline: +91-9810026456

NOIDA - ORC

D-82A, D-Block, Sector-26,
Maharaja Agrasen Marg,
Noida-201301
Ph.: 8595923938
Helpline: +91-9810026456

LUDHIANA - FEROZEPUR ROAD

Opposite Grand Walk Mall,
Main Ferozepur Road,
Ludhiana, Punjab-141012
Ph.: 0161-5130000
Helpline: 9718778877

MUMBAI - MULUND

C/O Hira Mongi Navneet Hospital,
Valiji Ladha Road, Mulund (West),
Mumbai-400080
Ph.: 022-25675012/14
Helpline: +91-8657914852/53

KOLKATA-ORC

44A, S P Mukherjee Road, Beside
Bhowanipore Police Station,
Kolkata, West Bengal-700026
Ph.: 033-24550045
Helpline: +91-70634 83569

DELHI - RAJOURI GARDEN

B-1, Vishal Enclave, Opp. Police
Station, Rajouri Garden,
New Delhi-110027
Ph.: 011-71058000
Helpline: +91-9810026456

DELHI - MODEL TOWN - ORC

B-12, Derawal Nagar,
Model Town II, New Delhi-110009
Ph.: 011-42430300
Helpline: +91-9810026456

FARIDABAD

A-6, Nehru Ground, Neelam
Bata Road, N.I.T Faridabad-121001
Ph.: 0129-4184000
Helpline: +91-9810026456

DEHRADUN

8, Convent Rd, Near SBI Main
Branch, Race Course, Dehradun,
Uttarakhand-248001
Ph.: 0135-3520555
Helpline: 9810026456

GOA

CVC Centre, Plot No. 217-218,
PDA Colony, Bardez, Alto
Porvorim, Bardez, Goa-403521
Tel: 0832-6640664
Helpline: +91-9552558899

CHENNAI

391- 392, Anna Salai, Saidapet,
Near Saidapet Metro Station,
Chennai-600015
Ph.: 044-43993600
Helpline: +91-9962860000

DELHI - GAGAN VIHAR

18, Gagan Vihar Main,
New Delhi-110092
Ph.: 011-71011000
Helpline: +91-9810026456

DELHI - JANAKPURI - ORC

92A, Major P. Srikumar Marg,
Block C2B, Janakpuri-110058
Ph.: 011-49865868
Helpline: +91-9810026456

LUDHIANA-MODEL TOWN

510-L, Model Town,
Ludhiana-141002
Ph.: +91-161-4618585
Helpline: +91-9876910000

MUMBAI - KHAR

Ahimsa Marg, 14-A Road,
Khar (West), Mumbai-400052
Ph.: 022-61463500
Helpline: +91-9322653838

KOLKATA

33, Orbit Heights, Gariahat
Road South, Opp. Jodhpur Park,
Kolkata 700031
Ph.: 033-40271000
Helpline: +91-8697000002

OUR SPECIALITIES

Urology

- Urinary / Kidney Stone
- Enlarged Prostate (BPH)
- Ureteric Stricture
- Urethral Stricture
- Erectile Dysfunction
- Male Infertility
- Male Sterilization

Gynaecology

- Uterine Fibroids
- Uterus Prolapse
- Ovarian Cysts
- Endometriosis
- Ectopic Pregnancy
- Female Infertility
- Sterilization
- Cosmetic Gynaecology

Urological Malignancies

- Kidney Cancer
- Prostate Cancer
- Urinary Bladder Cancer

Bariatric Surgery

- Obesity/Metabolic Syndrome
- Uncontrolled Diabetes

Robotic & NexGen Surgery

- General Procedures
- Urology Procedures
- Gynaecology Procedures
- Colorectal & Upper GI Procedures
- Bariatric Procedures
- RAMS™
(Robot Assisted Metabolic Surgery)
- NanoSlim MiPS
(Minimally Invasive Prostate Surgery)

Minimally Invasive Surgery

- Gallbladder Stone
- Hernia Repair
- Appendicitis
- Piles, Fissures & Fistula

Female Urology

- Female Urinary Incontinence
- Vesico Vaginal Fistula
- Overactive Bladder
- Post Delivery Urinary Problems
- Interstitial Cystitis
- Voiding Difficulty
- Urinary Tract Infections
- Painful Bladder Syndrome
- Neurogenic Bladder
- Female Sexual Dysfunction